



South Southwest (HHS Region 6)

**MHTTC**

Mental Health Technology Transfer Center Network  
Funded by Substance Abuse and Mental Health Services Administration

# YEAR 5 HIGHLIGHTS ANNUAL REPORT OVERVIEW

## OUR MISSION

The South Southwest MHTTC serves U.S. Department of Health and Human Services Region 6, including Arkansas, Louisiana, New Mexico, Oklahoma, and Texas. Our population of focus is mental health clinicians, supervisors, and program managers serving individuals with or at risk of serious emotional disturbances (SED) or severe mental illness (SMI); peer support providers; community mental health, health, or peer-run organizations; and single state agency administrators focused on comprehensive state public mental health systems.

## OUR IMPACT



**5,657**  
PARTICIPANTS



**16,735**  
VISITORS



**1,188**  
YOUTUBE VIEWS



**122**  
EVENTS



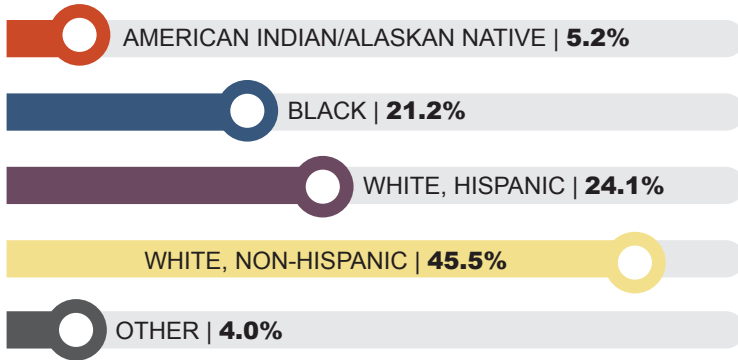
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DOWNLOADS



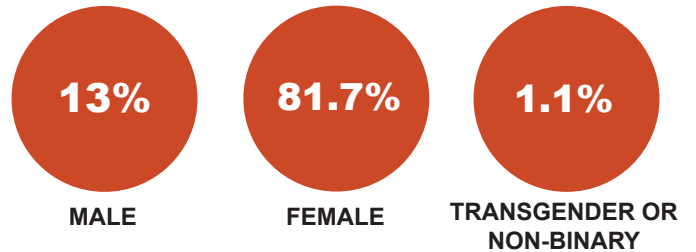
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PODCAST LISTENS

## PARTICIPANT INFORMATION

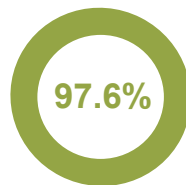
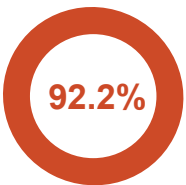
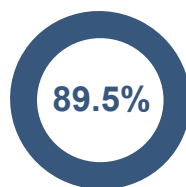
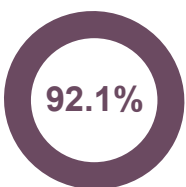
### Race & Ethnicity



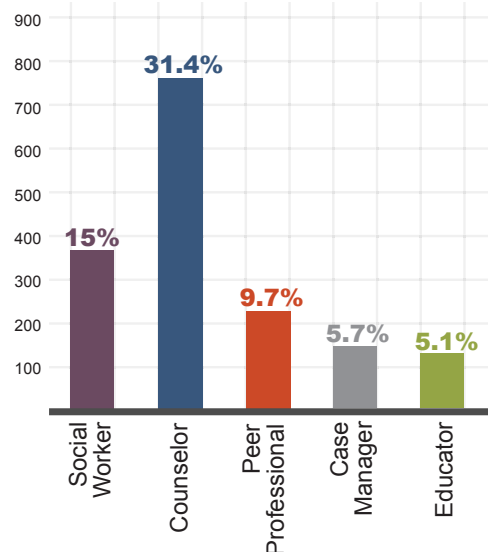
### Gender



### Overall Satisfaction



### Participant Profession





## EVENT HIGHLIGHTS CORE GRANT

### TRAUMA AND HEALING

- Healing & Transformation Leadership Academy
- Trauma Informed Leadership to Promote Staff Retention
- Trauma Informed Care: Knowledge & Strategies for Health and Hope – Primary Care
- Trauma Informed Care Basics (HealthEKnowledge)

