



The **Southeast MHTTC** provides training and technical assistance in SAMHSA's Region 4: Alabama, Florida, Georgia, Kentucky, Mississippi, North Carolina, South Carolina, and Tennessee. With a focus on population-based approaches, the Southeast MHTTC is uniquely suited to address mental health priorities through a public health lens. Our team has extensive experience in developing, testing, and disseminating evidence-based practices for adults and children treated in public sector settings as well as expertise in understanding quality, financing, and health policies in the public mental health sector.



Year 5 Review: August 15, 2022 - September 29, 2023

The Southeast MHTTC worked with regional and national experts, stakeholders, and partners to offer virtual trainings, develop products, and provide technical assistance during Year Five.



48

Events



2,700+

Trained



60

Products



7,500+

Subscribers

Area of Focus: Public Mental Health

Using a **public health framework** to develop leadership capacity and train providers, the Southeast MHTTC hosted virtual trainings to improve population outcomes, developed interactive data maps to provide information on regional priorities, and facilitated intensive consultation to achieve organizational change. Notable activities included:

- **Integrating Social Determinants of Mental Health into Clinical Practice:** In this in-depth and interactive training, mental health clinicians learn how to identify social determinants of mental health (SDOMH), how to systematically measure in clinical practice, and how to connect patients to appropriate community resources and partners.
- **Mental Health Data Visualization Project:** Interactive map displaying regional public sector healthcare resources, including locations of Federally Qualified Health Centers (FQHCs), distance to nearest behavioral health facility, and opportunities for the development and/or expansion of mental health - public health partnerships.
- **Integrating Core Skills from Evidence-Based Practices:** Southeast mental health clinicians participated in a 6-week learning community focused on incorporating core skills that transcend several evidence-based practices.

Additional Training Areas:



Evidence Based Practices



Mental Health Equity



School Mental Health



Treatment Engagement

Community Resiliency Model | Dialectical Behavioral Therapy | Eliminating Mental Health Stigma
Measurement Based Care | Mental Health for the Public Health Professional | Motivational Interviewing
School Mental Health Crisis Continuum of Care | Supporting Autistic Students in the Classroom
Tele-education in Rural Settings | Trauma & the Peer Perspective

Year 5 Highlights

Our Products



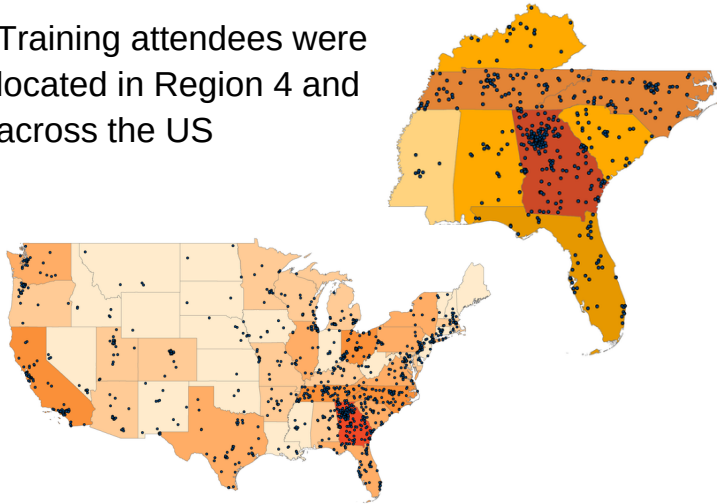
Southeast MHTTC products include: webinar recordings, interactive data maps, flipbooks, reports, and toolkits.

Southeast MHTTC publications include:

- [Qualitative Study of Certified Peer Specialists' Experiences Delivering Peer Support Services During the COVID-19 Pandemic](#)
- [Hearing Their Voices: Engaging Certified Peer Specialists in Dialogues About Racism & Recovery](#)

Our Reach

Training attendees were located in Region 4 and across the US



Our Impact

97% would recommend to a colleague

96% satisfied with the overall quality

“I will use the information I gained from the webinar to better advocate for my clients.”

“This presentation helped me think about ways to implement a different approach in my work with clients.”

“I feel more confident in my ability to use the techniques shared by the presenter.”

Spotlight: Peer Supervision

This intensive [Peer Supervision training](#) enables administrators and supervisors to implement strengths-based and recovery-oriented supervision practices with diverse Certified Peer Specialists (CPS), actively support CPS professional and personal development, and advocate for CPS and their integration into the workplace. The training empowers participants to realize the full potential of a peer specialist workforce.

Spotlight: School Crisis Recovery & Renewal

Schools play an important role in supporting student resilience and wellbeing following community-wide trauma, but the road from preparedness to recovery begins long before a crisis event occurs and the response lasts well after the event is over. The Southeast MHTTC School Mental Health Initiative led [a learning series](#) and Community of Practice on collective trauma for school leaders to promote preparedness, community resilience, and recovery in the face of adversity.

Collaboration

The Southeast MHTTC co-sponsored events with Region IV partners and participated in MHTTC-wide and TTC-wide workgroups.

- Region IV Public Health Training Center
- SAMHSA Regional Administrator and Southeast MHTTC Advisory Board
- Participation in Network-wide work groups including Building Health Equity and Cultural Responsiveness | Dissemination & Implementation | Early Psychosis | Workforce Development

