

The Great Lakes Addiction, Mental Health, and Prevention Technology Transfer Centers are funded by SAMHSA to support the behavioral health workforce in HHS Region 5: IL, IN, MI, MN, OH, and WI.

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Cultural Competence Trainings

The Great Lakes ATTC, MHTTC, and PTTC are pleased to offer the following trainings focused on building skills and understanding in working with diverse populations. All options are available for full-day or half-day trainings.

Culture: An Integral Part of Mental Health Services for Hispanics and Latinos is a training developed by the National Hispanic and Latino Mental Health Technology Transfer Center. The goal of this training is to increase awareness and enhance the abilities of providers in their use of cultural elements by promoting cultural formulations when treating Hispanics and Latinos with mental health disorders.

Clinical Applications of Cultural Elements for Hispanic and Latino Populations with Mental Health Disorders is a training developed by the National Hispanic and Latino Mental Health Technology Transfer Center. The goal of this training is to increase knowledge and application of culturally informed therapeutic strategies to effectively engage Hispanic and Latino clients in mental health treatment

Worldview Dynamics: The intersection of Culture, Faith, History, and Mental Health: When we look at integrated systems of learned behavior, the philosophical maps of how we view reality, and the history that brought us to this moment, we then may be able to recognize why we are the way we are and what shaped us. This training will take you on a journey that will explain the dynamics and intersections of culture, faith, history, and mental health as we consider our worldview, the worldview of others, and how they were shaped. Effective cross-cultural communication requires an interdisciplinary approach that includes as anthropology, cultural studies, history, psychology, religion, and communications, among others. With a more precise understanding of these global dynamics, we are equipped to develop practical strategies that will help us attract and serve diverse communities.





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Alfredo Cerrato has 25 years of international relations experience and specializes in cross-cultural communications, conflict resolution, and process improvement. He has conducted advocacy, policy, and disaster relief work in Northern Ireland, Honduras, Peru, Brazil, Japan, Sri Lanka, and other locations across the globe. He is a nationally-certified trainer for the program, *Culture: An Integral Part of Mental Health Services for Hispanic and Latino Populations*, developed by the National Hispanic and Latino MHTTC. Alfredo leads intensive technical assistance projects for the Great Lakes ATTC, MHTTC, and PTTC, with a focus on projects working with Hmong, Hispanic and Latino, and Native American communities. He has also developed and leads the NIATx Cultural Competency Change Leader Academy, which focuses on cultural competency change projects.

This work is supported by the following grants from SAMHSA:

Great Lakes ATTC: IH79T1080207-03

Great Lakes MHTTC: IH79SM-081733-01

Great Lakes PTTC: IH79SP081002-01

Cultural Competence Trainings, *continued*

Quality Improvement the NIATx Way: Change Leader Academy (CLA): A half-day or full-day face-to-face workshop followed by three to six months of peer networking and support from a NIATx coach. The CLA trains change leaders in the NIATx model of process improvement: a structured, team-based approach to change management for organizations large and small. The CLA is designed for anyone interested in leading change or improving service delivery in their organization (senior leaders, managers, supervisors, and front-line staff from behavioral healthcare, recovery services, criminal justice, and social services). The CLA provides both beginners and those with some experience in process improvement with the tools to lead change projects and teams within their organization.

Quality Improvement the NIATx Way: Cultural Competency Change Leader Academy (CCCLA): A full-day face-to-face workshop followed by three to six months of peer networking and support from a NIATx coach with a specific focus on The National Standards for Culturally and Linguistically Appropriate Services (CLAS standards) and cultural competency change projects. The CCCLA is designed for anyone interested in leading cultural change projects or enhancing service delivery in their organization (e.g., senior leaders, managers, supervisors, and front-line staff from behavioral healthcare, recovery services, criminal justice, and social services). The CCCLA provides both beginners and those with some experience in process improvement, cultural adaptation, and cultural application with the tools to lead change projects and teams within their organization.

Culture: An Integral Part of Mental Health Services for Hmong Populations was developed by the Great Lakes Addiction Technology Transfer Center in collaboration with the National Hispanic and Latino Mental Health Technology Transfer Center. The goal of this training is to increase awareness and enhance the abilities of providers in their use of cultural elements by promoting cultural formulations when treating Hmong populations with addiction mental health disorders.