



Northwest (HHS Region 10)

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

Proudly serving Alaska, Idaho, Oregon, and Washington

YEAR 1 REVIEW 2018-19



695

Professionals Trained



94%

Highly Satisfied with quality



85%

Applied learning to their work



28

Events Held



574

Newsletter Subscribers



Core Training & TA Topics

Integrated Care Peer Support School Mental Health

National Area of Focus

Evidence-based practices for psychosis including CBT for psychosis (CBTp) and assertive community treatment (ACT)



Professionals trained from settings including: Community Outpatient, Health Center, Tribal Health, Hospital or Clinic, Private Practice, Government, School-based services, Corrections and Military

HealthKnowledge.org



BUILDING THE FOUNDATION

Violence Risk Assessment and Management

The Psychiatrist's Guide to Population Management of Diabetes

CBT for Psychosis e-primer

We produced 3 high-quality online courses on EBP topics

designed to 1) increase knowledge and skills, 2) provide free access to training on Evidence-based practices and 3) support targeted TA and planned intensive Implementation projects.

HIGHLIGHTS FROM OUR FIRST YEAR

GOALS & OUTCOMES



Ensure availability & delivery of free, publicly available training and TA

- 3 Research & practice briefs
- Newsletters
- Resource library
- Foundations for Intensive TA



Heighten awareness, knowledge, and skills of the workforce

- Motivational Interviewing in Indigenous Communities
- 7 Live and recorded webinars
- Suicide Prevention outreach
- 6 Adult & Youth Peer Communities of Practice



Accelerate adoption and implementation of mental health-related EBPs

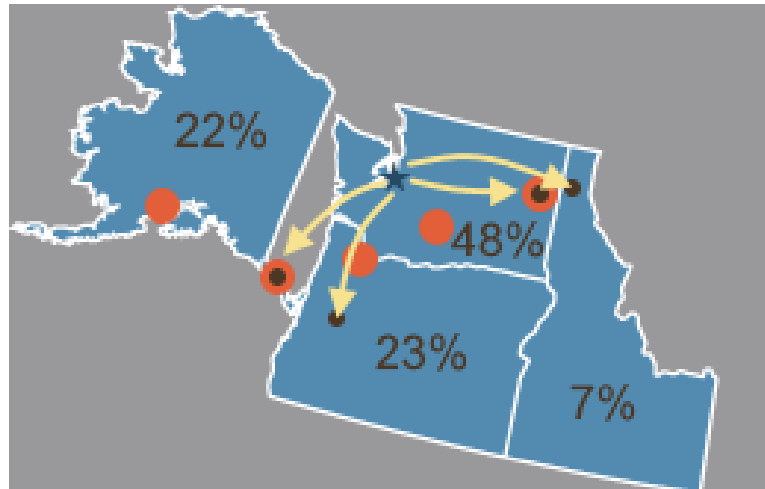
- 3 Online Courses created
- ECHO, ACT, CBTp & Integrated Care
- Enhanced Evaluations
- Member of TTC Work Groups



Foster alliances and address training needs among diverse partners

- Advisory Board Meetings
- Needs Assessments
- In-person Networking
- Local & National Conferences

REACH AND VISIBILITY



- ★ Center location
- Visits
- Trainings
- % Needs Assessments by State

REGIONAL CONNECTIONS & BEYOND

Our engaged and active Advisory Board has representatives from our entire region and meets quarterly.

The annual in-person strategic review makes implementation of our work plan relevant & successful.



We are excited to expand collaboration with other TTCs and new community partners to further assess TA needs, expand our offerings and target Year 2 training.

YEAR 2 NEXT STEPS

- Targeted & Intensive Implementation projects
- Promote culturally-relevant topics
- Additional online course development
- Regional & National visibility and training efforts



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