

## Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

## **Motivational Interviewing for Community Health Professionals Working in Native Communities**

Please join us for our upcoming workshop! Limited to 40—register by June 7, 2019

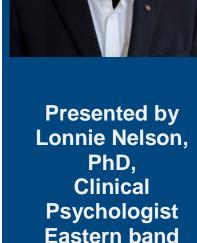
June 10 & 11, 2019 9:00 AM- 5:00 PM University of Alaska Southeast 11066 Glacier Highway, Egan Lecture Hall #112 Juneau AK 99801

## Day 1 9:00 am - 5:00pm

- Intro to the Spirit of Motivational Interviewing (MI)
- Why MI for Native Communities
- Intro to the Tools of MI
- Skill– Building Exercises

Day 2 9:00 am - 5:00pm

- Review & Discussion of Day 1
- Skill-Building Exercises
- Deeper into Change Talk
- Rolling with Resistance
- Avoiding traps
- Real World application





Cherokee

(AniKituwah)

## To register, please go to:

http://bit.ly/MIJuneau

Learn more about the Northwest MHTTC at: www.mhttcnetwork.org/northwest





**UW** Medicine DEPARTMENT OF PSYCHIATRY AND BEHAVIORAL SCIENCES



