



Mid-America (HHS Region 7)

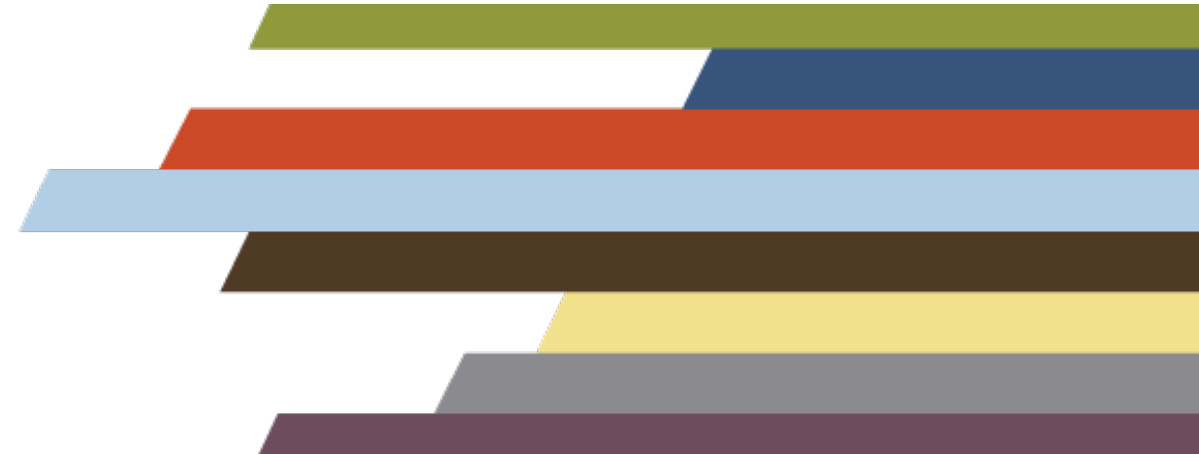
MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

Mid-America Mental Health Technology Transfer Center

An Introduction



What is the Mid-America MHTTC?

- Funded by the Substance Abuse and Mental Health Services Administration (SAMHSA)
- 5-year grant of \$3.7 million
- Awarded to the Behavioral Health Education Center of Nebraska (BHECN) at University of Nebraska Medical Center
- Serves to align mental health systems and professional competencies with evidence based practices
- Operates in Missouri, Iowa, Nebraska, and Kansas
- Provides free training and technical assistance on a variety of topics germane to effective mental health practice

