



MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Early Psychosis 101: Basics for Supporting Students

A 3-Part Introductory Series

Identifying young people at risk for or facing a first episode of psychosis is a major state and national priority due to the recognized benefits of early intervention. Because symptoms generally begin between the ages of 12-25, schools are critical places for identifying those with early symptoms of both psychosis-risk and early psychosis symptoms.

In this virtual 3-part learning series, each session will focus on key aspects of early psychosis support for those working in school mental health in a variety of roles and settings. We will focus on how to recognize students with early psychosis symptoms, link them to appropriate services, and create appropriate accommodations to support student academic success and mental wellbeing. In addition, methods for addressing the stigma one faces when dealing with these symptoms with peers and school personnel will also be considered.

Intended Audience

This introductory-level learning series is geared toward the following school personnel from middle and high schools:

- School mental health providers, such as school counselors, social workers, psychologists, and other mental health professionals (those hired by the school and those who work for a community organization and come into the school to provide school mental health services)
- School nurses/school health aides, and other primary care partners working in schools
- School educators, administrators, school resource officers, and mental health peer leaders

Session Format

Sessions will be presented by a professional with expertise in early psychosis. Some sessions will also include an individual with lived experience who can speak to the challenges of facing early psychosis symptoms in secondary school settings, as well as strategies to best support those with early symptoms and their families.

Each 1-hour learning session will focus on a specific topic, then address attendee-submitted questions. Case examples will also be utilized to illustrate key points in recognizing those with early psychosis symptoms, potential interventions, and accommodations. Tools that can be helpful for screening for psychosis symptoms will also be shared.



[Learn more about the series and register here!](#)

Wednesday, October 18 at 12pm PT



Recognizing and Responding to Signs of Risk for Psychosis in Students

Wednesday, November 1 at 12pm PT



Hope, Healing and Homework: Empowering Educators in Screening for Psychosis & Navigating Students' Return to School After Psychosis

Wednesday, November 15 at 12pm PT



Transition to College for Youth with Psychosis

Questions? Please contact [Jessica Gonzalez](#), MHTTC Network Coordinating Office.