

Session 5 Shared Resources

A great, innovative approach to acquaint administrators, trustees, etc with the importance of addressing childhood trauma is the Brain Architecture Game. <https://dev.thebrainarchitecturegame.com>

Emily Read Daniels, author of "The Regulated Classroom" includes a lot of research re: polyvagal theory. Her site is: <https://regulatedclassroom.com/>

Emily Read Daniels also includes a quick video overview, Trauma and the Nervous System: A Polyvagal Perspective. You can find it on YouTube here as well:
<https://www.youtube.com/watch?v=uH5JQDAqA8E&t=1s>

Building Trauma-Sensitive Schools Facilitation Guide <https://safesupportivelearning.ed.gov/building-trauma-sensitive-schools>

Link in the PowerPoint Slides

Videos for Applying Knowledge of Trauma Informed Practices to Challenging Behavior

Priming Videos:

<https://youtu.be/bM6Kb2q8Dho>

<https://youtu.be/QbFlfYCBsOM>

Hot Button Activity Sheet https://drive.google.com/file/d/1fyyEibJLjzaQEhUBX_-kAYDFq61OO-Ds/view?usp=sharing