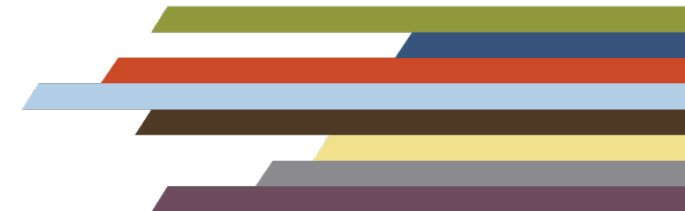


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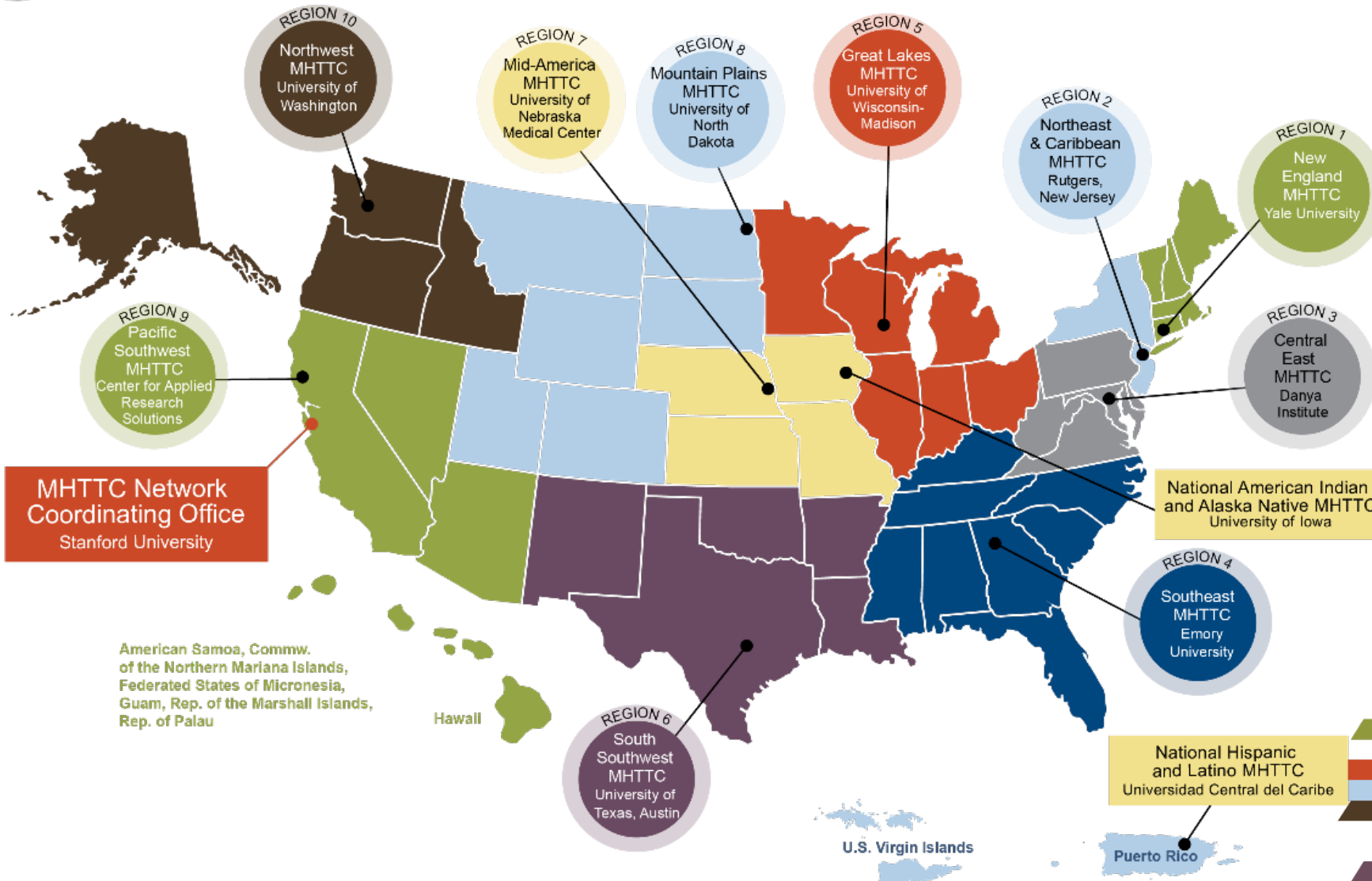
Where is the Mid-America MHTTC located?



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MHTTC Network



Specialized Training Topics

- Integrated behavioral health in primary care
- Behavioral health workforce development
- Serious mental illness
- School mental health

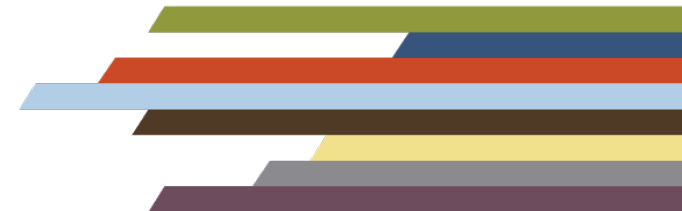


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MHTTC Services

Training Levels

- Universal: Conference presentations, newsletters, brief consultation
- Targeted: Online courses, webinar series, focused knowledge-sharing, short-term training, replication guides
- Intensive: Ongoing relationship between the TTC program and agency is provided

Outcomes

Universal: Increased reach of information and tools about evidence based practices

