National School Mental Health Best Practices: Implementation Guidance Modules for States, Districts, and Schools

Module Curriculum Supplementary Guide

National Center for School Mental Health
Baltimore, Maryland

Mental Health Technology Transfer Center
Network Coordinating Office
Palo Alto, California

Southeast Mental Health Technology Transfer Center
Atlanta, Georgia

Disclaimer
The opinions expressed herein are the views of the Southeast MHTTC and the National Center for School Mental Health and do not reflect the official position of the Department of Health and Human Services (DHHS), SAMHSA. No official support or endorsement of DHHS, SAMHSA, for the opinions described in this document is intended or should be inferred. At the time of this publication, Tom Coderre served as Assistant Secretary for Mental Health and Substance Use.

SAMHSA
Substance Abuse and Mental Health
Services Administration

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Brief Overview

The Mental Health Technology Transfer Center (MHTTC) Network Coordinating Office supports resource development and dissemination, training and technical assistance, and workforce development for the mental health field. It can be found here: http://www.mhttcnetwork.org/.

The National Center for School Mental Health (NCSMH) mission is to strengthen policies and programs in school mental health to improve learning and promote success for America's youth. It can be found here: http://www.schoolmentalhealth.org/.

To help states, districts, and schools advance comprehensive school mental health, as well as engage in a planning process around implementation of services, the MHTTC Network Coordinating Office and National Center for School Mental Health developed 8 modules. This document is an index to help users search and locate specific resources referenced within each Module. You can access the full curriculum at this link.

Module 1: Foundations of Comprehensive School Mental Health

Guidance Documents
- Equity in Mental Health Framework

  Rose, E. & MacPhee, J. (2017). *Equity in mental health framework*. The Steve Fund and JED Foundation. Retrieved from https://equityinmentalhealth.org
- School Mental Health Teaming Quality Guide

  National Center for School Mental Health (NCSMH, 2020). *School Mental Health Quality Guide: Teaming.* NCSMH, University of Maryland School of Medicine. Retrieved from https://www.schoolmentalhealth.org/media/som/microsites/ncsmh/documents/quality-guides/Teaming.pdf
- Restorative Practices – Guide for Educators

  Schott Foundation, Advancement Project, American Federation of Teachers and National Education Association (2014, March). Restorative practices: Fostering healthy relationships & promoting positive discipline in schools: A guide for educators. Retrieved from http://schottfoundation.org/sites/default/files/restorative-practices-guide.pdf

Books
- Leading by Convening – A Blueprint for Authentic Engagement

  Cashman, J., Linehan, P. C., Purcell, L., Rosser, M., Schultz, S., & Skalski, S. (2014). Leading by convening: A blueprint for authentic engagement. *Idea Partnership*. Retrieved from http://www.ideapartnership.org/documents/NovUploads/Blueprint%20USB/NASDSE%20Leading%20by%20Convening%20Book.pdf

Issue Briefs, Reports, and One-Pagers
- Restorative Practices

  Now is the Time Technical Assistance Center. (n.d.). *Restorative Practices: Approaches at the Intersection of School Discipline and School Mental Health* (Issue Brief)*.* Retrieved from https://dm0gz550769cd.cloudfront.net/shape/5d/5d75418901f4ed14b77d94193032dc8e.pdf
- Defining Restorative

  International Institute for Restorative Practices. (2016). *Defining Restorative.* Retrieved from https://www.iirp.edu/restorative-practices/defining-restorative/
- Healthy Students and Thriving Schools – IMPACT Report

  Hoover, S., Bracey, J., Lever, N., Lang, J. (2018). *Healthy Students and Thriving Schools: A Comprehensive Approach for Addressing Students' Trauma and Mental Health Needs.* Farmington, CT: Child Health and Development Institute of Connecticut. Retrieved from https://www.chdi.org/index.php/publications/reports/impact-reports/health-students-and-thriving-schools
- Comprehensive Behavioral Health Model – Annual Report (2017-18)

  Comprehensive Behavioral Health Model. (2019). *School Year 2017-18 annual report*. Retrieved from https://cbhmboston.com/wp-content/uploads/2019/01/CBHM-Annual-Report-SY-2017-18-4.pdf

- Comprehensive School Mental Health Core Features Checklist
  - National Center for School Mental Health. (2019). *Comprehensive school mental health core features checklist.* Retrieved from http://bit.ly/2Ungx29
- 10 Critical Factors in School Mental Health
  - National Assembly on School-Based Health Care. (n.d.). *Ten Critical Factors in School Mental Health…What Early Adopters Say*. Retrieved from http://ww2.nasbhc.org/RoadMap/Advocacy/10%20Critical%20Factors%20To%20Advancing%20School%20Mental%20Health.pdf

