



South Southwest (HHS Region 6)

MHTTC

Mental Health Technology Transfer Center Network  
Funded by Substance Abuse and Mental Health Services Administration

## Activities to Enhance School-based Mental Health

The South Southwest Mental Health Technology Transfer Center (SSW-MHTTC), funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), serves U.S. Department of Health and Human Services (HHS) Region 6, including Arkansas, Louisiana, New Mexico, Oklahoma, and Texas. The SSW-MHTTC has targeted funding to support training, technical assistance, and workforce development to enhance school-based mental health services and effective collaboration between schools and community-based mental health agencies. The following opportunities will be available:

For state leaders:

- Participation in a state-level assessment of the school mental health system, including the development of a state report
- Support for state leader participation in a National School Mental Health Learning Collaborative led by the [Center for School Mental Health](#) at the University of Maryland School of Medicine
- Product development and state-specific targeted technical assistance to educational authorities by the Center for School Mental Health

For educational service center, district or campus leaders:

- Training in [Psychological First Aid for Schools](#) and [Skills for Psychological Recovery](#)
- Training and technical assistance in the selection and implementation of mental health screening tools
- Tailored training and technical assistance in creating a [trauma-sensitive school](#)

For teachers and school personnel:

- Participation in an assessment of best practices in school-based mental health through the School Health Assessment and Performance Evaluation ([SHAPE](#)) System
- Access to suicide prevention gatekeeper training through [Kognito](#) At Risk role-play simulation
- Training in [Collaborative and Proactive Solutions](#)

For school-based mental health clinicians:

- Initial and advanced training in [Collaborative and Proactive Solutions](#)
- Training, coaching, and implementation support for Cognitive Behavioral Intervention in Schools ([CBITS](#))
- Training in [Psychological First Aid for Schools](#) and [Skills for Psychological Recovery](#)

To learn more, please contact Michelle Monk, M.Ed., Senior Program Coordinator for the SSW-MHTTC, at [michelle.monk@austin.utexas.edu](mailto:michelle.monk@austin.utexas.edu) or 512-232-6581.