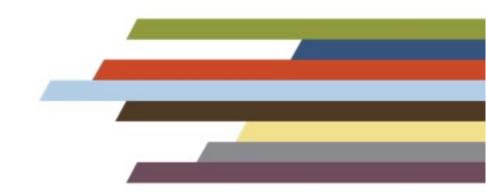
Welcome to the Great Lakes Mental Health Technology Transfer Center

April 9 11:00 AM CT

Lou Kurtz, M.Ed, Co-Director



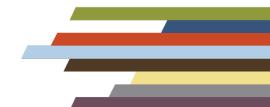
Presenters

Todd Molfenter, Ph.D. Project Director

Lou Kurtz, M.Ed. Project Co-Director Center for Health Enhancement Systems Studies, University of Wisconsin-Madison







Overview of the Technology Transfer Center Program

A New Program from SAMHSA





Purpose of the TTC Program

- Accelerate the adoption and implementation of evidence-based practices.
- Heighten the awareness, knowledge, and skills of the workforce.
- Develop strategies for delivering culturallyinformed care with diverse practitioners, researchers, policy makers, family members, and consumers of mental health services.
- Increase access to publicly available, free-ofcharge training and technical assistance for the mental health field.





Based on the ATTC Network Model

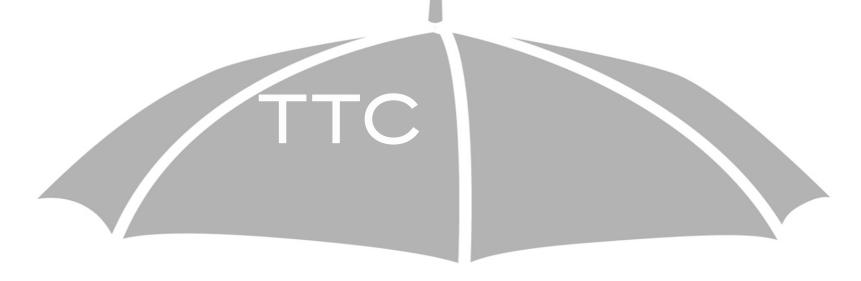
- The Great Lakes MHTTC is part of the National MHTTC Network that SAMHSA has created, following the success of the ATTC Network.
- The ATTC Network is celebrating 25 years of service to the addiction treatment and recovery services field!







TTC Program Structure

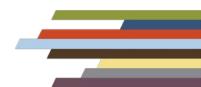












National Reach

Each TTC Network includes 13 centers.*

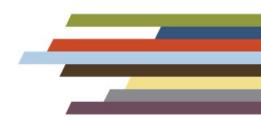


Network Coordinating Office

National American Indian and Alaska Native Center

National Hispanic and Latino Center

10 Regional Centers (aligned with HHS regions)



Outline for Today's Presentation







Today's Presentation

- Structure of the MHTTC Network
- Training and TA Needs
- Mental Health School-based Supplement
- Current Projects
- Communications
- Accessing our Resources





