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Sharon Hoover, PhD, Co-Director, NCSMH, designed and co-authored all modules
Nancy Lever, PhD, Co-Director, NCSMH, designed and co-authored all modules
Elizabeth Connors, PhD, Faculty, NCSMH, designed and co-authored all modules; provided supervision on the creation of the curriculum index
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Disclaimer
The opinions expressed herein are the views of the Southeast MHTTC and the National Center for School Mental Health and do not reflect the official position of the Department of Health and Human Services (DHHS), SAMHSA. No official support or endorsement of DHHS, SAMHSA, for the opinions described in this document is intended or should be inferred. At the time of this publication, Tom Coderre served as Assistant Secretary for Mental Health and Substance Use.

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Brief Overview

The Mental Health Technology Transfer Center (MHTTC) Network Coordinating Office supports resource development and dissemination, training and technical assistance, and workforce development for the mental health field. It can be found here: http://www.mhttcnetwork.org/.

The National Center for School Mental Health (NCSMH) mission is to strengthen policies and programs in school mental health to improve learning and promote success for America’s youth. It can be found here: http://www.schoolmentalhealth.org/.

To help states, districts, and schools advance comprehensive school mental health, as well as engage in a planning process around implementation of services, the MHTTC Network Coordinating Office and National Center for School Mental Health developed 8 modules. This document is an index to help users search and locate specific resources referenced within each Module. You can access the full curriculum at this link.
Module 1: Foundations of Comprehensive School Mental Health

Guidance Documents
- **Equity in Mental Health Framework**

- **School Mental Health Teaming Quality Guide**

- **Restorative Practices – Guide for Educators**

Books
- **Leading by Convening – A Blueprint for Authentic Engagement**

Issue Briefs, Reports, and One-Pagers
- **Restorative Practices**
  Now is the Time Technical Assistance Center. (n.d.). *Restorative Practices: Approaches at the Intersection of School Discipline and School Mental Health* (Issue Brief). Retrieved from [https://dm0gz550769cd.cloudfront.net/shape/5d/5d75418901f4ed14b77d94193032dc8e.pdf](https://dm0gz550769cd.cloudfront.net/shape/5d/5d75418901f4ed14b77d94193032dc8e.pdf)

- **Defining Restorative**

- **Healthy Students and Thriving Schools – IMPACT Report**

- **Comprehensive Behavioral Health Model – Annual Report (2017-18)**
• Comprehensive School Mental Health Core Features Checklist

• 10 Critical Factors in School Mental Health

Models/Framework – District/State Examples

• Comprehensive Behavioral Health Model – Boston Public Schools

• The Wisconsin School Mental Health Framework

• Colorado Framework for Behavioral Health

Online Resources

• The SHAPE system

References


Module 2: Teaming

Guidance Documents

- **School Mental Health Teaming Quality Guide**

- **School Mental Health Referral Pathways Toolkit**

- **Using Grade-Level Team Meetings to Support SEL**

Books

- **Leading by Convening – A Blueprint for Authentic Engagement**

Issue Briefs and One-Pagers

- **Using Data to Improve Student Mental Health**

- **When to Refer a Student**
• **School Wish List for Community Partner**

• **Handout on HIPAA and FERPA**

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**Templates**

• **MTSS Memorandum of Understanding**
  National Center for School Mental Health (2016). *MTSS Memorandum of Understanding Example*. Retrieved from [https://dm0gz550769cd.cloudfront.net/shape/3b/3bd5f5f5dc0a62791f3883499cb2a267.pdf](https://dm0gz550769cd.cloudfront.net/shape/3b/3bd5f5f5dc0a62791f3883499cb2a267.pdf)

• **School Mental Health Team Roles and Functions**

• **School Mental Health Team Meeting Agenda**

• **Referral Form**

• **Referral Feedback Form**
  National Center for School Mental Health. (2018). *School Mental Health Program Referral Feedback Form*. Retrieved from [https://dm0gz550769cd.cloudfront.net/shape/dd/dda90b8603c2ceddd2d83624e863c685.pdf](https://dm0gz550769cd.cloudfront.net/shape/dd/dda90b8603c2ceddd2d83624e863c685.pdf)

• **Referral and Triage Flow Chart**

• **Caregiver Release of Information Forms**

• **School Mental Health Team Alignment Tool**

• **SMART Goal Worksheet**

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**Online Resources**

• **SHAPE Screening and Assessment Library**

**References:**

convening:
A blueprint for authentic engagement. *Idea Partnership*. Retrieved from

http://csmh.umaryland.edu/media/SOM/Microsites/CSMH/docs/Reports/School-Mental-Health-Teaming-Playbook.pdf

