Housekeeping Items

- We have made every attempt to make today's presentation secure. If we need to end the presentation unexpectedly, we will follow-up using your registration information.

- If you need tech help, please enter "tech help" into the chat.

- At the end of today's webinar, please complete a **brief** survey.

- Following the session, you will receive an email on how to access a certificate of attendance; must attend at least 30 minutes.

- This event is closed captioned!

- Follow us on social media:

  @MHTTCNetwork

Please Note:
This session is recorded and all materials will be posted to our website within 2 weeks.

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At the time of this presentation, Dr. Miriam E. Delphin-Rittmon served as Assistant Secretary for Mental Health and Substance Use in the U.S. Department of Health and Human Services (DHHS) and the Administrator of SAMHSA. The opinions expressed herein are the views of the speakers, and do not reflect the official position of DHHS or SAMHSA. No official support or endorsement of DHHS, SAMHSA, for the opinions described in this presentation is intended or should be inferred.
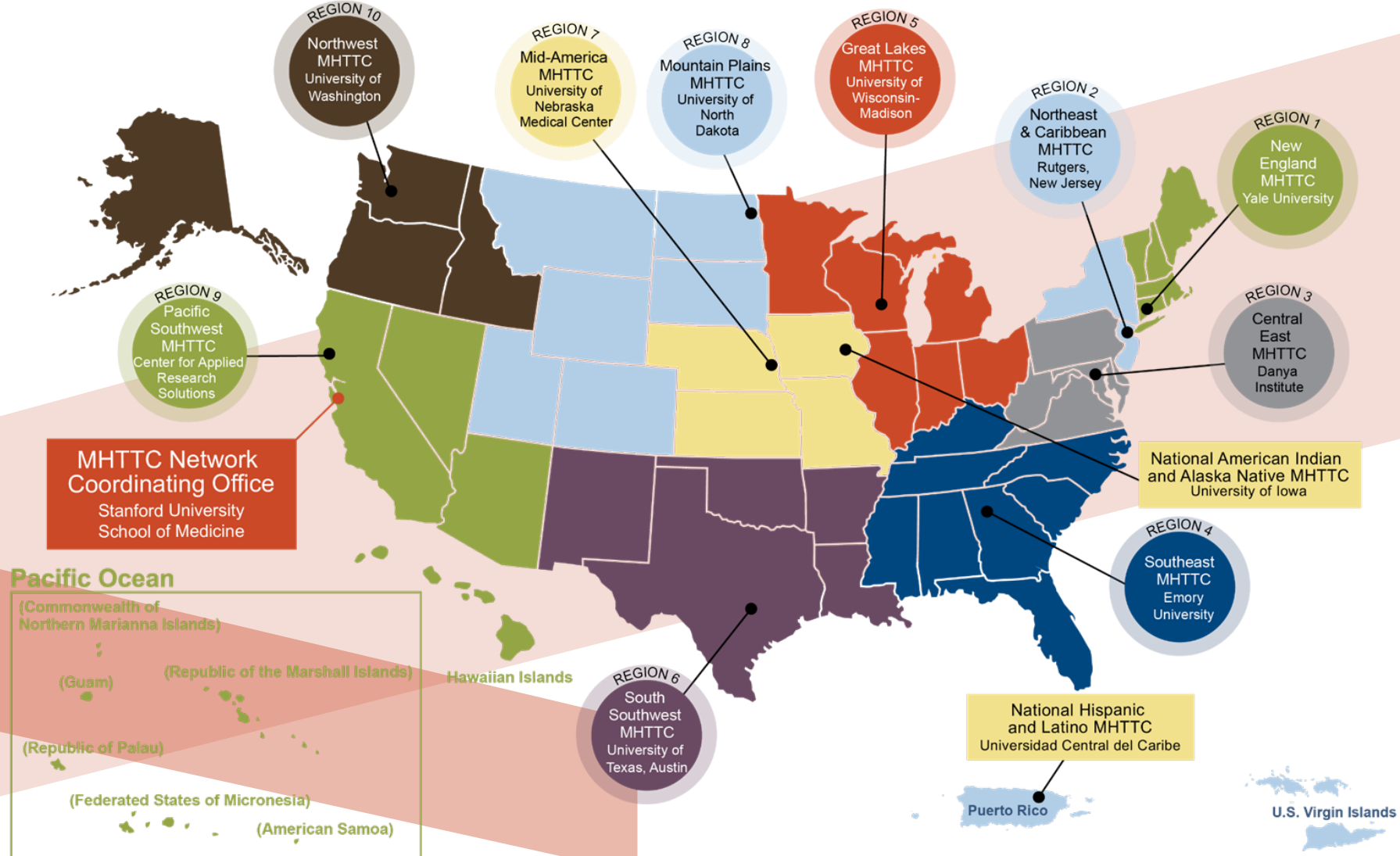
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Connect with Your MHTTC at www.mhttcnetwork.org

