



**Free virtual training from the  
National Hispanic and Latino  
Mental Health Technology  
Transfer Center**

**Wednesday, October 28, 2020**

**1:00-3:00 pm EDT**



**Trainer:**

**Michelle Evans, DSW, LCSW,  
CADC**

**Registration:**

<https://bit.ly/3idniyD>



**Clinical Applications of Cultural Elements in Treating Hispanics and Latinos with Mental Health Disorders. MODULE 5: Engaging and Treating the Hispanic and Latino Client**

This training was prepared by the National Hispanic and Latino Mental Health Technology Transfer Center. The goal of this training is to increase the awareness and abilities of mental health care providers in their use of cultural elements by promoting the use of culturally appropriate formulations when treating Latinx presenting with psychological and mental health disorders. The information is informed by current research findings on the impact of cultural factors on the assessment and treatment of mental health disorders and on the therapeutic relationship.

**Module Goal:** This module will provide training on best practices in the engagement and treatment phase of mental health treatment with the Hispanic and Latino client.

**Module Objectives:**

- Participants will be able to identify three cultural elements that inform mental health assessment and treatment interventions with Hispanic and Latino individuals;
- Participants will be able to list and discuss at least two specific evidence-based interventions and techniques in Latino mental health
- Participants will be able to demonstrate two culturally informed assessment and treatment techniques shown to be effective with Latino clients.

**Who should attend?** This is an intermediate level workshop designed for mental health providers including psychologists, clinical social workers, mental health counselors, and graduate level students in the mental health field

**About the presenter:** Dr. Michelle Evans is a Licensed Clinical Social Worker, Certified Alcohol and Drug Counselor, and Licensed Sex Offender Treatment Provider with experience in individual and family counseling and in developing therapeutic groups. She has worked primarily with the Latino population throughout her career as a bilingual and bicultural social worker. She is currently the Hospital Administrator for Elgin Mental Health Center in Elgin, Illinois. She is in private practice at Nickerson & Associates, PC as a bilingual therapist where she treats adults and adolescents with mental health issues, substance abuse issues and sex addictions. She also teaches on these topics at Aurora University and University of Chicago.