



Southeast (HHS Region 4)

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

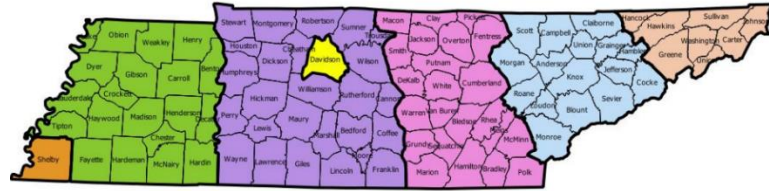
Southeast Mental Health State Fact Sheet: Tennessee

State Mental Health Agency: Department of Mental Health and Substance Abuse Services (DMHSAS)

State Mental Health System

DMHSAS works with council members in all seven regions and contracts community-based providers to:

- Provide statewide mobile crisis services to individuals of all ages
- Provide recovery support services for Tennesseans with mental illness and substance abuse issues



Region 1 Region 3 Region 5 Region 7
 Region 2 Region 4 Region 6

Key Tennessee Initiatives

- [Regional Intervention Program \(RIP\)](#)
- [First Episode Psychosis Initiative \(FEPI\)](#)
- [Tennessee Healthy Transitions Initiative \(HT\)](#)
- [Project for Assistance in Transition from Homelessness \(PATH\)](#)
- [Peer Wellness Initiative](#)

Training Opportunities in Tennessee

- DMHSAS provides online and in-person trainings on crisis services and suicide prevention
- The Tennessee Association of Mental Health Organizations partners with DMHSAS to offer trainings on topics including co-occurring disorders and behavioral health and disaster preparedness
- DMHSAS contracts with the Tennessee Mental Health Consumers' Association to provide training and certification for peer specialists

Tennessee Mental Health Demographics

Total Population	6.7 million
Black or African American	17.8%
Hispanic or Latino	5.2%
Rural	33.6%
Living below the Federal Poverty Level	16.7%
Percent with any mental illness	19.6%
Percent with serious mental illness	5.0%
Individuals served by DMHSAS per year	249.3 thousand

Data sources: US Census Bureau, National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration



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References and Resources

DMHSAS Website: <https://www.tn.gov/content/tn/behavioral-health.html>

DMHSAS Joint Annual Report:

<https://www.tn.gov/content/dam/tn/mentalhealth/documents/planning/JAR%20FY%202018%20-%20FINAL.pdf>

[SAMHSA Report](#): Substance Abuse and Mental Health Services Administration. *Funding and Characteristics of Single State Agencies for Substance Abuse Services and State Mental Health Agencies, 2015*. Rockville, MD; 2017.

[National Survey on Drug Use and Health Data Summary](#): National Survey on Drug Use and Health. *2015-2016 National Survey on Drug Use and Health: Model-Based Prevalence Estimates (50 States and the District of Columbia)*. 2016.

Nguyen T, Hellebuyck M, Halpern M, Fritze D. [The State of Mental Health in America 2018](#). Alexandria, VA: Mental Health America; 2017.