The MHTTC Network uses affirming, respectful and recovery-oriented language in all activities. That language is:

INVITING TO INDIVIDUALS PARTICIPATING IN THEIR OWN JOURNEYS

STRENGTHS-BASED AND HOPEFUL

PERSON-FIRST AND FREE OF LABELS

INCLUSIVE AND ACCEPTING OF DIVERSE CULTURES, GENDERS, PERSPECTIVES, AND EXPERIENCES

NON-JUDGMENTAL AND AVOIDING ASSUMPTIONS

RESPECTFUL, CLEAR AND UNDERSTANDABLE

HEALING-CENTERED AND TRAUMA-RESPONSIVE

CONSISTENT WITH OUR ACTIONS, POLICIES, AND PRODUCTS

Adapted from: https://mhcc.org.au/wp-content/uploads/2019/08/Recovery-Oriented-Language-Guide_2019ed_v1_20190809-Web.pdf

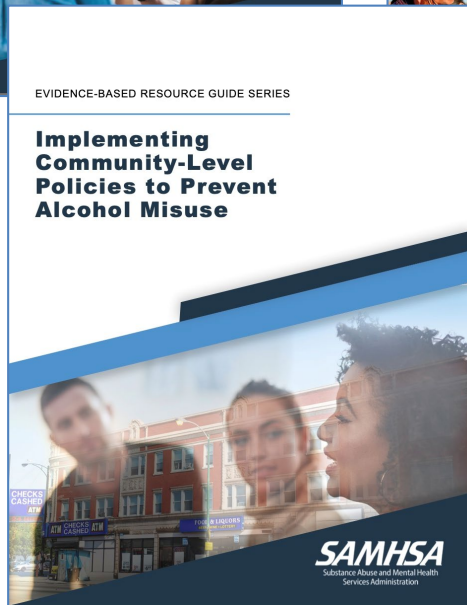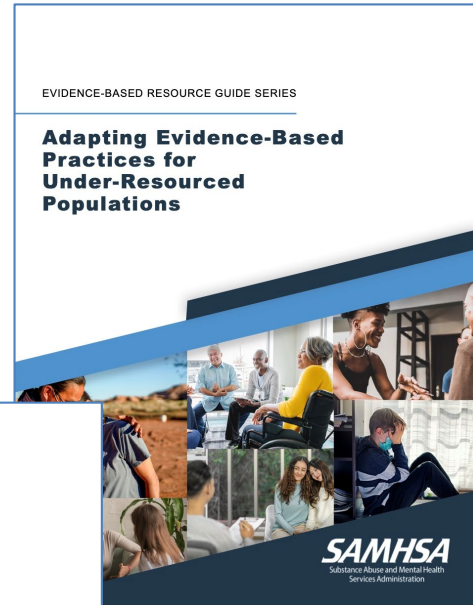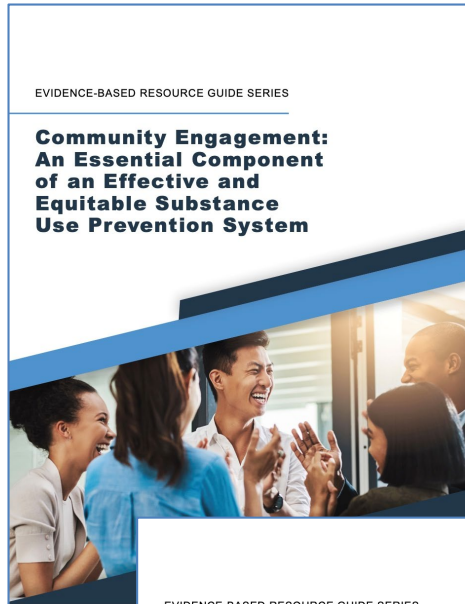# National Mental Health and Substance Use Policy Laboratory