Models/Framework – District/State Examples
- Comprehensive Behavioral Health Model – Boston Public Schools
  - Boston Public Schools Behavioral Health Services. (n.d.). *Comprehensive behavioral health model.* Retrieved from https://cbhmboston.com/what-is-cbhm/
- The Wisconsin School Mental Health Framework
  - Wisconsin Department of Public Instruction. (2015, December). *The Wisconsin School Mental Health Framework: Integrating school mental health with positive behavioral interventions & supports.* Retrieved from https://dpi.wi.gov/sites/default/files/imce/sspw/pdf/mhframework.pdf
- Colorado Framework for Behavioral Health
  - Mental Health Colorado. (n.d.). *School mental health toolkit.* Retrieved from https://www.mentalhealthcolorado.org/schooltoolkit/

Online Resources
- The SHAPE system
  - National Center for School Mental Health (2019). *The SHAPE System.* Retrieved from http://theshapesystem.com/

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Burns, B. J., Costello, E. J., Angold, A., Tweed, D., Stangl, D., Farmer, E. M., & Erkanli, A. (1995). Children's mental health service use across service sectors. *Health Affairs*, *14*(3), 147–159. Retrieved from https://www.healthaffairs.org/doi/10.1377/hlthaff.14.3.147

Bruns, E. J., Walrath, C., Glass-Siegel, M., & Weist, M. D. (2004). School-based mental health services in Baltimore: Association with school climate and special education referrals. *Behavior Modification, 28*, 491–512. Retrieved from https://pubmed.ncbi.nlm.nih.gov/15186512/

Collaborative for Academic, Social, and Emotional Learning (CASEL). (n.d.). What is SEL? Retrieved from https://casel.org/what-is-sel/

Durlak, J. A., Weissberg, R. P., Dymnicki, A. B., Taylor, R. D., & Schellinger, K. B. (2011). The impact of enhancing students' social and emotional learning: A meta-analysis of school-based universal interventions. *Child Development*, *82*(1), 405–432. Retrieved from https://www.casel.org/wp-content/uploads/2016/08/PDF-3-Durlak-Weissberg-Dymnicki-Taylor-_-Schellinger-2011-Meta-analysis.pdf

Flannery, K. B., Fenning, P., Kato, M. M., & McIntosh, K. (2014). Effects of school-wide positive behavioral interventions and supports and fidelity of implementation on problem behavior in high schools. *School Psychology Quarterly, 29*, 111–124.Retrieved from https://doi.apa.org/doi/10.1037/spq0000039

Foster, S., Rollefson, M., Doksum, T., Noonan, D., Robinson, G., & Teich, J. (2005). School mental health services in the United States, 2002-2003. *Substance Abuse and Mental Health Services Administration.* Retrieved from https://files.eric.ed.gov/fulltext/ED499056.pdf

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Kase, C., Hoover, S., Boyd, G., West, K. D., Dubenitz, J., Trivedi, P. A., ... & Stein, B. D. (2017). Educational outcomes associated with school behavioral health interventions: a review of the literature. *Journal of School Health*, *87*(7), 554–562. Retrieved from https://onlinelibrary.wiley.com/doi/abs/10.1111/josh.12524

National Center for School Mental Health (2019). *School mental health national quality assessment: Overview of domains and indicators.* Retrieved from http://bit.ly/2TBnFKY

National Center for School Mental Health (2019). School mental health matters infographic. Retrieved from http://bit.ly/2NKpG25

National Center for School Mental Health (2019). School mental health quality assessment. Retrieved from http://bit.ly/2TzRPOS

National Center for School Mental Health (2019). *The SHAPE System.* Retrieved from http://theshapesystem.com/

Taylor, R. D., Oberle, E., Durlak, J. A., & Weissberg, R. P. (2017). Promoting positive youth development through school-based social and emotional learning interventions: A meta-analysis of follow-up effects. *Child Development, 88*, 1156–1171. Retrieved from http://dx.doi.org/10.1111/cdev.12864
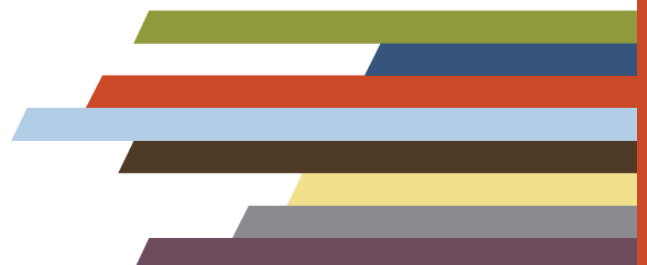
Module 2: Teaming

