



Northwest (HHS Region 10)

MHTTC

Mental Health Technology Transfer Center Network  
Funded by Substance Abuse and Mental Health Services Administration

## Oregon & Northwest MHTTC State Planning Session Executive Summary

Northwest MHTTC staff met with Oregon stakeholders and advisory board members March 6, 2023, on Zoom to discuss regional training needs, hear feedback, and connect with an eye toward future collaboration. The session began with Northwest MHTTC co-director Christina Clayton giving a broad overview of [the Northwest MHTTC](#) and the meeting's agenda:

- Introductions & Goals
- Who, what, how should the Northwest MHTTC offer training and technical assistance (TA)?
- How does the Northwest MHTTC with its area of focus on evidence-based practices (EBPs) for psychosis fit in the training landscape?
- Planning & collaboration; reinforcing existing relationships and building new ones

### Overarching themes from this meeting:

- Balancing different training intensities and topics is key to creating long-lasting change
- Building resilience may help combat workforce shortages and burnout
- Professionals are looking for more practical training opportunities
- The Northwest MHTTC can disseminate and train more effectively by leveraging connections to other organizations

### Key points:

- Professions that engage with people experiencing psychosis-related diagnoses require more training, such as peer support workers, community outreach workers, and those interacting with homeless populations.
- Potential rotating training subjects/topics include de-escalation, Co Occurring Disorders (CODs), advanced skills for clinicians, career stage-specific skills, and resiliency.
- Incorporating roleplays/other exercises can provide more practical, skills-based training.
- A few ways to efficiently use existing resources include disseminating through partners, building stronger relationships outside Washington, and finding ways to reuse and repurpose content (e.g., compiling existing products into an onboarding resource).

**Resources:** ([our center](#)) ([area of focus](#)) ([network areas of focus](#)) ([our learning community approach](#))