



MHTTCs provide technical assistance across mental health prevention, treatment, and recovery supports. In addition, each Center has an Area of Focus for which they serve as experts, develop national products, and host a webpage. This summary highlights our Area of Focus throughout this grant cycle.

The Southeast MHTTC is proud to serve the eight states in HHS Region IV: Alabama, Florida, Georgia, Kentucky, Mississippi, North Carolina, South Carolina, and Tennessee. Our center is housed in Atlanta, GA at Emory University's Rollins School of Public Health. Our expertise in public health programs, systems, research, and evaluation provides a unique lens through which we can address mental health priorities. Our goal is to accelerate the adoption of evidence-based mental health programs by providing training and technical assistance to Region IV. We use a unique public health approach to build leadership capacity and to provide mental health trainings and resources to providers, agencies, and communities across the Southeast.

## **POPULATION-BASED APPROACHES TO MANAGING SMI**

Addressing mental health in public health initiatives means ensuring a central role for mental health and taking a systems-level perspective when working to improve population outcomes. Region IV is the largest HHS region with eight states, 20% of the U.S. population, high rates of poverty, and racial and ethnic health disparities. Relative to this need, the Southeast has few public mental health resources available. A public health strategy is needed to optimize the impact of trainings to bolster mental health services in the region. As the only MHTTC housed in a School of Public Health, the Southeast MHTTC is uniquely suited to address mental health priorities through a public health lens. The Southeast MHTTC team has extensive experience in developing, testing, and disseminating evidence-based practices for adults and children treated in public sector settings as well as expertise in understanding quality, financing, and health policies in the public mental health sector.

## **WHAT WE'VE DONE**

The Southeast MHTTC has provided trainings, intensive technical assistance, products, and other resources to advance the implementation of systems-level, evidence-based public mental health strategies in Region IV.



### **Mental Health for Public Health Curriculum**

Description: Training that supports public health professionals in gaining an understanding of the foundations of mental health and incorporating mental health promotion into the workplace.



### **Mental Health Data Visualization Project**

Description: Provides information on Region IV priorities (i.e., diverse communities, rural access to EBPs, tele-health accessibility, workforce shortages) in an easy-to-understand graphical format.

# WHAT WE'VE DONE (CONTINUED)



## Response to Public Health Emergencies

Description: Challenges are present in every disaster response. Our Mental Health Response resources identify skills and strategies individuals and organizations can build upon during each stage of a disaster response. Similarly, our Bridging Mental Health and Public Health Townhall highlights the value of Mental Health-Public Health partnerships.



## 988 and Crisis Care Resources

Description: Crisis care in the US underwent changes with the implementation of 988. Our 988 guide highlights the benefits of 988 and reviews federal and state-level efforts. Our Crisis Care Guide: Mental Health Equity in Underserved Populations highlights barriers marginalized communities may experience in accessing crisis services.

## OUTCOMES

- 87% satisfied or very satisfied with activities
- 85% expect the activities to benefit their practice
- 86% would recommend to a colleague



2,600+ trained



20+ Events Offered Related to Area of Focus



40+ Products Offered Related to Area of Focus

## VOICES FROM THE FIELD

*"I loved hearing the ideas shared to build stronger community partnerships."*

*"I gained an understanding of the link between public health and mental health."*

*"I learned new ideas and received resources to help my patients."*

*"The training gave me a better understanding of how covid exacerbated mental illness in society."*

*"It enabled me to better understand what resources are available and how to identify gaps in my own community."*

*"This event helped me better understand the bridge between mental health and public health, and how I can use these things I have learned to help support those I serve."*

## QUESTIONS?

- email: [southeast@mhttc.org](mailto:southeast@mhttc.org)
- <https://mhttcnetwork.org/centers/content/southeast-mhttc>
- <https://mhttcnetwork.org/centers/southeast-mhttc/public-mental-health>



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# SAMHSA

Substance Abuse and Mental Health Services Administration