



Southeast (HHS Region 4)

MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Southeast Mental Health State Fact Sheet: Kentucky

State Mental Health Agency: Department for Behavioral Health, Developmental and Intellectual Disabilities (DBHDID)

State Mental Health System

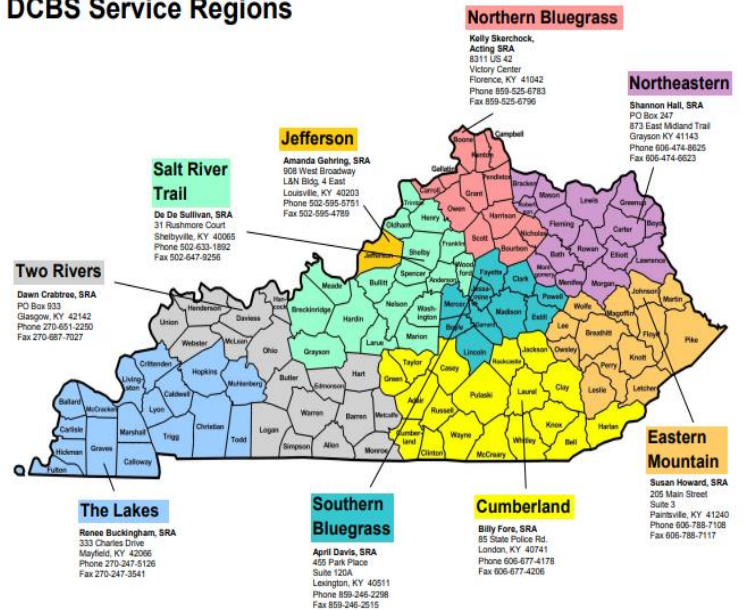
DBHDID is:

- Comprised of three branches: Clinical Services, Community Support, and Supports for Community Living Waiver
- Working to build resilience and facilitate recovery for people whose lives have been affected by mental illness, intellectual/developmental disabilities, or substance abuse

Key Kentucky Initiatives

- [Suicide Prevention](#)
- [Crisis Stabilization Programs](#)
- [Crisis Intervention Teams](#)
- [Peer Specialist](#)
- [Olmstead Housing](#)
- [SSI/SSDI Outreach, Access and Recovery \(SOAR\) Program](#)

DCBS Service Regions



Map Source:

<https://chfs.ky.gov/agencies/dcbs/dsr/Documents/sraregionalmap.pdf>

Training Opportunities in Kentucky

- DBHDID offers training for peer support specialists to help Kentucky residents in their mental health recovery
- DBHDID also offers online training for educators and parents on Youth Suicide Awareness and Prevention

Kentucky Mental Health Demographics

Total Population	4.5 million
Black or African American	9.3%
Hispanic or Latino	3.4%
Rural	41.6%
Living below the Federal Poverty Level	18.3%
Percent with any mental illness	22.1%
Percent with serious mental illness	5.3%
Individuals served by DBHDID per year	158.1 thousand

Data sources: US Census Bureau, National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration



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References and Resources

Kentucky DBHDID Website: <http://dbhdid.ky.gov/kdbhdid/>

[SAMHSA Report](#): Substance Abuse and Mental Health Services Administration. *Funding and Characteristics of Single State Agencies for Substance Abuse Services and State Mental Health Agencies, 2015*. Rockville, MD; 2017.

[National Survey on Drug Use and Health Data Summary](#): National Survey on Drug Use and Health. *2015-2016 National Survey on Drug Use and Health: Model-Based Prevalence Estimates (50 States and the District of Columbia)*. 2016.

Nguyen T, Hellebuyck M, Halpern M, Fritze D. [The State of Mental Health in America 2018](#). Alexandria, VA: Mental Health America; 2017.