



Southeast (HHS Region 4)

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration



## Elevating Language Through COVID-19 Part Two: Creating the Elevating Message

Wednesday, May 27, 2020  
2:00 - 3:30 PM ET

Presented by Roslind Hayes & Chris Johnson

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### Description

The emergence of mental health as a talking point in media reports and conversations around COVID-19 has demonstrated how language can be a barrier to wellness and recovery. “Elevating Language through COVID-19” provides a 360-degree view of the language of behavioral health. In the training, we take a peer-centered look at how language is used by others to describe us, how we use language to describe ourselves, and how language can increase or decrease stigma and access to quality mental health recovery and wellness supports. In “Part Two: Creating the Elevating Message,” participants will develop a two-minute message of behavioral health hope and possibility to use when advocating for behavioral health supports and services. By the end of the webinar, participants will be able to:

- Deliver a mental health recovery advocacy message
- Adapt a mental health recovery advocacy message to diverse audiences
- Use strengths-based language to share their lived experience
- Decrease behavioral health stigma
- Promote mental health recovery supports through COVID-19

### About the Presenters

**Roslind D. Hayes**, BS, CPS-AD, CARES, WHWC has been an employee of the Georgia Mental Health Consumer Network since 2010. Her current position is that of Statewide Coordinator of the Peer Support, Wellness, and Respite Centers. She supports GMHCN as a trainer/facilitator, including Certified Peer Specialist, Peer Zone, and Intentional Peer Support. **Chris Johnson**, MFA, CPS, CPS-AD is the Director of Communications for the Georgia Mental Health Consumer Network, where he is responsible for disseminating information about recovery and wellness opportunities to behavioral health peers and providers across the state. Since joining GMHCN, Chris has overseen the expansion of the outreach and impact of GMHCN at the local, state, and national level.

