



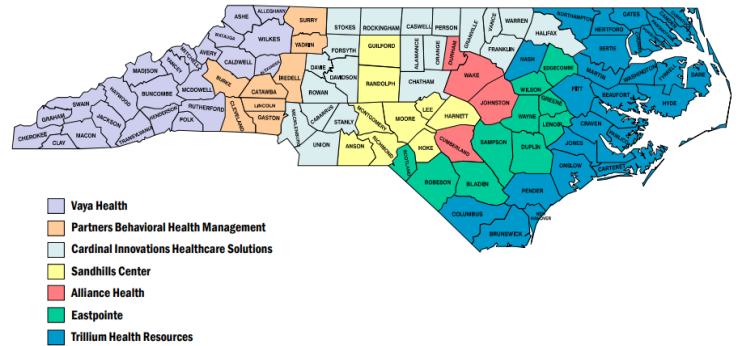
## Southeast Mental Health State Fact Sheet: North Carolina

**State Mental Health Agency:** Department of Health and Human (NCDHHS)

### State Mental Health System

NCDHHS and the Division of Mental Health, Developmental Disabilities and Substance Abuse Services (DMH/DD/SAS):

- Works to provide community- based services
- Provides quality support for individuals with intellectual and developmental disabilities
- Promotes treatment and recovery for individuals with mental illness and substance use disorders



Map Source: <https://files.nc.gov/ncdhhs/LME-MCO-County-Mapv1.pdf>

### Key North Carolina Initiatives

- [Critical Time Intervention Program](#)
- [Crisis Services](#)
- [Crisis Counseling Assistance and Training Program \(CCP\)](#)
- [NC Start](#)
- [Adult Mental Health Services](#)

### Training Opportunities in North Carolina

- The Center for Excellence in Community Mental Health provides training and technical assistance for Division of Mental Health, medical directors and mental health professionals
- Institute for Best Practices provides training and technical assistance to the State, providers, community and several states

### North Carolina Mental Health Demographics

<b>Total Population</b>	10.3 Million
<b>Black or African American</b>	22.9%
<b>Hispanic or Latino</b>	9.1%
<b>Rural</b>	33.9%
<b>Living below the Federal Poverty Level</b>	16.1%
<b>Percent with any mental illness</b>	19%
<b>Percent with serious mental illness</b>	4.7%
<b>Individuals served by per year</b>	219.4 thousand

Data sources: US Census Bureau, National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration



Southeast (HHS Region 4)

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

## References and Resources

NCDHHS Website: <https://www.ncdhhs.gov/divisions/mhddsas>

[SAMHSA Report](#): Substance Abuse and Mental Health Services Administration. *Funding and Characteristics of Single State Agencies for Substance Abuse Services and State Mental Health Agencies, 2015*. Rockville, MD; 2017.

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