



Free virtual training from the
National Hispanic and Latino
Mental Health Technology
Transfer Center

Wednesday, October 7, 2020

1:00-2:30 pm EDT



Trainer:

Danita Gallegos, LCSW

Registration:

<https://bit.ly/32MginE>



Clinical Applications of Cultural Elements in Treating Hispanics and Latinos with Mental Health Disorders. Module 2: Cultural Case Formulation and Assessment Using the Dsm-5 Cultural Formulation Interview

This presentation is based on the guide developed by the National Hispanic and Latino Mental Health Technology Transfer Center. The goal of this training is to increase the awareness and abilities of mental health care providers in their use of cultural elements by promoting the use of culturally appropriate formulations when treating Latinx presenting with psychological and mental health disorders. This webinar is informed by current research findings on the impact of cultural factors on the assessment and treatment of mental health disorders and on the therapeutic relationship.

Module Goal: This module will provide training on the development of an assessment and a cultural formulation using the DSM-5 Cultural Formulation Interview.

Module Objectives:

- Participants will be able to define the five elements of the cultural formulation of the DSM-5;
- Participants will be able to demonstrate the use of the Cultural Formulation Interview (CFI);
- Participants will be able to apply the five elements of the cultural formulation to a case.

Who should attend? This is an intermediate level workshop designed for mental health providers including psychologists, clinical social workers, mental health counselors, and graduate level students in the mental health field.

About the presenter: Danita Gallegos is a Licensed Clinical Social Worker in Houston, Texas. She received her Bachelor of Science degree from Texas A&M University – College Station and her Master's in Social Work degree from the University of Houston Graduate College of Social Work. She completed two clinical placements during her social work training. The placements were completed at the Gulf States Hemophilia and Thrombophilia Treatment Center and M.D. Anderson Cancer Center. Danita is now transitioning into private practice in Houston, Texas, where she performs office and school-based therapy.