Targeted: Increased motivation to use and apply specific interventions

Intensive: Policy and program changes with implementation of interventions by users

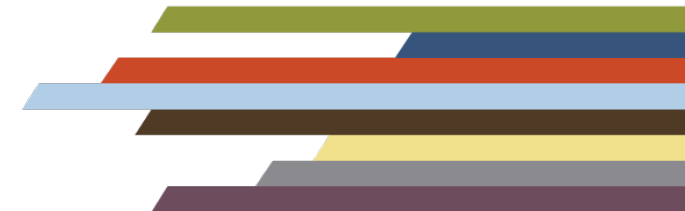


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Integrated Behavioral Health in Primary Care

- Provides value to patients, primary care providers, and behavioral health clinicians
- Optimizes mental and physical health outcomes by integrating diagnostics, planning, and treatment delivery
- MHTTC staff have 20+ years of experience integrating behavioral health into primary care in 40+ rural, suburban, and urban sites

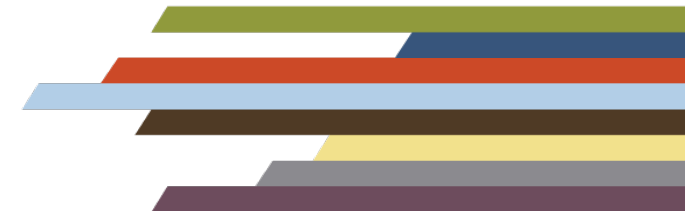


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Integrated Behavioral Health in Primary Care Program Implementation Process

- Assessment of clinic strengths and needs
- Preparation of necessary infrastructure
- Training and placement of behavioral health practitioners
- Program consultation and assessment
- Organizational supports to insure sustainability over time

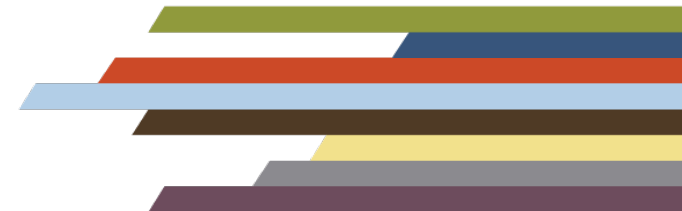


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Integrated Behavioral Health in Primary Care

Current Initiatives

- Developing ways to support the healthcare associations in Iowa, Kansas, Missouri, and Nebraska
- Providing technical assistance and training on integrated care to 31 primary care providers
- Developing web based training modules on integrated care

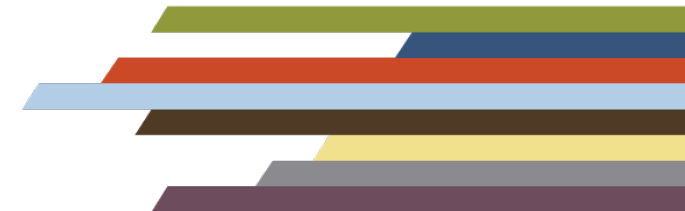


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Behavioral Health Workforce Development

- 85% of counties in Missouri, Iowa, Nebraska, and Kansas have been federally identified as Mental Health Professions Shortage Areas
- Rural areas particularly face shortages of psychiatrists, APRN's, Counselors, certified/licensed addiction counselors, psychologists, social workers, marriage and family therapists, psychiatric nurses, and unlicensed direct care workers.