Module 3: Needs Assessment and Resource Mapping

Guidance Documents

- **School Mental Health Needs Assessment & Resource Mapping Quality Guide**

- **Technical Guide for Alignment of Initiatives**

- **Essential Tools – Community Resource Mapping**

Resource Mapping Examples

- **FAIRSTART Community Resource Map**

- **Fairport Central School District – Mental Health Resource Map**

- **Resource Map of School-Based Providers**

Needs Assessment Examples

- **Wisconsin School Mental Health Needs Assessment**

- **MV Caregiver and Student Survey**
- **Santa Monica-Malibu Unified School District Youth Wellness Needs Assessment**
Tools
• Strategic Abandonment Tool

Templates
• Role of School-Based Mental Health Professionals

• School Mental Health Initiative Alignment map

• Gap Analysis Worksheet

References

Module 4: Screening

Guidance Documents

- **School Mental Health Screening Quality Guide**
  

Issue Briefs, Reports and One-Pagers

- **Screening Briefs Series – Classification Accuracy**
  

- **Screening Briefs Series – Cut Scores**
  

- **Student Information Systems Brief**
  

- **Elements of Effective School Community Partnerships to Address Student Wellness**
  

- **Mental Health Screening in Schools**
  

Online Resources

- **SHAPE Screening and Assessment Library**
  

- **Youth Risk Behavior Surveillance System**
  

- **Children’s Health and Education Mapping Tool**
  
  School-Based Health Alliance. (n.d.). *The children’s health and education mapping tool*. Retrieved from [https://www.sbh4all.org/resources/mapping-tool/](https://www.sbh4all.org/resources/mapping-tool/)

References


Module 5: Mental Health Promotion for All (Tier 1)

Guidance Documents

- **School Mental Health Mental Health Promotion Services & Supports Quality Guide**

- **Effective Social and Emotional Learning Programs - Secondary Schools**

- **Effective Social and Emotional Learning Programs - Preschool and Elementary School**

- **Selecting Evidence-Based Programs**

- **User Guide for the ED School Climate Surveys (EDSCLS)**

- **Interpreting Emotional Safety School Climate Survey Data**

- **Understanding Mental Health and Mental Illness**

Books

- **PBIS Advancing Education Effectiveness**
Issue Briefs, Reports and One-Pagers

• **Restorative Practices**

• **ISF and Project AWARE**

• **Implementing Evidence-Based Practices in School Settings Checklist**
  Education Development Center. (2013). *A Framework for Effectively Implementing Evidence-Based Programs and Practices (EBPs)*. Retrieved from https://dm0gz550769cd.cloudfront.net/shape/49/49ee77b9836c0b0162339153e5a77e65.pdf

• **Planning Checklist for Fidelity Monitoring of EBPs**

Templates

• **Intervention Planning Form**

Examples

• **PBIS Behavioral Expectation – Edwards Elementary School**

• **Teacher Subjective Wellbeing Questionnaire**

• **Resilience at Work Scale**

• **Professional Quality of Life (ProQOL) Scale**

- **Health-Related Quality of Life**

- **School Organizational Health Questionnaire**

**Learning Modules**

- **Evidence-Based Module Series**

- **Selecting Evidence-Based Programs for School Settings**

- **Implementing Evidence-Based Programs in School Settings**

- **Youth Mental Health First Aid**
  Youth Mental Health First Aid: Take a Course. Retrieved from https://www.mentalhealthfirstaid.org/take-a-course/

**Evidence-Based Practices Registries**

- **What Works Clearinghouse**

- **Blueprints for healthy youth development**

- **Model Programs Guide**

- **Evidence-Based Therapies**

**Promising Programs on School Staff Wellness:**

- **Mindfulness-Based Stress Reduction (MBSR)**

- **Community Approach to Learning Mindfully (CALM)**

- **Cultivating Awareness and Resilience in Education (CARE)**

**Online Resources**

- **School Climate Improvement**

- **Collaborative for Academic, Social, and Emotional Learning (CASEL)**

- **CASEL District Resource Center**

- **Positive Behavioral Interventions and Supports (PBIS)**

- **PBIS – Student Training Resources**

**References**


Schott Foundation, Advancement Project, American Federation of Teachers and National Education...