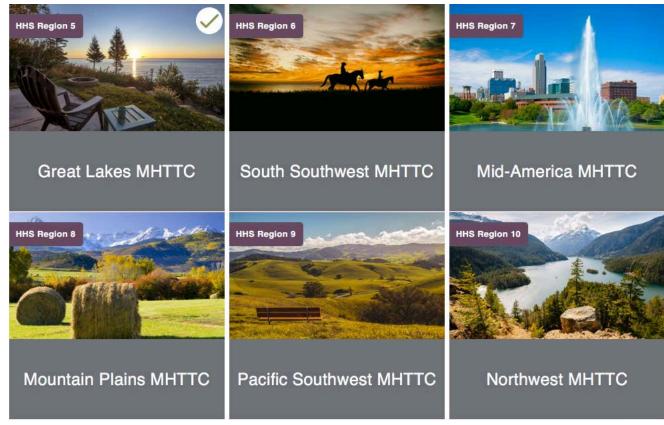
The MHTTC Network



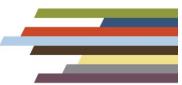




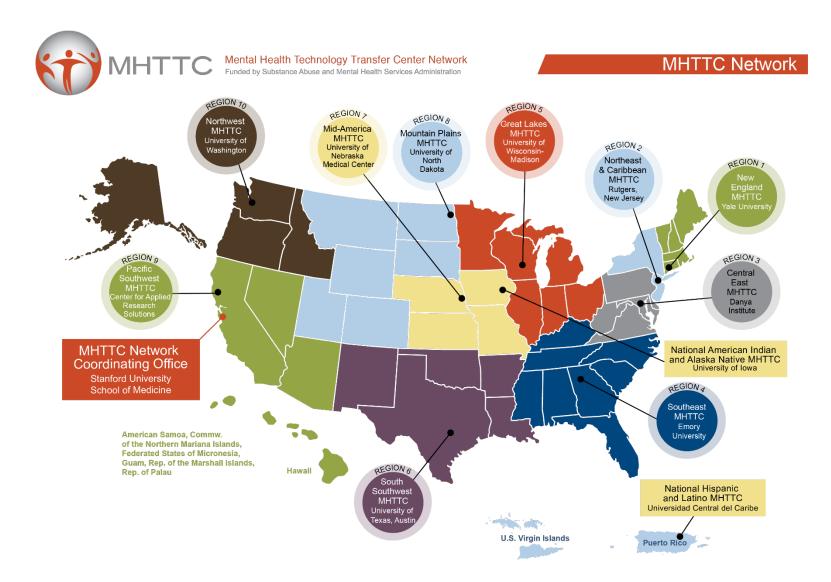
MHTTC Network, continued







The National MHTTC Network



MHTTC Network Coordinating Office

- Housed at Stanford University
 - Mark McGovern, PhD, Principal Investigator
 - Heather Gotham, PhD, Director





Great Lakes MHTTC Mission

 To provide high-value training and technical assistance targeted to local needs in Health and Human Services Region 5.





Great Lakes MHTTC Advisory Board

Purpose:

- To provide guidance on meeting objectives in our workplan
- Advise on regional and cultural issues
- Offer a sounding board for ideas





Great Lakes MHTTC Advisory Board Composition

- State provider associations/node leaders
- State NAMI organizations
- Mental Health America (MHA) chapters
- Consumer-run organizations
- State behavioral health directors
- Other entities





Node Structure

State Node Leaders

- Design, coordinate, and implement training and TA activities for their designated states.
- Develop and maintain local stakeholder relationships





Nodes: Subcontractors

- Illinois Association for Behavioral Health
- Ohio Association of County Behavioral Health Authorities
- Community Mental Health Association of Michigan
- Minnesota Association of Community Mental Health Programs
- Indiana Council of CMHCs, Inc.
- Wisconsin State Project Manager out of Great Lakes MHTTC office





Node Activities

- Assessing provider needs for training and TA
- Identifying, coordinating, and leading state activities
- Creating and delivering presentations
- Ensuring consistency, continuity, and linkages among state agencies, advisory board members, and other stakeholders





Node Activities, continued

- Responding to inquiries
- Planning and providing trainings and TA
- Assisting in program evaluation
- Reporting results of activities
- Observing, describing, and offering feedback on activities for continuous improvement





Health and Human Services Region 5







Region 5 Training and TA Needs

- Needs assessment survey conducted
 November 15 December 15, 2018
- 769 responses; primarily behavioral health agencies
- Majority of respondents could be considered "management"





Region 5 Training and TA Needs, continued

- Multiple population groups served; highest percentage cited was children (12%)
- Cross-Population Evidence-Based Practices: Trauma-Informed Care top priority
- Adults with Serious Mental Illness: Illness
 Management and Recovery top priority





Top Priorities

- Transition Age Youth: Coordinated specialty care (CSC)
- School-based Mental Health: Mental Health First Aid (MHFA) and Cognitive Behavior Intervention for Trauma in Schools (CBITS)
- Individuals Who are Homeless: Critical Time Intervention (CTI) and Engagement/Outreach Strategies





Top Priorities, continued

- Clinicians: Cognitive Behavior Therapy (CBT)and Dialectical Behavior Therapy (DBT)
- Crisis Response Practices: Crisis Intervention Training (CIT)





Other Priorities

- System-Wide Training: Culturally competent service delivery
- Quality Improvement Training & TA: Improve implementation of evidence-based practices; improved care transitions
- Training Methods: In-person workshop meetings / networking and on-line self-paced





Staffing

Project Director – Todd Molfenter, Ph.D.

