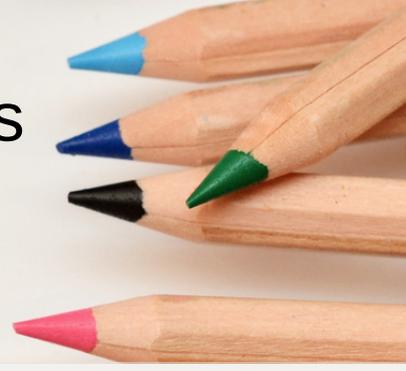


Project AWARE TA Tidbits

June 2023



Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Project AWARE TA Tidbits are technical assistance updates aimed at providing a birds-eye view of the impactful technical assistance, training, and collaboration/relationship-building activities each one of our Centers lead with Project AWARE grantees in their regions.

NEW ENGLAND MHTTC

Our Center's School Mental Health Initiative launched HEART (Healthcare Workers and Educators Addressing and Reducing Trauma) Awareness Week and the #takeheart campaign this month. This campaign aims to highlight the importance of advocating for and supporting collaborations that improve the mental health, well-being, and resilience of everyone in the school building. For more information, please visit the website [here](#).

NORTHEAST & CARIBBEAN MHTTC

At the request of the New York State Department of Education, on May 18 our center delivered a 1.5-hour training on Leveraging Behavioral Health Funding in Schools. The interactive virtual training provided districts with information on current state and federal school behavioral health funding and prepared participants to identify needs and gaps, as well as opportunities to garner buy-in and leverage existing funding to implement and sustain behavioral health in schools. A recording will soon be available in the [MHTTC products and resources catalog](#).

CENTRAL EAST MHTTC

Our Center is providing technical assistance to Project AWARE and other school-based partners interested in exploring how hopelessness is a significant contributing influence on the increased rate of suicide and violence among youth, particularly those of color. Through this TA, participants will explore ways in which schools and school communities can foster protective factors within a MTSS and ISF framework that supports individual health and safety.

SOUTHEAST MHTTC

The Southeast MHTTC recently attended the Southeastern School Behavioral Health Conference in Myrtle Beach, South Carolina (April 19 – 21), and our team hosted a pre-conference session for Project AWARE grantees. At this session, attendees were able to engage in peer-to-peer learning about program sustainability, learn about relevant sessions at the conference, and participate in networking activities. Representatives from 5 of the AWARE states in the Southeast region attended this event.

GREAT LAKES MHTTC

Over the summer, the Great Lakes MHTTC will be conducting needs assessment conversations with all Project AWARE grantees. We are creating a regional TA opportunity for Project AWARE grantees for the 2023-2024 school year. Training, TA, and networking opportunities will be developed in direct response to AWARE grantee needs and requests. AWARE grantees in Region 5: Please look for an email in the coming weeks with an invite to schedule a brief Zoom call to help us plan our next year supporting your work!

SOUTH SOUTHWEST MHTTC

We hosted a quarterly learning collaborative with all AWARE grantees and welcomed new grantees from Texas and Oklahoma! This is an opportunity to network, discuss best practices, and learn about opportunities available through the MHTTC. The Arkansas AWARE team has developed some wonderful Motivational Interviewing curriculum and have implemented programming state-wide. Our Center is planning to bring this training to other AWARE grantees in Region 6. We are also hosting two cohorts of Youth Mental Health First Aid this summer.

MID-AMERICA MHTTC

We attended a bi-monthly TA session including Project AWARE sites and other school mental health (SMH) teams state-wide, to provide support and answer questions related to comprehensive SMH implementation. Per the TA session, our Center agreed to plan a training session in Fall 2023 to support the onboarding of new team members around the [National SMH Best Practices: Implementation Guidance Modules, the SHAPE System](#), and funding and sustainability considerations for comprehensive SMH systems.

MOUNTAIN PLAINS MHTTC

Project AWARE grantees continue to meet monthly to collaborate, share, resources, and troubleshoot concerns. Our school mental health training topics offered during the past 2 months included: Incorporating Cultural Responsiveness within Schools; Equitable Decision Making; The Weight of Injustice: Exploring the Intersectionality of Fat Phobia, Racism, and Mental Health; PBIS; and The PREPaRE Curriculum. Upcoming trainings include: School Refusal; MTSS; Allyship, Newcomer, and Refugee Youth; and School Supports.

PACIFIC SOUTHWEST MHTTC

Our Region 9 Community of Practice for AWARE leaders continues to meet monthly to share leadership challenges, celebrations, resources and provide a moment of pause for reflection. We were thrilled to see regional and national AWARE grantees at our April two-part series on "Self-Harm and Suicide Awareness and Prevention in Childhood and Early Adolescence." We look forward to seeing AWARE grantees at our [Rising Practices & Policies series](#) & our two part workshop series on [Motivational Interviewing for the School Mental Health Workforce](#) in July.

NORTHWEST MHTTC

For the fifth year in a row, our Center sponsored the mental health track for the Annual Northwest PBIS Conference in Oregon. Over 1000 participants were in attendance, including Project AWARE grantees from Alaska. Experts, practitioners, and partners led over a dozen half-day workshops and 75-minute sessions to deepen educator knowledge and improve implementation efforts of mental health supports. Many sessions identified topics of need from Project AWARE grantees.

NATIONAL HISPANIC AND LATINO MHTTC

Our Center continues to disseminate our most recent curriculum which focuses on [Latino Youth Gangs Prevention in the School System](#). This curriculum aims to help educators and school mental health clinicians working with Latino youth understand the risk factors and intervention strategies specific to Latino youth. Project AWARE grantees are welcome to access the curriculum and disseminate as they see fit.

NATIONAL AMERICAN INDIAN AND ALASKA NATIVE MHTTC

Through our Center's Project AWARE and Youth Mental Health Learning Collaborative, we are hosting a virtual session on developing "Intergovernmental Agreements" with schools and communities. The session will be attended by 8-10 Project AWARE tribal grantees and takes place on May 22, 2023. Our Center is also hosting a webinar titled "Navajo Peacemaking - Restorative Practices and Trauma" on May 24, 2023.

To access additional information about the School Mental Health activities led by our Regional and Population-Focused Centers, please visit our MHTTC School Mental Health Initiative webpage [here](#).