Expanding Access to and Use of Behavioral Health Services for People Experiencing Homelessness

February 2, 2023

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Evidence-Based Resource Center Guides

EVIDENCE-BASED RESOURCE GUIDE SERIES

Community Engagement: An Essential Component of an Effective and Equitable Substance Use Prevention System

EVIDENCE-BASED RESOURCE GUIDE SERIES

Adapting Evidence-Based Practices for Under-Resourced Populations

EVIDENCE-BASED RESOURCE GUIDE SERIES

Implementing Community-Level Policies to Prevent Alcohol Misuse

SAMHSA's vision for the guides – and the underlying foundation – is to:

- Reflect scientific rigor and make recommendations from the evidence base.

- Provide expert consensus.

- Be comprehensive and modular for use by practitioners, administrators, and other stakeholders.

- Be accessible to the field.

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Overview of the Issue

Hawaii's Governor Vowed To Cut Homelessnes Go Along?

City begins meetings to address housing, homelessness and mental health in Tulsa

Portland mayor suggests easing proc involuntarily commit people with mental health struggles

...al Health A Major Hurdle to Solving California's Homelessness Crisis

Gov. Kotek's Priorities: Homelessness, mental health, public schools

North Texas homeless groups increasingly provide mental health care

Will San Antonio ...ow... strategy to hospitalize more homeless people struggling with mental illness?

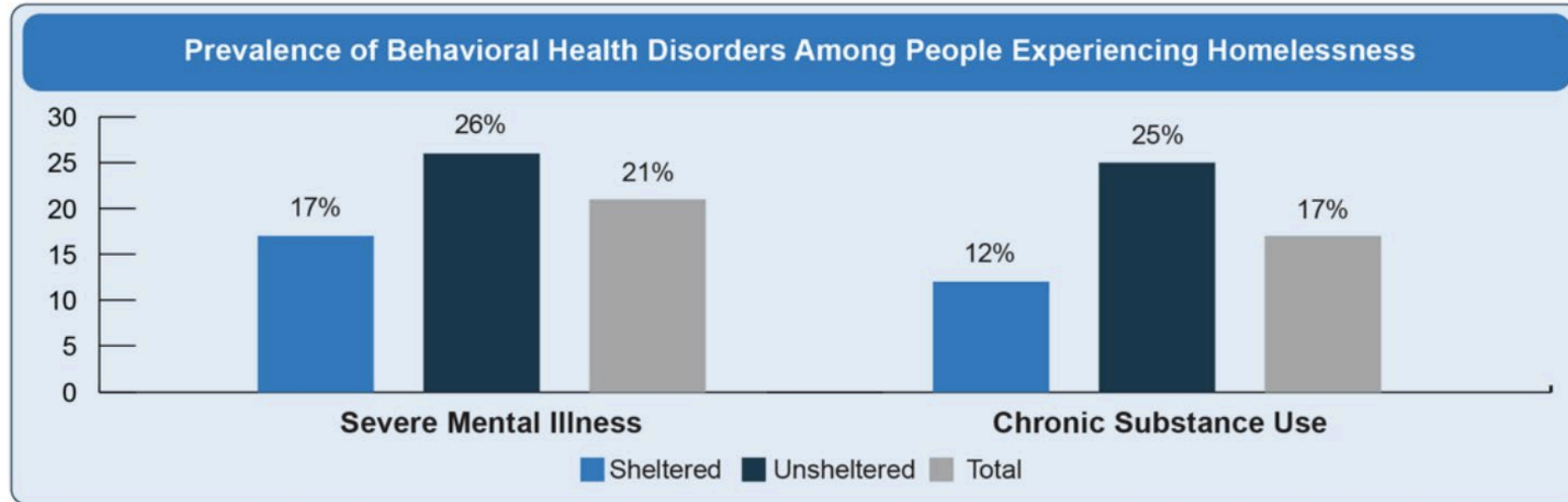A mother's quest to save her homeless son from mental illness is met with a system in crisis

'Gimme Shelter': Will Newsom's new mental health plan reduce homelessness?

