



Southeast (HHS Region 4)

**MHTTC**

**Mental Health Technology Transfer Center Network**

Funded by Substance Abuse and Mental Health Services Administration

## Southeast Mental Health State Fact Sheet: Alabama

**State Mental Health Agency:** Alabama Department of Mental Health (ADMH)

### State Mental Health System

ADMH's goal is to serve, empower and offer support to Alabama citizens by:

- Promoting overall health and well-being of Alabamians
- Working with 19 community mental health centers (CMHCs) to provide services
- Serving more than 200,000 citizens with mental illness, intellectual disabilities and substance use disorders

### Key Alabama Initiatives

- [NOVA Program](#)
- [School-Based Mental Health \(SBMH\) Collaboration](#)
- [First Episode of Psychosis \(FEP\) Program](#)
- [Stepping Up](#)
- [Substance Abuse Treatment Services](#)

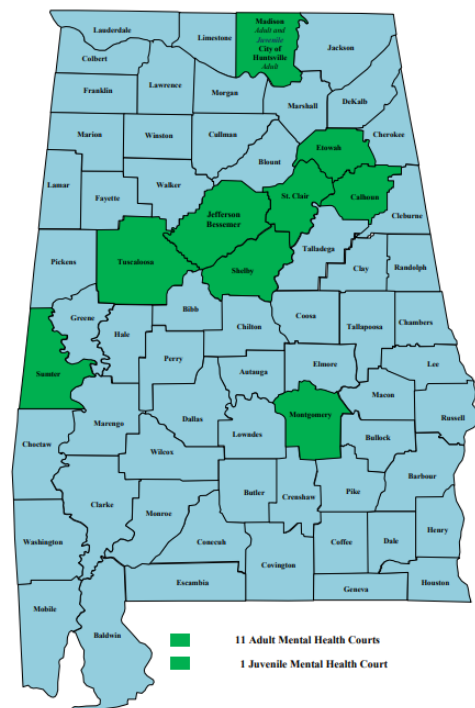
### Training Opportunities in Alabama

- DMH provides online trainings on mental illness and substance use for community providers, employees, and the public
- DMH also offers mental health first aid and peer specialist trainings and certifications
- Office of Deaf Services partners with ADMH to host an annual mental health interpreter institute to train individuals to provide services to deaf citizens in Alabama

### Alabama Mental Health Demographics

<b>Total Population</b>	4.9 million
<b>Black or African American</b>	27.4%
<b>Hispanic or Latino</b>	4.1%
<b>Rural</b>	41%
<b>Living below the Federal Poverty Level</b>	18%
<b>Percent with any mental illness</b>	18.5%
<b>Percent with serious mental illness</b>	4.2%
<b>Individuals served by ADMH per year</b>	94.5 thousand

Data sources: US Census Bureau, National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration





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## References and Resources

Alabama DMH Website: <https://mh.alabama.gov/>

[National Survey on Drug Use and Health Data Summary](#): National Survey on Drug Use and Health. 2015-2016 *National Survey on Drug Use and Health: Model-Based Prevalence Estimates (50 States and the District of Columbia)*. 2016.

Nguyen T, Hellebuyck M, Halpern M, Fritze D. [The State of Mental Health in America 2018](#). Alexandria, VA: Mental Health America; 2017.

[SAMHSA Report](#): Substance Abuse and Mental Health Services Administration. *Funding and Characteristics of Single State Agencies for Substance Abuse Services and State Mental Health Agencies, 2015*. Rockville, MD; 2017.