Project Co-Director – Lou Kurtz, M.Ed.

Project Coordinator – Ann Schensky

Mental Health School-Based SME – Sarah McMinn

Intensive TA Specialist – Alfredo Cerrato

Communications Manager – Maureen Fitzgerald

Director of Dissemination – Scott Gatzke

Technology Manager – Dave Gustafson





School-Based Mental Health Supplement

- One year Cooperative Agreement part of the MHTTC initiative
- Staff person hired as subject matter expert
- Working through state nodes on local initiatives
- Focus on Comprehensive School Mental Health framework
- Promotion of school-based evidence-based mental health practices
- Building relationships with key state agencies (Department of Education, Departments of Mental Health, etc.)





School-Based Mental Health Supplement Focus Areas

- Advancing Comprehensive School Mental Health Framework
- Suicide Prevention
- Trauma Informed Care
- Tier 1/Universal Supports
 - Youth Mental Health First Aid
 - Social Emotional Learning





School-Based Mental Health Supplement

Comprehensive School Mental Health Framework

8 modules for implementing comprehensive school mental health

- Foundations of Comprehensive School Mental Health Framework
- Teaming and Staffing
- Needs Assessment and Resource Mapping
- Mental Health Screening
- Mental Health Promotion for All
- Early Intervention and Treatment Services and Supports
- Funding and Sustainability
- Documenting and Demonstrating Impact





School-Based Mental Health Supplement Upcoming Conference Exhibiting Activities

- April 23-24 Ohio Children's Alliance Annual Spring Conference
 - Dublin, Ohio
- April 28-30 Minnesota School Counselor Association Conference
 - Saint Paul, Minnesota
- June 17-18 Connecting with Kids Through School Health Conference
 - Traverse City, Michigan





Great Lakes MHTTC Priority Focus Area

- Each Regional MHTTC has an identified focus area and will serve as a resource to other regions.
- Our priority focus area is process improvement for mental health care





More About Our Priority Focus Area

- CHESS has long history in providing training and consultation around change management
- NIATx and Change Leader Academies (CLA)
- CLAs in each state with ongoing coaching
- Wisconsin Project: Reducing Re-admission Rates to State Psychiatric Hospitals





Facilitating Implementation of EBPs

- Implementation Science 101 modules
- Alignment with intensive TA projects
- Identification of system wide EBP implementation projects (e.g. sustainability of Coordinated Specialty Care)





Facilitating Implementation of EBPs, continued

- Moving beyond "one and done" training
- Best practices in implementation strategies
- Moving to system level outcomes (along with basic counts of individuals trained, events provided, etc.)





Examples of Technical Assistance

- Clinical consultation
- Quality improvement projects / rapid cycle testing
- Learning collaboratives
- Communities of practice
- Assistance to states with workforce development issues





Culturally Competent Services

- Intensive Technical Assistance (ITA) Specialist who also can focus on CLAS Standards
- Existing projects: Cultural Elements training in Ohio, Milwaukee County Hmong Community
- ITA working on assembling a Masters' Series for behavioral health practitioners to become more competent in serving individuals from diverse backgrounds
- Overall goal is to improve access to culturally competent services





Examples of MHTTC Initiatives in the Pipeline

- Youth Mental Health First Aid Training (IL)
- Co-occurring Disorders Training (IL)
- Recruitment and Retention Learning Collaborative (OH)
- Hispanic and Latino Cultural Elements Training (OH)
- Change Leader Academy (IN)





Great Lakes MHTTC Communications

Maureen Fitzgerald, Communications Manager Maureen.fitzgerald@wisc.edu





Visit our Website







Connect with Us!

- Join our list serve
- Follow us on Twitter
 - @gmhttc
- Subscribe to our quarterly newsletter
- We love hearing from you!







How to Access Training or TA: Your State Node

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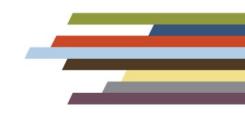




Q & A







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We're glad you joined us today!

- If you have questions or would like to discuss TA or Training needs, please reach out to your state Node or our Co-Director, Lou Kurtz.
- Thank you for joining us today! We're excited to begin our work with you!