What we keep getting wrong about homelessness and mental illness in the US

State Funding to Establish Eight Teams of Behavioral Health Professionals to Address the Immediate Needs of Unhoused New Yorkers

Overview of the Issue

- Over 20 percent of people experiencing homelessness have a serious mental illness
- 17 – 33 percent have received treatment for substance use

Prevalence of Behavioral Health Disorders Among People Experiencing Homelessness

Severe Mental Illness: Sheltered 17%, Unsheltered 26%, Total 21%

Chronic Substance Use: Sheltered 12%, Unsheltered 25%, Total 17%

Legend: Sheltered, Unsheltered, Total

Source:
U.S. Department of Housing and Urban Development. (2020). *CoC Homeless Assistance Programs, Homeless Populations and Subpopulation Data.*

- Wait times for placement into housing can be lengthy
- Longer periods of homelessness are associated with lower rates of recovery and higher rates of psychiatric distress.

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Overview of the Guide

Purpose of the Guide

- To provide information and implementation guidance on five programs and practices that may be useful in working with individuals experiencing homelessness prior to housing placement.

- To provide resources related to evaluation.

Structure

- Issue Brief
- What Research Tells Us
- Guidance for Selecting and Implementing Evidence-Based Interventions
- Examples of Organizations Implementing Evidence-Based Interventions
- Resources for Evaluation

Developed in collaboration with national experts

Systematic review of the evidence

Features case examples

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Richard Cho, PhD

Senior Advisor

Housing and Services in the Office of the Secretary

U.S. Department of Housing and Urban Development

Technical Expert Panel Member

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Services Administration

The Role of Expert Input

Melissa Canaday, MEd
Director
Focused Outreach Richmond

Avik Chatterjee, MD, MPH
Assistant Professor
Boston University

Richard Cho, PhD
Senior Advisor, Dept. of Housing
and Urban Development

Erika Jones-Haskin, MSW
Policy Director, U.S. Interagency
Council on Homelessness

Margot Kushel, MD
Professor and Division Chief,
UCSF Department of Medicine

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Director, Health Systems Integration
at Corporation for Supportive Housing

Courtney Pladsen, DNP, FNP-BC, RN
Clinical Director, National Healthcare
for the Homeless Council

Christy Respress, MSW
Executive Director, Pathways to
Housing DC

Emily Rosenoff, MPA
Director, Division of Long-Term
Services and Supports, ASPE

Bryan Samuels, MPP
Executive Director, Chapin Hall
at the University of Chicago

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Evidence-Based Approaches to Behavioral Health Services