Guidance Documents
- School Mental Health Teaming Quality Guide
  National Center for School Mental Health (NCSMH, 2020). *School Mental Health Quality Guide: Teaming.* NCSMH, University of Maryland School of Medicine. Retrieved from https://www.schoolmentalhealth.org/media/som/microsites/ncsmh/documents/quality-guides/Teaming.pdf
- School Mental Health Referral Pathways Toolkit
  Now Is The Time Technical Assistance Center. (2015). *School mental health referral pathways (SMHRP) toolkit.* Washington, DC: Substance Abuse and Mental Health Services Administration. Retrieved from http://files.ctctcdn.com/bde05f96001/84fa3636-08af-43fc-aeaf-a016f2aa68a6.pdf
- Using Grade-Level Team Meetings to Support SEL
  Collaborative for Academic, Social and Emotional Learning (CASEL). (2019). TOOL: Using Grade-Level Team Meetings to Support SEL. Retrieved from https://dm0gz550769cd.cloudfront.net/shape/81/811130a8a13855420b66de5ebf3dfca6.pdf

Books
- Leading by Convening – A Blueprint for Authentic Engagement
  Cashman, J., Linehan, P. C., Purcell, L., Rosser, M., Schultz, S., & Skalski, S. (2014). Leading by convening: A blueprint for authentic engagement. *Idea Partnership.* Retrieved from http://www.ideapartnership.org/documents/NovUploads/Blueprint%20USB/NASDSE%20Leading%20by%20Convening%20Book.pdf

Issue Briefs and One-Pagers
- Using Data to Improve Student Mental Health
  Now Is The Time Technical Center. (2018). *Using data to improve student mental health* (Issue Brief). Washington, DC: Substance Abuse and Mental Health Services Administration. Retrieved from: http://bit.ly/2HhgdhC
- When to Refer a Student
  National Center for School Mental Health. (2018). *When to Refer a Student.* Retrieved from: http://bit.ly/2EHZMYP
- School Wish List for Community Partner
  National Center for School Mental Health. (2018). *School wish list for community partner.* Retrieved from: http://bit.ly/2TkPLL7
- Handout on HIPAA and FERPA
  National Center for School Mental Health. (2016). *Information about HIPAA and FERPA.* Retrieved from http://bit.ly/2IUy40l

Templates
- MTSS Memorandum of Understanding
  National Center for School Mental Health (2016). *MTSS Memorandum of Understanding Example.* Retrieved from

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- School Mental Health Team Roles and Functions
  National Center for School Mental Health. (2018). *Comprehensive school mental health system roles and responsibilities.* Retrieved from https://theshapesystem.com/
- School Mental Health Team Meeting Agenda
  National Center for School Mental Health. (2018). *Team meeting agenda template.* Retrieved from https://theshapesystem.com/
- Referral Form
  National Center for School Mental Health. (2018). *Referral form example.* Retrieved from: http://bit.ly/2Hj9F23
- Referral Feedback Form
  National Center for School Mental Health. (2018). *School Mental Health Program Referral Feedback Form.* Retrieved from https://dm0gz550769cd.cloudfront.net/shape/dd/dda90b8603c2ceddd2d83624e863c685.pdf
- Referral and Triage Flow Chart
  National Center for School Mental Health. (2018). *Referral and triage flow chart examples.* Retrieved from: http://bit.ly/2VF5XUb
- Caregiver Release of Information Forms
  National Center for School Mental Health. (2018). *Release of information forms.* Retrieved from: http://bit.ly/2HnYTY6
- School Mental Health Team Alignment Tool
  National Center for School Mental Health. (2018). *School mental health team alignment tool.* Retrieved from http://bit.ly/2EDZwK6
- SMART Goal Worksheet
  National Center for School Mental Health. (2019). SMART goal worksheet. Retrieved from http://bit.ly/2Unv5if

Online Resources
- SHAPE Screening and Assessment Library
  National Center for School Mental Health. (2018). *The SHAPE System screening and assessment library.* Retrieved from: https://theshapesystem.com/