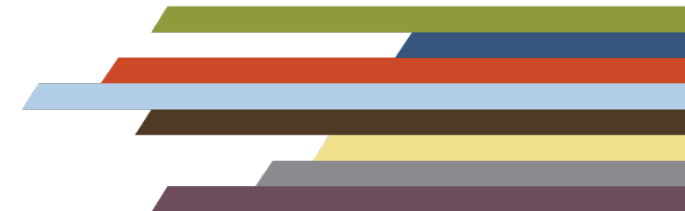


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Behavioral Health Workforce Development

Training and Technical Assistance

Training and technical assistance is available to academic institutions, provider organizations, and schools to

- Attract,
- Recruit,
- Place and Train
- Retain behavioral health providers

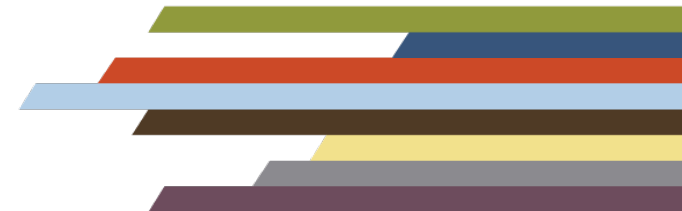


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Behavioral Health Workforce Development

Specialized Training and Technical Assistance Available

- Legislative advocacy
- Ambassador (career development) programs
- Workforce grant writing
- Engagement of behavioral health education/training programs
- Consumer involvement
- Behavioral Health Professional Tracking Program
- Development of promotional materials
- Training in best practices to retain the workforce
- Graduate school recruitment to attract trainees to underserved population practice
- Health professions schools training to attract medical, nursing, and allied health students to MH
- Training in best practices to retain MH professionals in practice

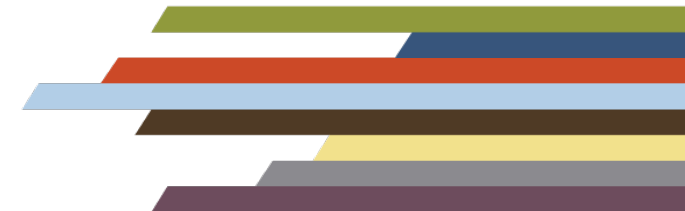


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Behavioral Health Workforce Development

Current Initiatives

- Providing technical support to Kansas Department of Aging and Disability Services to address workforce shortages
- Developing a plan to support Missouri Department of Mental Health in addressing the behavioral health workforce shortage

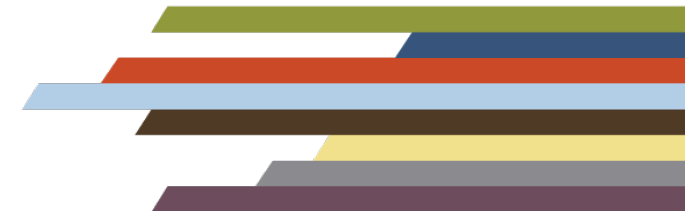


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Serious Mental Illness

- People with serious mental illness experience difficulty in living meaningful inclusive lives
- Evidence based practices exist to address
 - Unemployment
 - Homelessness
 - Marginalization from friends and family
 - Involvement with the criminal justice system
 - Co-occurring substance abuse and medical illness

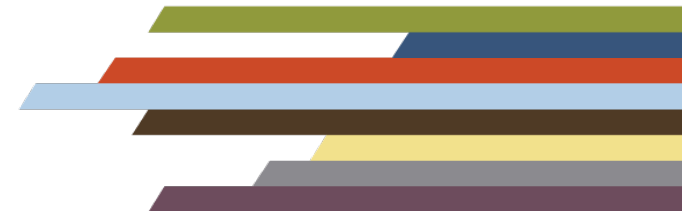


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Serious Mental Illness

Training and Consultation

Training and ongoing consultation in evidence based practices is available for:

- Supported Employment
- Assertive Community Treatment
- Illness Management and Recovery
- Integrated Treatment for Co-occurring Disorders
- Peer Support Services
- Clinical Supervision
- Self-care for the Workforce
- Permanent Supportive Housing
- Development of Independent Living Skills, Coping Skills and Social Skills
- Motivational Interviewing

