



Northwest (HHS Region 10)

MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Idaho & Northwest MHTTC State Planning Session Executive Summary

Northwest MHTTC staff met with Idaho stakeholders and advisory board members March 8, 2023, on Zoom to discuss regional training needs, hear feedback, and connect with an eye toward future collaboration. The session began with Northwest MHTTC co-director Christina Clayton giving a broad overview of [the Northwest MHTTC](#) and the meeting's agenda:

- Introductions & Goals
- Who, what, how should the Northwest MHTTC offer training and technical assistance (TA)?
- How does the Northwest MHTTC with its area of focus on evidence-based practices (EBPs) for psychosis fit in the training landscape?
- Planning & collaboration; reinforcing existing relationships and building new ones

Overarching themes from this meeting:

- Training must be offered for all levels/intensities; balance is key to effectiveness and reach
- Professionals outside the behavioral health field need more exposure to mental health topics
- Many lack bandwidth for training, necessitating buy-in at an organizational level
- Professionals want to be better equipped to help, but lack time and resources to commit to intensive learning

Key points:

- Professions that engage with people experiencing psychosis-related diagnoses require more training, such as frontline workers, peer support workers, emergency responders, community outreach workers, etc.
- Potential rotating training subjects/topics include supervisor training, peer supervisor training, peer support, stigma, coping substance use, depression, etc.
- Different modalities must be offered to keep training diverse and up-to-date.
- From a tribal standpoint, unique barriers to assessment, hospitalization, and treatment exist. Training is needed, but part of a larger systemic problem.
- Momentum and consistency are essential for more intensive projects.
- Professionals desire more hands-on, skill-driven, and practical training over theory.

Resources: ([our center](#)) ([area of focus](#)) ([network areas of focus](#)) ([our learning community approach](#))