



State Mental Health Profile 2019: Minnesota

Mental Health Infrastructure

Minnesota is one of a handful of states to still retain the county administered, state supervised model in social and health services. Each county is the *Local Mental Health authority*, with the ultimate responsibility to provide a wide range of services. This system is based on models of service where there was mostly state and local funding, not Medicaid participation.

As Minnesota added services to the Medicaid platform, funds have been redirected to pay for the state share of those costs. However, significant administrative and quality oversight remains at the county level.

In 1987, Governor Perpich signed the Adult Mental Health Act. New community services were created, along with dedicated funding -

- Community Supports, including Case Management
- Counties charged with creating emergency services for mental health
- Local Advisory Councils to foster collaboration between individuals, families, providers, and county staff.

The number of clients served in state hospitals decreased from a peak in the 50's, declining through the 70's and 80's. As locations closed, some funding was redirected into the *Adult Mental Health Initiatives (AMHI)*. Most are multi-county collaboratives. Over time, most spending concentrated on basic infrastructure.

Because the AMHI money was a partial redirection of state hospital funding, there is no direct equivalent in the Children's system.

From 2002-2007, Minnesota approved the following services as Medicaid benefits:

- Intensive Residential Rehabilitative Health Services (IRTS)^{[[SEP]]}
- Adult Rehabilitative Mental Health Services (ARMHS)^{[[SEP]]}
- Residential Crisis
- Assertive Community Treatment (ACT)^{[[SEP]]}
- Children's Therapeutic Services and Supports (CTSS)

In 2007, Governor Pawlenty signed a bipartisan mental health act, which developed a Model Mental Health Benefit set under Medicaid including rehabilitative services (ARMHS, CTSS, ACT)^{[[SEP]]}

- Supportive Housing^{[[SEP]]}
- School Linked Mental Health^{[[SEP]]}
- Respite Care for Families^{[[SEP]]}
- Community Behavioral Health Hospitals (State operated, but sized to qualify for Medicaid payment.)^{[[SEP]]}

Additional Medicaid coverage of mental health services and increased eligibility came with the ACA, bringing more direct oversight at the state level.

Minnesota Major Conferences

Great Plains Telehealth Resource Assistance Center (gpTRAC) Regional Telehealth Conference

April 28-30, 2019 -

[https://www.cvent.com/events/gptrac-2019-conference/registration-852b28a2944d47e8a3399680577f16ff.aspx?fq=true](https://www.cvent.com/events/gptrac-2019-conference/registration-852b28a2944d47e8a3399680577f16ff.aspx?fq=registration-852b28a2944d47e8a3399680577f16ff.aspx?fq=true)

Minnesota Association for Resources for Recovery and Chemical Health (MARRCH) Annual Conference

October 28-30, 2019

<https://www.marrch.org/events/EventDetails.aspx?id=1184594&group=>



Great Lakes (HHS Region 5)

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

*National Alliance on Mental Illness (NAMI)
MN Annual Conference - November 2019*

*Minnesota Association for Children's Mental
Health Annual Conference*

April 28 -30, 2019

<https://www.macmh.org/event-page/annual-child-adolescent-mental-health-conference/2019conference/>

Minnesota Technical Assistance Centers

Minnesota Center for Chemical and Mental Health - <http://mncamh.umn.edu/>

Minnesota Data Related Resources

MN Department of Health (MDH)

<http://www.health.state.mn.us/divs/orhpc/workforce/mh/index.html>

MN Governor's Task Force on Mental Health
- <https://mn.gov/dhs/mental-health-tf/>

Minnesota Management & Budget – Results First
<https://mn.gov/mmb/results-first/>

Minnesota Division of Behavioral Health – MN Department of Human Services Contacts

Adult Mental Health

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Children's Mental Health

Elmer L. Andersen Human Services Building

540 Cedar Street

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Mailing address:

MN-DHS CMHD

PO Box 64985

St Paul, MN 55164-0985

Phone: 651-431-2321

Fax: 651-431-7566

Alcohol, Drug and Other Addictions

DHS.ADAD@state.mn.us

Phone: 651-431-2460

Minnesota State Community Mental Health Association

Minnesota Association of Community Mental Health Programs (MACMHP)

Mailing Address:

PO Box 40227

Saint Paul, MN 55104

Phone: 651-571-0515

Email: info@macmhp.org

Other State Mental Health Resources

AspireMN

- <https://www.aspiremn.org/>

Mental Health Providers Association of Minnesota (MHPAM) -

<https://www.mhpam.org/>

MN Family and Consumer-run Organizations

National Alliance on Mental Illness MN (NAMI MN)

<https://namimn.org/>

Mental Health Minnesota –

<https://mentalhealthmn.org/>

MN Children's Mental Health Association

<https://www.macmh.org/>