**359 Participants**   
**98.9% Would Recommend**

### PEER SUPPORT WORKFORCE PROJECT

- Ethical Considerations for Peers Trainings
- Region 6 State Peer Leaders Strategic Planning Meeting
- Integrating Peer Support in Youth Treatment Settings
- Train the Trainer: Creating Affirming Environments for LGBTQ People Receiving Services
- Region 6 Peer Support Advisory Committee
- National Practice Guidelines and Gender Diversity Conference Presentation
- Healing Centered Virtual Facilitation Curriculum Training
- Recurrence of Use and Peer Certification Board Rights and Responsibilities
- Youth and Young Adult Peer Support: Curriculum Training

**514 Participants**   
**98.7% Would Recommend**

### FIRST EPISODE PSYCHOSIS (FEP)

- Understanding Supported Education and Employment for First Episode Psychosis
- Structured Interview of Psychosis-Risk Syndromes (SIPS) Training
- First Episode Psychosis Provider Well-Being Community Calls
- Basics of Coordinated Specialty Care for Early Psychosis
- Safety Planning Intervention Training for FEP/CSC Teams
- Case Conceptualization Series
- Vocational Outcomes among Adolescent & Young Adults in CSC: Integrating Evidence-based
- Engagement & Support Strategies
- Education and accommodations for students with psychosis: Working with youth, families, teachers, and schools
- Understanding Supported Education and Employment for FEP

**835 Participants**   
**99.3% Would Recommend**

### EARLY CHILDHOOD

- Introduction to the Ages & Stages Questionnaires ASQ-3™ & ASQ:SE-2™
- ASQ® Training of Trainers

**101 Participants**   
**100% Would Recommend**



## EVENT HIGHLIGHTS

### SCHOOL MENTAL HEALTH GRANT

#### AWARE TECHNICAL ASSISTANCE

- Region 6 AWARE State Leadership Meetings
- SMART Training for Educators
- Dare to Lead - Living into Our Values Training Retreat
- Daring Teams Roll Out
- School Mental Health Sustainability Workshop
- Overview of SHAPE
- Texas Project AWARE Strategic Planning Retreat

183 Participants   
97.1% Would Recommend

#### BUILDING STATE CAPACITY FOR SCHOOL MENTAL HEALTH

- Building a Practice to Support Educator Wellness and Trauma Informed Campuses and Classrooms Train-the-Trainer
- School Mental Health Coaching Academy
- School Mental Health Coaching Academy (advanced)
- Advancing Behavioral Health Collaboration (ABC) Summit
- Education Service Center Trauma-Informed Practices Learning Community

1,970 Participants   
97.3% Would Recommend

#### IMPLEMENTATION OF EVIDENCE-BASED PRACTICES

- Check & Connect Preparation & Implementation Training
- Youth Mental Health First Aid TOT
- Youth Mental Health First Aid
- Suicide Prevention in Schools: Best Practices & Protocols
- Bring on the Fear! Maximizing Exposure in the Treatment of Anxiety Disorders for Youth
- FIRST Workshop and Coaching for School-based Providers
- Trust-based Relational Intervention Training
- Lessons for Developing a Resilient Brain

1,278 Participants   
96.9% Would Recommend

#### NEW CURRICULUM SPOTLIGHT

### BUILDING A PRACTICE TO SUPPORT EDUCATOR WELLNESS & TRAUMA-INFORMED CLASSROOMS AND CAMPUSES

This training was developed to support Local Education Agencies to meet requirements in Texas Education Code for implementation of trauma-informed practices and care by district and campus staff (TEC Sec. 38.036). The curriculum includes two parts focused on (a) educator wellness and (b) trauma-informed classrooms and campuses.

Building a Practice to Support Educator Wellness and Trauma-Informed Classrooms and Campuses Training

