



# American Indian & Alaska Native Health Promotion Program



## ***Educational program for rural and urban Native American communities***

The Native Center for Health is developing 40 educational modules focused on prevention, mental health, and addiction issues in Native communities. The program aims to strengthen knowledge and competencies among behavioral health workers in the most vulnerable communities.

Educational opportunities in behavioral health are not generally available in Native American and Alaska Native communities or colleges serving Native populations. Providing access to education close to home will increase the amount of qualified health care workers in the field and in locations that have struggled to recruit qualified personnel for many years. Our goal is to promote culturally relevant training, and to support Native communities and tribal colleges in delivering it directly to new and experienced behavioral health aide workers.

This curriculum is being developed by the Native Center for Health at the University of Iowa with Dr. Ken Winters, and will include:

- Training and support for Native communities and tribal colleges
- 40 modules focusing on behavioral health improvement
- Modules on four different levels

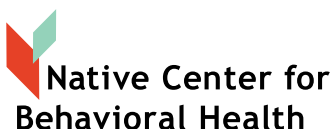
### ***Examples of topics:***

- General behavioral health
- Ethics and consent
- Documentation
- Community resources
- Case management
- Substance use
- Diverse populations
- Counselling
- Family therapy
- Crisis intervention
- Traditional health-based practices

### **For more information, contact:**



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