Reviewed systematic reviews of peer-reviewed literature on populations experiencing homelessness and behavioral health topics (e.g., substance use, mental illness, co-occurring, harm reduction)
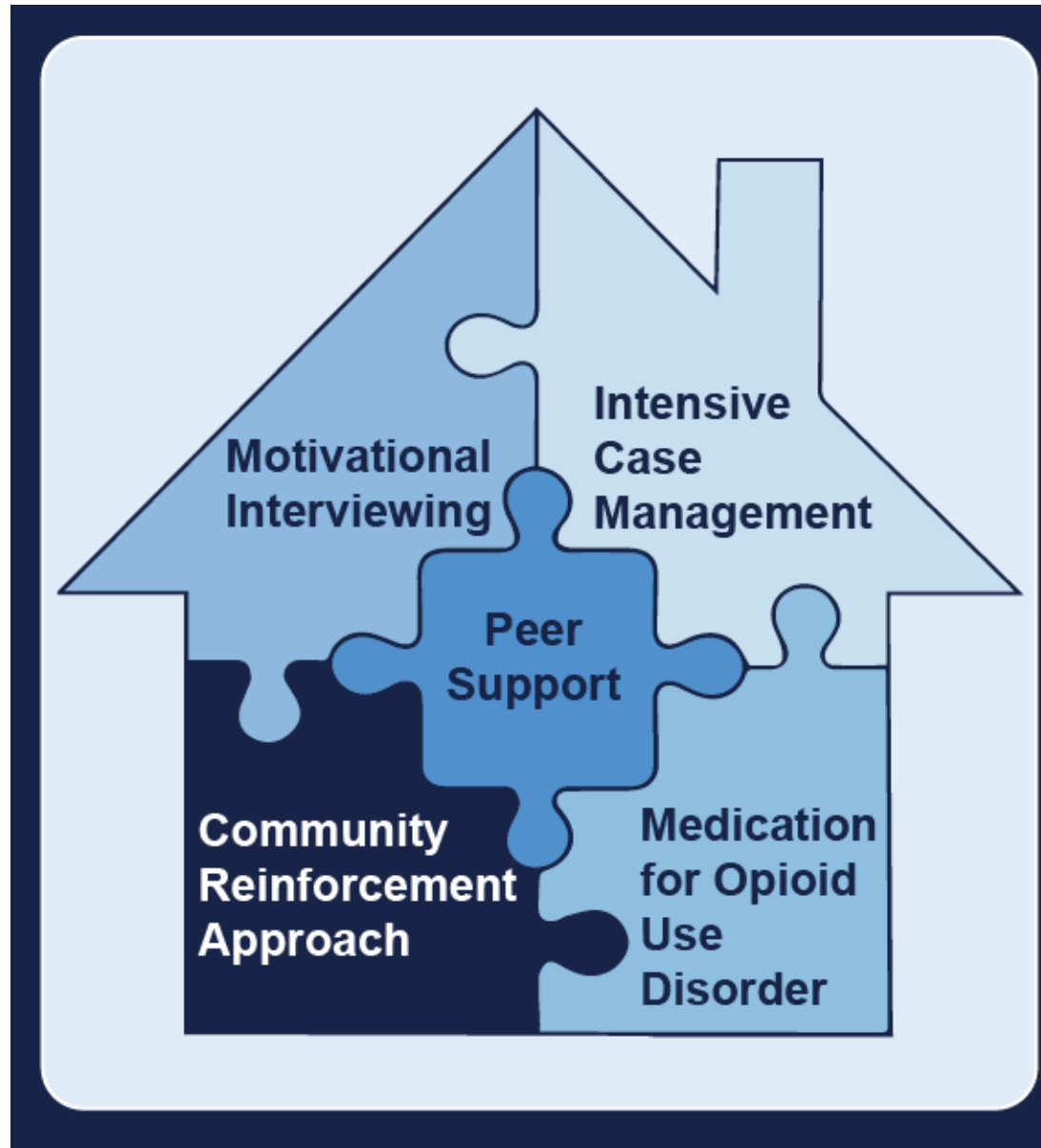
↓

Identified potential interventions and discussed with SAMHSA, subject matter experts, and TEP

↓

Identified five behavioral health interventions/approaches for inclusion

↓

Screened abstracts for each intervention/approach (1,057 total)

↓

Extracted information and synthesized findings

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Implementation Examples

Colorado Coalition for the Homeless

Kevin Raleigh
Program Manager
Colorado Coalition for the Homeless
kraleigh@coloradocoalition.org
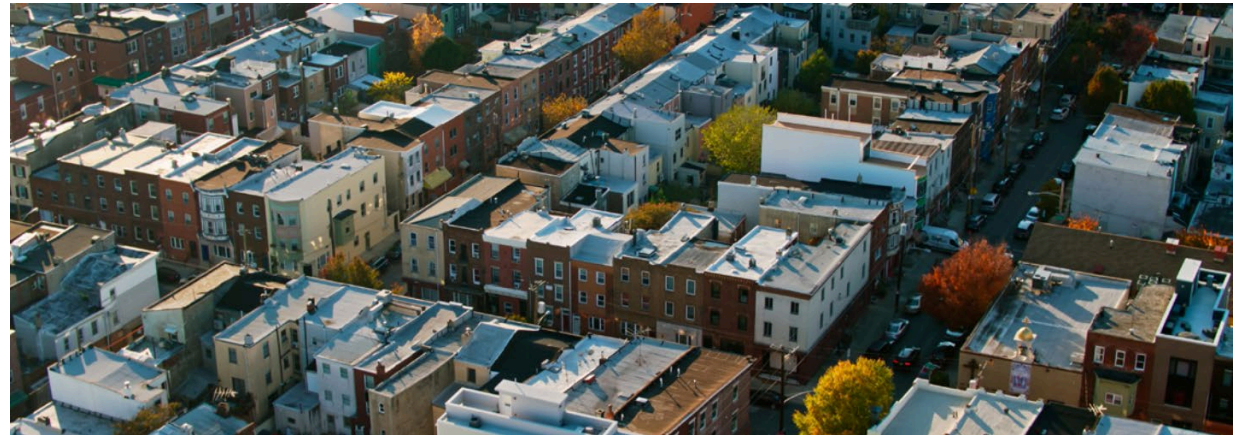
Resources for Human Development

