# (HHS Region 5: IL, IN, MI, MN, OH & WI)

#### What is the MHTTC Network?

The MHTTC Network includes a Network Coordinating Office (NCO), ten (10) MHTTC Regional Centers, a Tribal Affairs Center, and a Hispanic and Latino Center. Our collaborative network will support resource development and dissemination, training and technical assistance, and workforce development to the mental health field. The MHTTC Network will work with organizations and treatment practitioners involved in the delivery of mental health services to strengthen their capacity to deliver effective evidence-based practices to individuals, including the full continuum of services spanning mental illness prevention, treatment, and recovery support.

#### **Great Lakes MHTTC**

The Great Lakes MHTTC will provide high-value training and technical assistance targeted to local needs in Health and Human Services Region 5.

#### **Our Goals**

The goals of the Great Lakes MHTTC are to:

- Accelerate the adoption and implementation of evidence-based practices.
- Heighten the awareness, knowledge, and skills of the workforce.
- Develop strategies for delivering culturallyinformed care with diverse practitioners, researchers, policymakers, family members, and consumers of mental health services.
- Increase access to publicly available, free-ofcharge training and technical assistance for the mental health field.

### **Services We Will Offer**

The Great Lakes MHTTC offers abroad array of training and technical assistance to the mental health workforce. Areas of focus include:

- Implementing evidence-based practices for adults with serious mental illnesses (SMI)
- Process improvement for mental health care settings to improve access to and retention in treatment
- Culturally competent service delivery
- Integration of mental health treatment into other healthcare settings
- Recovery-oriented systems of care
- Technology tools for treatment and recovery

### **How We Will Measure Our Success**

#### **Great Lakes MHTTC outcomes:**

- Increase the # of people in the mental health or related workforce trained in mental healthrelated practices/activities.
- Increase the # of individuals who have received training in mental health promotion, prevention, treatment, and recovery supports.
- Increase the # of individuals contacted through program outreach efforts.
- Increase the # of programs, organizations, and communities that implement evidence- based mental health-related practices and activities.

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**Our State Liaisons** 

coordinate and facilitate local training and technical assistance requests.

- Illinois Association for Behavioral Health
- Indiana Council of Community Mental Health Centers, Inc.
- Community Mental Health Association of Michigan
- Minnesota Association of Community Mental Health Programs
- Ohio Association of County Behavioral Health Authorities
- Wisconsin: Laura Saunders, State Project Manager – WI

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Visit our website at: www.mhttcnetwork.org/greatlakes

Great Lakes MHTTC state liaisons will