



Southeast (HHS Region 4)

MHTTC

Mental Health Technology Transfer Center Network  
Funded by Substance Abuse and Mental Health Services Administration

## Year One in Review

### The Southeast Mental Health Technology Transfer Center

The Southeast Mental Health Technology Transfer Center (Southeast MHTTC), located in Atlanta, GA is proud to serve the eight states in HHS Region IV: Alabama, Florida, Georgia, Kentucky, Mississippi, North Carolina, South Carolina, and Tennessee. Our mission is to promote the implementation and sustainability of evidence-based mental health services in the Southeastern United States. Our vision is widespread access to evidence-based mental health services for those in need.

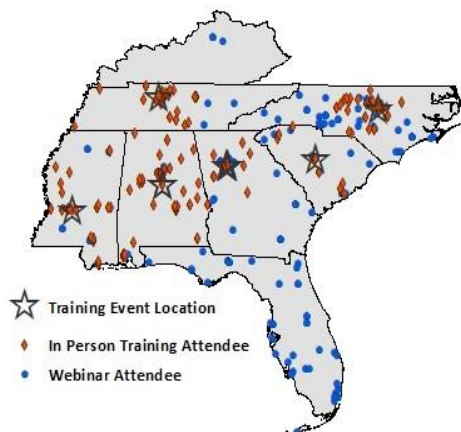
### Area of Focus: Public Mental Health

The Southeast MHTTC uses a public health framework to develop leadership capacity and train providers with the goal of improving care for individuals with mental health conditions throughout Region IV, comprising 8 southeastern states.



### Regional Needs Assessment

In its first year, the Southeast MHTTC conducted a region-wide needs assessment to better understand the landscape of public mental health in the southeast. We focused on examining the demographic, clinical, and mental health system characteristics of the region; available mental health-related trainings and resources; and states' mental health priorities, strengths, and needs. A final version of the needs assessment report can be found [here](#).



### Year One Activity Highlights

During its first year, the Southeast MHTTC held 13 events for 605 participants: 3 meetings, 8 in-person trainings, and 2 webinars. Event participants included counselors, social workers, recovery specialists, and mental health professionals representing government, state or local health departments, community or faith-based organizations, recovery support programs, and community health centers from the eight Region IV states.



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### School-based Mental Health Supplement

Our Southeastern Regional Learning Community (RLC) was formed in March 2019. Our RLC includes forty-five leaders on six teams from Alabama, Georgia, Mississippi, Kentucky, South Carolina, and North Carolina. The Southeast MHTTC delivered four one-hour virtual learning sessions (attended live by a total of 106 participants), facilitated seven coaching calls (attended by a 34 participants), and began the process of planning in-person site visits for all six teams. We began an expansive policy review, and developed and disseminated content related to school mental health financing and Medicaid.

### Products and Resources

The Southeast MHTTC has developed and disseminated print resources and products related to these key mental health [topics](#):

- Mental Health Disaster Response
- Fact sheets on the public mental health system in each Region IV state
- Medicaid Reimbursement for School Mental Health Services
- School-based state legislation in the Southeast
- State policy and school-based mental health in the Southeast
- Two issues of the Southeast MHTTC regional newsletter
- The Southeast MHTTC Needs Assessment Report

### Our Boards

In 2019, the Southeast MHTTC assembled two professional boards to inform its activities: a regional advisory board and an expert scientific board. The Southeast MHTTC Advisory Board is comprised of representatives from key mental health agencies and organizations in each of the Region IV states. The Southeast MHTTC Expert Scientific Board is made up of researchers, clinicians, and professionals from across the country who contribute their expertise to the planning of Southeast MHTTC activities, and who serve as technical assistance consultants and distance learning subject matter experts.

### Our Workgroups

The Southeast MHTTC is currently serving on four national workgroups within the MHTTC Network: The Cultural Responsiveness Workgroup, The Implementation and Sustainability Workgroup and the Workforce Workgroup, and the First Episode Workgroup.

### Connect with the Southeast MHTTC:



Southeast MHTTC @ SE\_MHTTC



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Visit our website at <http://mhttcnetwork.org/southeast>