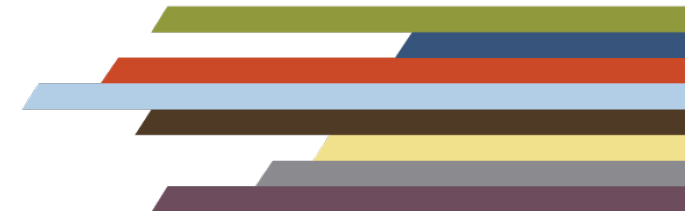


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Serious Mental Illness

Current Initiatives

- Developing a training serious on mental illness for direct staff in skilled nursing homes
- Developing a training on clinical supervision of Peer Support Specialists
- Partnering with Missouri Coalition on Community Behavioral Healthcare on a leadership training for law enforcement leaders on Crisis Intervention Teams
- Planning a series of trainings for the 2019 National Association for Rural Mental Health Conference
- Planning technical assistance to Iowa Division of Mental Health and Disability Services on Peer Support Specialist Training and Recovery Services

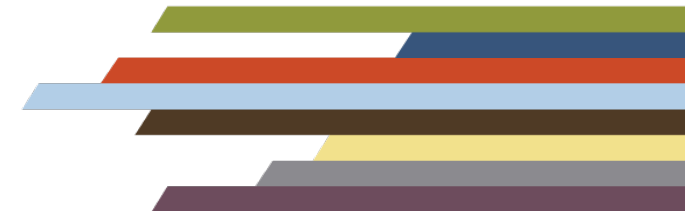


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School Mental Health

- A national priority, designated funds allocated via a \$500,000 supplemental MHTTC grant
- 20% of children/youth have a need for mental health services but only one-third receive help
- Over 75% of mental health disorders begin in childhood
- Training and technical assistance focuses on implementation of comprehensive school mental health programming for school personnel, community practitioners, administrators, and state leaders

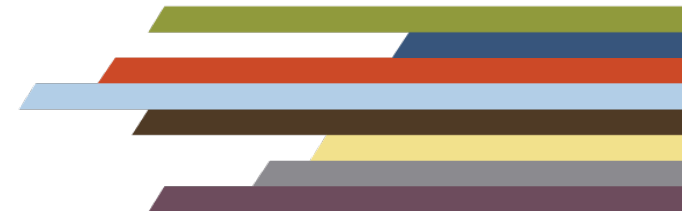


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School Mental Health

Training and Consultation

- Training for personnel from school districts or individual schools
- Needs and resource assessments
- Training on implementation of programming
- Prevention and Intervention
- Financing and sustaining programming
- Training for community providers contracted to provide school services
- Educational law
- Family, School, & Community Partnerships
- Coaching/consultation services

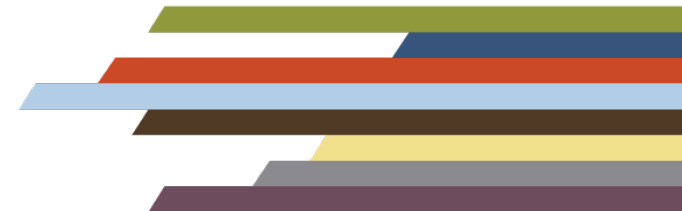


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School Mental Health

Current Initiatives

- National School Mental Health Learning Collaborative in partnership with MHTTC National Coordinating Office
- Regional School Mental Health Learning Community in partnership with the National Center for School Mental Health
- Technical assistance for Millard Public Schools in NE related to implementation of multi-tiered school mental health programming
- Technical assistance for Kansas Behavioral Health Services related to youth mental health promotion/suicide prevention

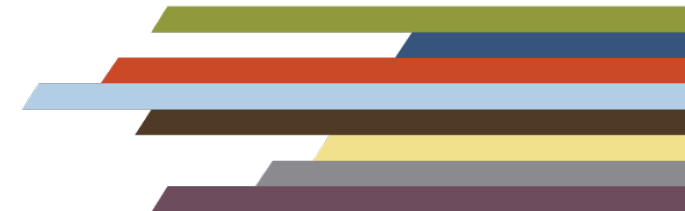


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Requests of training and/or technical assistance can be directed to:

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402-836-9143



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