## Southeast Mental Health State Fact Sheet: Mississippi

State Mental Health Agency: Mississippi Department of Mental Health (DMH)

#### State Mental Health System

The public mental health service delivery system includes:

- 14 regional community mental health/intellectual and developmental disabilities centers (IDD)
  - Operate under the supervision of regional commissions
  - Provide a range of community-based mental health, substance abuse, and in some regions, IDD services
- 5 state-operated in-patient programs for adults with serious mental illness and a state-operated program for youth who require specialized treatment
- Other nonprofit community agencies are certified and receive funding through DMH

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Map source: MS DMH Website

#### Key Mississippi Initiatives

- Mobile Crisis Response Teams (MCeRTs) in each of the 14 Community Mental Health Centers (CMHCs)
- Programs of Assertive Community Treatment Teams (PACT) in 8 CMHCs
- <u>Certified Peer Support Specialist (CPSS) Trainings</u>
- <u>Peer Bridger Pilot Project</u> works to improve the transition process from inpatient care to a community based level of care
- In 2017, DMH and the Suicide Prevention Workgroup released the state's first comprehensive suicide prevention plan

#### Training Opportunities in Mississippi

- DMH and local CMHCs provide Mental Health First Aid training to community leaders and law enforcement
- Through the Second Chance Act Reentry Program, DMH and Department of Corrections (DOC) provide trainings to their staff to help reduce substance use and mental health disorders among offenders
- DMH hosts an annual Suicide Prevention Symposium

### Mississippi Mental Health Demographics

Total Population	3 million
Black or African American	38.3%
Hispanic or Latino	3%
Rural	50.7%
Living below the Federal Poverty Level	21.5%



#### References and Resources

DMH Website: <a href="http://www.dmh.ms.gov/">http://www.dmh.ms.gov/</a>

<u>SAMHSA Report:</u> Substance Abuse and Mental Health Services Administration. *Funding and Characteristics of Single State Agencies for Substance Abuse Services and State Mental Health Agencies, 2015.* Rockville, MD; 2017.

<u>National Survey on Drug Use and Health Data Summary</u>: National Survey on Drug Use and Health. 2015-2016 National Survey on Drug Use and Health: Model-Based Prevalence Estimates (50 States and the District of Columbia). 2016.

Progress Update - <a href="http://www.dmh.ms.gov/wp-content/uploads/2018/09/Progress-Update-on-Mississippis-Public-Mental-Health-System-9.1.18.pdf">http://www.dmh.ms.gov/wp-content/uploads/2018/09/Progress-Update-on-Mississippis-Public-Mental-Health-System-9.1.18.pdf</a>

DMH Strategic Plan FY 19 - FY 21 - http://www.dmh.ms.gov/fy19-fy21-dmh-strategic-plan-final/

DMH Suicide Prevention Plan - <a href="http://www.dmh.ms.gov/wp-content/uploads/2016/09/Suicide-Prevention-Plan-Final-1.pdf">http://www.dmh.ms.gov/wp-content/uploads/2016/09/Suicide-Prevention-Plan-Final-1.pdf</a>