Ann Ryan

Program Director, "FaSST/Connections"

Resources for Human Development

AnnR@RHD.org

In collaboration with the City of Philadelphia Department of Behavioral Health and Intellectual disAbilities, Housing and Homeless Services

Ashley Blum
Director of Philanthropy
(Former) Director of Homeless Outreach Services
Park Center

Ashley.Blum@parkcenternashville.org

Horizon Behavioral Health

Jennifer Smith Ramey
Program Manager
Substance Use/Co-Occurring Program
Horizon Behavioral Health
Jennifer.Smith.Ramey@horizonbh.org

Guidance for Selecting and Implementing Interventions

Implementation considerations and strategies

- For organizations
- For clinicians and other staff members

Implementation resources

- MOUD, MI, Intensive case management, Peer support, CRA
- Behavioral health and homelessness

Sample Key Resources

- The **Homeless and Housing Resource Center** (HHRC) https://hhrctraining.org/

- **SAMHSA's Advisory,** Behavioral Health Services for People Who Are Homeless

- **National Health Care for the Homeless** outreach resources

- **National Clearinghouse on Homeless Youth & Families** issue brief on Runaway and Homeless Youth, Mental Health, and Trauma-Informed Care

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Resources for Evaluation

FORMATIVE EVALUATIONS

FIDELITY EVALUATIONS

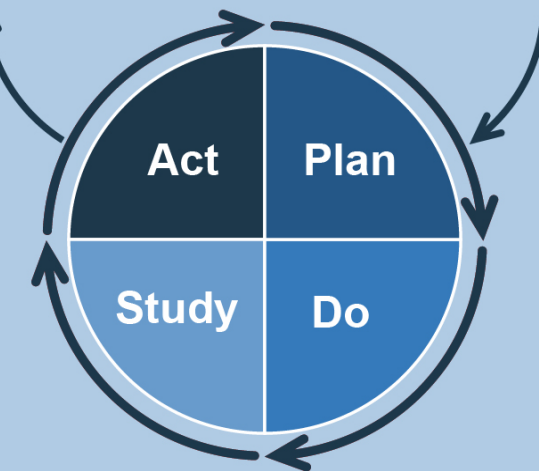**PROCESS EVALUATIONS**

OUTCOME EVALUATIONS

IMPACT EVALUATIONS

CONTINUOUS QUALITY IMPROVEMENT
Model for Improvement

What are we trying to accomplish?

How will we know that a change is an improvement?

What change can we make that will result in improvement?

Act | Plan

Study | Do

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Conclusions

The guide is now available on the SAMHSA Store:
https://www.samhsa.gov/resource/ebp/expanding-access-behavioral-health-services-people-experiencing-homelessness

For more information, contact ebprc@samhsa.hhs.gov

Next Steps

The MHTTC Network is funded through SAMHSA to provide this training. As part of receiving this funding we are required to submit data related to the quality of this event.

Please take a moment to complete a **brief** survey about today's training.

Survey: https://ttc-gpra.org/P?s=661658

Within a week:
- The recording of today's session will be available on mhttcnetwork.org.
- Attendees will receive a follow-up email with instructions for downloading a certificate of completion.

THANK YOU