



School Mental Health Development Webinars—Summer 2019

Intro to Social Emotional Learning (SEL): Creating a Safe Classroom

This webinar is an introduction to the what, why and how of implementing evidence-based social emotional learning (SEL). Attendees will gain a foundational understanding of SEL and develop practices to create a safe and caring classroom.

Monday, July 15, 2019 9:00 to 10:00 am ET

Erin Bruno, MA

Coordinator, Social Decision Making, Rutgers University

REGISTER: <http://bit.ly/2ZoyTSw>

SEL: Creating the Resilient Classroom

This webinar focuses on the competencies and skills of Social Emotional Learning and discusses the practical application of these skills to building student resilience.

Wednesday, August 7, 2019 9:00 to 10:00 am ET

Erin Bruno, MA

Coordinator, Social Decision Making, Rutgers University

REGISTER: <http://bit.ly/2WIbHLF>

Cultivating Resilience

Research has shown that resilience is ordinary, not extraordinary. It is the process of adapting well in the face of adversity, trauma, tragedy, threats, or significant sources of stress. This webinar will review resiliency factors and present strategies for enhancing personal resilience.

Monday, July 29, 2019 9:00 to 10:00 am ET

Karen McGrellis, LPC, CTTS, DRCC, ACS, MPA

Sr. Training Specialist, System of Care, Rutgers University

REGISTER: <http://bit.ly/2KO2iI0>

Youth Suicide: Early Detection of Warning Signs and Identifying Risk Factors

Suicide is a complex and intimidating topic. This webinar focuses on suicide prevention, informing participants of recent trends in youth suicide and the potential “red flags” at various age and grade levels. Resources to support youth will be provided.

Wednesday, August 14, 2019 9:00 to 10:00 am ET

Maureen A. Brogan, LPC, ACS

Traumatic Loss Coalition Program Manager, Rutgers University

REGISTER: <http://bit.ly/2wOzbVV>

You will receive an email prior to access the webinar.

Summer 2019 In-Person Trainings (TBA)

Sign up to receive information about these upcoming in-person trainings:

<http://bit.ly/2F7vhwa>

Trauma Informed Resilient Schools

Youth Mental Health First Aid

QPR (Question, Persuade, Refer) Suicide Prevention Training



Phone: 908.889.2552 **Email:** northeastcaribbean@mhttcnetwork.org

Check our website for more School Mental Health events: <https://mhttcnetwork.org/centers/northeast-caribbean-mhttc>