



Northwest (HHS Region 10)

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

## 2-day Motivational Interviewing for Community Health Professionals Working in Native Communities

Please join us for our upcoming workshop!

Limited to 40—register by June 7, 2019

June 13 & 14, 2019 (must attend both days in full)

9:00 AM– 5:00 PM

Providence Health & Services Alaska

Providence Cancer Center, Conference room 2285

3851 Piper Street

Anchorage, AK 99508



Presented by  
**Lonnie Nelson,  
PhD,  
Clinical  
Psychologist  
Eastern band  
Cherokee  
(AniKituwah)**

**Day 1** 9:00 am– 5:00pm

- Intro to the Spirit of Motivational Interviewing (MI)
- Why MI for Native Communities
- Intro to the Tools of MI
- Skill– Building Exercises

**Day 2** 9:00 am– 5:00pm

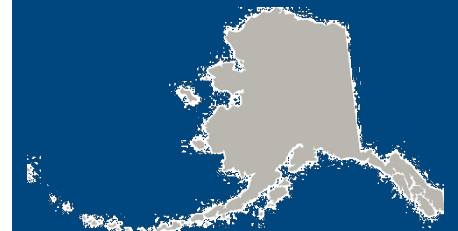
- Review & Discussion of Day 1
- Skill-Building Exercises
- Deeper into Change Talk
- Rolling with Resistance
- Avoiding traps
- Real World application

To register, please go to:

<http://bit.ly/MIAnchorage>

Learn more about the Northwest MHTTC at:

[www.mhttcnetwork.org/northwest](http://www.mhttcnetwork.org/northwest)



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