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Cashman, J., Linehan, P. C., Purcell, L., Rosser, M., Schultz, S., & Skalski, S. (2014). Leading by convening: A blueprint for authentic engagement. *Idea Partnership.* Retrieved from http://www.ideapartnership.org/documents/NovUploads/Blueprint%20USB/NASDSE%20Leading%20by%20Convening%20Book.pdf
National Center for School Mental Health. (2018). School mental health teaming playbook: Best practices and tips from the field. Retrieved from http://csmh.umaryland.edu/media/SOM/Microsites/CSMH/docs/Reports/School-Mental-Health-Teaming-Playbook.pdf
Now Is The Time Technical Assistance Center. (2015). *School mental health referral pathways (SMHRP) toolkit.* Retrieved from http://files.ctctcdn.com/bde05f96001/84fa3636-08af-43fc-aeaf-a016f2aa68a6.pdf

Module 3: Needs Assessment and Resource Mapping

Guidance Documents
- School Mental Health Needs Assessment & Resource Mapping Quality Guide
  National Center for School Mental Health (NCSMH, 2020). *School Mental Health Quality Guide: Needs Assessment and Resource Mapping*. NCSMH, University of Maryland School of Medicine. Retrieved from https://www.schoolmentalhealth.org/media/som/microsites/ncsmh/documents/quality-guides/Needs-Assessment-&-Resource-Mapping.pdf
- Technical Guide for Alignment of Initiatives
  National Technical Assistance Center on Positive Behavior Interventions and Support. (2017, January). Technical Guide for Alignment of Initiatives, Programs, and Practices in School Districts. Retrieved from https://www.pbis.org/resource/technical-guide-for-alignment-of-initiatives-programs-and-practices-in-school-districts
- Essential Tools – Community Resource Mapping
  National Center on Secondary Education and Transition. (2005*). Essential Tools – Improving Secondary Education and Transition for Youth with Disabilities – Community Resource Mapping*. Retrieved from http://www.ncset.org/publications/essentialtools/mapping/default.asp

Resource Mapping Examples
- FAIRSTART Community Resource Map
  Fair START. (2016). Social and Emotional District and Community Resource Map. Retrieved from https://dm0gz550769cd.cloudfront.net/shape/3b/3b107917642bf99e885f65cd8feac3d6.pdf
- Fairport Central School District – Mental Health Resource Map
  Fairport Central School District. (n.d.). Fairport Central School District Mental Health Program Resource Map. Retrieved from https://www.nassauboces.org/cms/lib/NY01928409/Centricity/Domain/1699/Fairport%20CSD%20Mental%20Health%20Resource%20Map.xlsx
- Resource Map of School-Based Providers
  National Center for School Mental Health. (2018). *Resource map of school-based providers.* Retrieved from https://theshapesystem.com/resource-materials/3745/Resource+Mapping+Resource+Guide.pdf?1437404418

Needs Assessment Examples
- Wisconsin School Mental Health Needs Assessment
  Student Services/Prevention and Wellness (SSPW). (n.d.) *Wisconsin school mental health needs assessment.* Retrieved from https://dm0gz550769cd.cloudfront.net/shape/79/79333cb3eb19651586e743aa94c84dcc.pdf
- MV Caregiver and Student Survey
- Santa Monica-Malibu Unified School District Youth Wellness Needs Assessment

Tools
- Strategic Abandonment Tool
  Ector County Independent School District. (n.d.) *Strategic abandonment tool.* Retrieved from
  https://dm0gz550769cd.cloudfront.net/shape/40/40b173f806a294d868e4ebf64228ad19.pdf

Templates
- Role of School-Based Mental Health Professionals
  New Song Learning Center Mental Health Team. (2017). *Roles of school based mental health professionals.* Retrieved from http://bit.ly/2ESDCnX
- School Mental Health Initiative Alignment map
  National Center for School Mental Health. (2018). *School mental health initiative alignment map.* Retrieved from http://bit.ly/2TuHlQS
- Gap Analysis Worksheet
  National Center for School Mental Health. (n.d.) Gap analysis Worksheet. Retrieved from
  https://dm0gz550769cd.cloudfront.net/shape/89/89d81d363e9b4dbe1e914b508b6f9d10.pdf

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National Technical Assistance Center on Positive Behavior Interventions and Support (2017). *Technical Guide for Alignment of Initiatives, Programs and Practices in School Districts.* Retrieved from https://www.pbis.org/resource/technical-guide-for-alignment-of-initiatives-programs-and-practices-in-school-districts
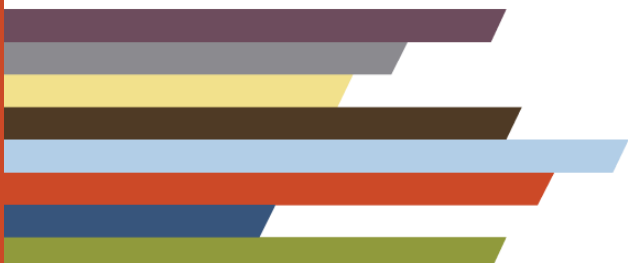
Module 4: Screening