Module 6: Early Intervention and Treatment (Tiers 2/3)

Guidance Documents

- **School Mental Health Early Intervention & Treatment Quality Guide**

- **Selecting Evidence-Based Programs**

- **School Crisis Guide**

- **Treatment Planning Guide**

Issue Briefs and One-Pagers

- **Student Information Systems Brief**

- **Suicide Prevention in Schools**

- **Implementing Evidence-Based Practices in School Settings Checklist**
  Education Development Center. (2013). *A Framework for Effectively Implementing Evidence-Based Programs and Practices (EBPs)*. Retrieved from [https://dm0gz550769cd.cloudfront.net/shape/49/49ee77b9836c0b0162339153e5a77e65.pdf](https://dm0gz550769cd.cloudfront.net/shape/49/49ee77b9836c0b0162339153e5a77e65.pdf)

- **Planning Checklist for Fidelity Monitoring of EBPs**

Example Documents

- **Crisis Protocol for Days of No Mental Health Coverage**

- **Model School Crisis Management Plan**
• School Crisis Response Manual  

**Templates**

• Intervention Planning Form  

• SMART Goal Worksheet  

**Learning Modules**

• **Evidence-Based Module Series**  

• **Selecting Evidence-Based Programs for School Settings**  

• **Preparing to Implement Evidence-Based Programs in School Settings**  

• **Implementing Evidence-Based Programs in School Settings**  

**Evidence-Based Practices Registries**

• **What Works Clearinghouse**  

• **Blueprints for healthy youth development**  

• **Model Programs Guide**  

• **Evidence-Based Therapies**  
Online Resources

- SHAPE Screening and Assessment Library

- Coalition for Community Schools
  Coalition for Community Schools: http://www.communityschools.org/

- National Wraparound Initiative

References


Module 7: Funding and Sustainability

Guidance Documents

- **School Mental Health Funding & Sustainability Quality Guide**

- **Developing a Comprehensive Financing Plan**

- **Federal Education Funding Guide for SEL Programs**

Books

- **Leading by Convening – A Blueprint for Authentic Engagement**

Issue Briefs, Reports and One-Pagers

- **Funding for School Based Mental Health Services**

- **Developing a business plan for sustaining school mental health services**
• **Organizational Self-Care Checklist**  

• **Promoting School Mental Health Program - Elevator Speech**  
  Indiana School Mental Health Initiative. (n.d.) *Elevator Speech/Talking Points*. Retrieved from [https://dm0gz550769cd.cloudfront.net/shape/5b/5b84b8c4a565688a11f15d1ff6177b82.pdf](https://dm0gz550769cd.cloudfront.net/shape/5b/5b84b8c4a565688a11f15d1ff6177b82.pdf)

• **Tips on Applying for Federal Grants**  
  Collaborative Improvement and Innovation Network on Quality Improvement (CoIIN). (2016, February). Best Practices in School Mental Health Grantsmanship. Retrieved from [https://dm0gz550769cd.cloudfront.net/shape/b4/b4345f46e197c6207ad9f52c992f00ee.pdf](https://dm0gz550769cd.cloudfront.net/shape/b4/b4345f46e197c6207ad9f52c992f00ee.pdf)

**Templates**

• **Financing for What? Worksheet**  

• **Funding Gap Analysis Worksheet**  

• **Funding Resource Mapping Worksheet**  

• **MTSS Memorandum of Understanding**  
  National Center for School Mental Health (2016). *MTSS Memorandum of Understanding Example*. Retrieved from [https://dm0gz550769cd.cloudfront.net/shape/3b/3bd5f5f5dc0a62791f3883499cb2a267.pdf](https://dm0gz550769cd.cloudfront.net/shape/3b/3bd5f5f5dc0a62791f3883499cb2a267.pdf)

**References**


Module 8: Impact

**Guidance Documents**

- **School Mental Health Impact Quality Guide**

- **Using Data to Reduce Disparities/Disproportionalities**

- **A Practical Tool for Action, Results and Learning**
  Organizational Research Services (ORS). (2004). *Theory of Change: A Practical Tool for Action, Results and Learning*. Retrieved from [https://dm0gz550769cd.cloudflare.net/shape/0f/0f232c76cef91a38a6f4124830ec64e.pdf](https://dm0gz550769cd.cloudflare.net/shape/0f/0f232c76cef91a38a6f4124830ec64e.pdf)

- **Collecting and Using Disaggregated Data on Racial/Ethnic Subgroups**

**Issue Briefs and One-Pagers**

- **Student Information Systems Brief**

- **Innovation That Works – The Safe Schools/Healthy Students Difference**

**Example Documents**

- **Creating Safe and Healthy Schools - Nevada State and Community Partnerships**

- **PAX Program Fact Sheet - Ohio**

- **Mental Health Funding**

- **EBP Tracker**

**Learning Modules**

- **Implementing a Comprehensive School Mental Health Program**

**References**
