

# ACT in Unprecedented Times: How ACT Teams Pivoted to Adapt to COVID-19 & the Ensuing Racial Unrest

**WEDNESDAY, NOVEMBER 18, 2020  
12:00 PM ET**

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## Description

During this webinar, Dr. Thorning will provide a platform for Assertive Community Treatment (ACT) providers to discuss how ACT pivoted to adapt to COVID-19 and the ensuing racial unrest. Pivoting has both been challenging and exciting as it has provided opportunities to discover new ways to provide ACT services for vulnerable individuals who have behavioral health challenges. Moreover, current COVID-19 realities in the context of racial unrest have had tremendous impact on ACT team leaders, team members, participants, social supports, and the communities in which they live.

As much of the ACT work has moved online, strategies for inter-professional team collaboration will be explored, highlighting the importance of communication, relationship building and the importance for self-care for ACT providers, ACT participants and their social supports alike.

## About the Presenter



Dr. Helle Thorning, MS, LCSW, Ph.D., is a Clinical Professor of Psychiatric Social Work at Columbia University Vagelos College of Physicians and Surgeons. She serves on the leadership team of the Center for Practice Innovations in the Division of Behavioral Health Services and Policy Research at New York State Psychiatric Institute, Columbia University. Here she is a Research Scientist and the Director of the ACT Institute. She is an experienced clinician in hospital and community mental health and a licensed clinical social worker.