



**Free virtual training from the  
National Hispanic and Latino  
Mental Health Technology  
Transfer Center**

**Wednesday, October 14, 2020**

**1:00-3:00 pm EDT**



**Trainer:**

**Michelle Evans, DSW, LCSW,  
CADC**

**Registration:**

<https://bit.ly/3mXxIG5>



**Clinical Applications of Cultural Elements in Treating Hispanics and Latinos with Mental Health Disorders. MODULE 3: Considering Culture in the Diagnosis of Mental Health Disorders in Hispanic and Latino Populations**

This training was prepared by the National Hispanic and Latino Mental Health Technology Transfer Center. The goal of this training is to increase the awareness and abilities of mental health care providers in their use of cultural elements by promoting the use of culturally appropriate formulations when treating Latinx presenting with psychological and mental health disorders. The information is informed by current research findings on the impact of cultural factors on the assessment and treatment of mental health disorders and on the therapeutic relationship.

**Module Goal:** This module will provide training on integrating Latino cultural factors into the assessment, evaluation, and diagnosis of emotional, psychological, and mental disorders.

**Module Objective:**

- Participants will describe and discuss key cultural concepts central to understanding Latino grief, expressions of distress, and appropriate responses to treatment;
- Participants will be able to identify, describe, and apply culturally informed diagnostic and treatment approaches to mental and substance use disorders with Hispanic and Latino clients
- Participants will demonstrate an ability to conceptualize and create a basic culturally informed treatment plan.

**Who should attend?** This is an intermediate level workshop designed for mental health providers including psychologists, clinical social workers, mental health counselors, and graduate level students in the mental health field.

**About the presenter:** Dr. Michelle Evans is a Licensed Clinical Social Worker, Certified Alcohol and Drug Counselor, and Licensed Sex Offender Treatment Provider with experience in individual and family counseling and in developing therapeutic groups. She has worked primarily with the Latino population throughout her career as a bilingual and bicultural social worker. She is currently the Hospital Administrator for Elgin Mental Health Center in Elgin, Illinois. She is in private practice at Nickerson & Associates, PC as a bilingual therapist where she treats adults and adolescents with mental health issues, substance abuse issues and sex addictions. She also teaches on these topics at Aurora University and University of Chicago.