



Free virtual training from the
National Hispanic and Latino
Mental Health Technology
Transfer Center

Wednesday, October 21, 2020

1:00-2:30 pm EDT



Trainer:

Michelle Evans, DSW, LCSW,
CADC

Registration:

<https://bit.ly/2EGsZY2>



Clinical Applications of Cultural Elements in Treating Hispanics and Latinos with Mental Health Disorders. MODULE 4: Developing Culturally Centered Interventions

This training was prepared by the National Hispanic and Latino Mental Health Technology Transfer Center. The goal of this training is to increase the awareness and abilities of mental health care providers in their use of cultural elements by promoting the use of culturally appropriate formulations when treating Latinx presenting with psychological and mental health disorders. The information is informed by current research findings on the impact of cultural factors on the assessment and treatment of mental health disorders and on the therapeutic relationship.

Module Goal: This module will provide training on the integration of culturally centered interventions in mental health and substance use treatment.

Module Objectives:

- Participants will be able to apply culturally centered interventions when working with Hispanic and Latino individuals;
- Participants will be able to discuss the eight areas of culturally centered interventions, and will be able to identify specific elements of the Hispanic and Latino population which may need special attention;
- Participants will be able to demonstrate use of the eight culturally centered intervention modifications.

Who should attend? This is an intermediate level workshop designed for mental health providers including psychologists, clinical social workers, mental health counselors, and graduate level students in the mental health field.

About the presenter: Dr. Michelle Evans is a Licensed Clinical Social Worker, Certified Alcohol and Drug Counselor, and Licensed Sex Offender Treatment Provider with experience in individual and family counseling and in developing therapeutic groups. She has worked primarily with the Latino population throughout her career as a bilingual and bicultural social worker. She is currently the Hospital Administrator for Elgin Mental Health Center in Elgin, Illinois. She is in private practice at Nickerson & Associates, PC as a bilingual therapist where she treats adults and adolescents with mental health issues, substance abuse issues and sex addictions. She also teaches on these topics at Aurora University and University of Chicago.