

How to Engage Your Team

TIER 1 STRATEGIES: PROVIDING TO ALL

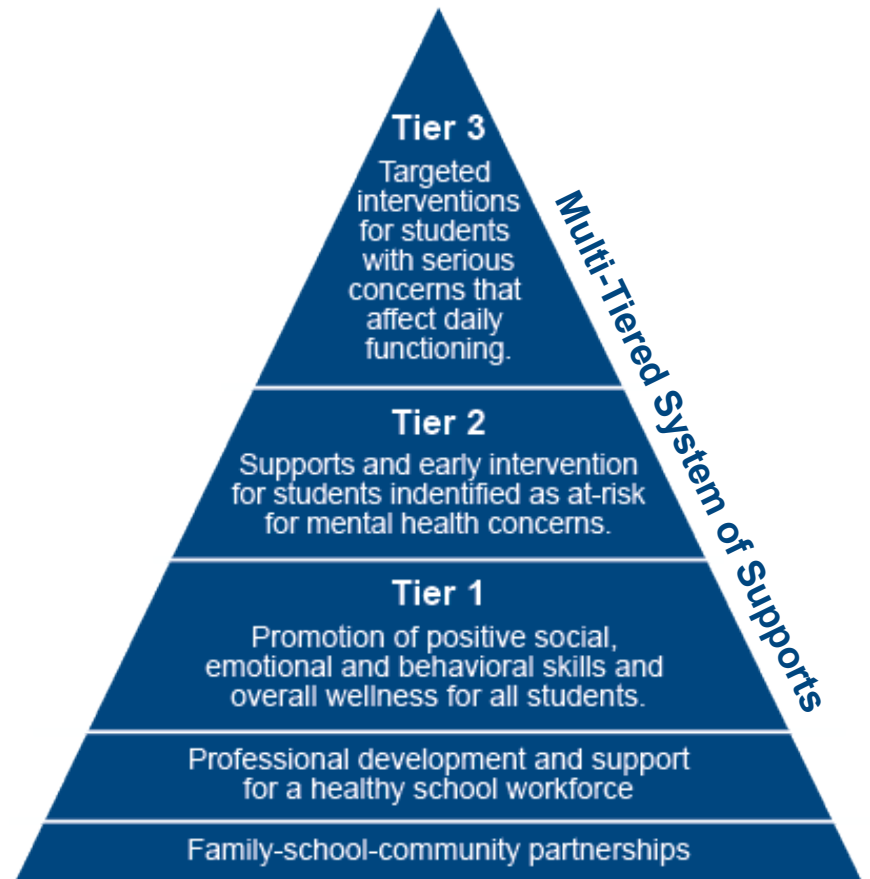
- Create and send out a wellness-focused newsletter to school, staff, and families
- Integrate a social and emotional (SEL) curriculum into online classes
 - Videos that are free to educators: [Closegap](#); [EVERFI](#); [PATHS](#); [RethinkEd](#)
 - [WeDoListen.org](#): Lessons, books, videos on social/emotional skills
 - [Free tolerance film kits for teachers \(Teaching Tolerance\)](#)
 - Colorado school psychologist Adam Parker: [SEL Stories and Songs for Children](#)
- Hold office hours for school staff: [MHTTC Tools for Educators During a Public Health Crisis](#)

TIER 2 STRATEGIES: PROVIDING TO SOME

- Offer groups via telehealth to aid in maintaining social relationships and coping
- Maintain routines established in in-person therapy when appropriate
- Adapt the structure of interventions to the current setting
- Utilize web-platform interactive features (e.g., breakout rooms, polls, etc.)
- Outline expectations for confidentiality

TIER 3 STRATEGIES: PROVIDING TO INDIVIDUAL

- Consider National Association of School Psychologists (NASP) guidelines for service provision
 - [Virtual Service Delivery in Response to COVID-19 Disruptions \(NASP\)](#)



TELEHEALTH TOOLBOX

• for school personnel •



Mid-America (HHS Region 7)

MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration



Building Telehealth
CAPACITY