Guidance Documents
- School Mental Health Screening Quality Guide

    National Center for School Mental Health (NCSMH, 2020). *School Mental Health Quality Guide: Screening.* NCSMH, University of Maryland School of Medicine. Retrieved from https://www.schoolmentalhealth.org/media/som/microsites/ncsmh/documents/quality-guides/Screening.pdf

Issue Briefs, Reports and One-Pagers
- Screening Briefs Series – Classification Accuracy

    National Center on Response to Intervention.(n.d.). Screening Briefs Series – Brief #1: Classification Accuracy. Retrieved from https://www.rti4success.org
- Screening Briefs Series – Cut Scores

    National Center on Response to Intervention.(n.d.). Screening Briefs Series – Brief #2: Cut Scores. Retrieved from https://www.rti4success.org
- Student Information Systems Brief

    National Center for School Mental Health. (2019, March). *Student information systems* (Issue Brief)*.* Retrieved from http://bit.ly/SISbrief
- Elements of Effective School Community Partnerships to Address Student Wellness

    Coalition for Community Schools, Institute for Educational Leadership, and National Association of School Psychologists (NASP). (2019). *Nine Elements of Effective School Community Partnerships to Address Student Mental Health, Physical Health, and Overall Wellness.* Retrieved from https://files.eric.ed.gov/fulltext/ED593295.pdf
- Mental Health Screening in Schools

    Desrochers, J. & Houck, G. (n.d.). *Mental Health Screening in Schools.* Retrieved from https://www.schoolhealth.com/media/pdf/handout_mental_health_screening_JD.pdf

Online Resources
- SHAPE Screening and Assessment Library

    National Center for School Mental Health. (2018). *The SHAPE system screening and assessment library.* Retrieved from https://theshapesystem.com/
- Youth Risk Behavior Surveillance System

    Center for Disease Control and Prevention. (n.d.). *Youth risk behavior surveillance system.* Retrieved from https://www.cdc.gov/healthyyouth/data/yrbs/index.htm
- Children's Health and Education Mapping Tool

    School-Based Health Alliance. (n.d.). *The children's health and education mapping tool.* Retrieved from https://www.sbh4all.org/resources/mapping-tool/

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Crocker, J. & Bozek, G. (2017). District-wide mental health screening: Using data to promote early identification and quality services. Retrieved from http://bit.ly/dwmhscreening

Module 5: Mental Health Promotion for All (Tier 1)

Guidance Documents
- School Mental Health Mental Health Promotion Services & Supports Quality Guide
  - National Center for School Mental Health (NCSMH, 2020). *School Mental Health Quality Guide: Mental Health Promotion Services & Supports (Tier 1).* NCSMH, University of Maryland School of Medicine. Retrieved from https://www.schoolmentalhealth.org/media/som/microsites/ncsmh/documents/quality-guides/Tier-1.pdf
- Effective Social and Emotional Learning Programs - Secondary Schools
  - The Collaborative for Academic, Social, and Emotional Learning (CASEL). (2015). The 2015 *CASEL Guide: Effective Social and Emotional Learning Programs – Middle and High School Edition*. Retrieved from https://casel.org/guide/
- Effective Social and Emotional Learning Programs - Preschool and Elementary School
  - The Collaborative for Academic, Social, and Emotional Learning (CASEL). (2013). The *2013 CASEL Guide: Effective Social and Emotional Learning Programs—Preschool and Elementary School Edition*. Retrieved from https://casel.org/guide/
- Selecting Evidence-Based Programs
  - National Center for Mental Health Promotion and Youth Violence Prevention. (n.d.). *Selecting evidence-based programs*. Retrieved from https://healthysafechildren.org/resource/selecting-evidence-based-programs
- User Guide for the ED School Climate Surveys (EDSCLS)
  - National Center on Safe Supportive Learning Environments. (2018). *Technical and Administration User Guide for the ED School Climate Surveys (EDSCLS).* Retrieved from https://safesupportivelearning.ed.gov/edscls/administration
- Interpreting Emotional Safety School Climate Survey Data
  - National Center on Safe Supportive Learning Environments. (2016). *Data interpretation topical discussion guide: Interpreting emotional safety school climate survey data.* Retrieved from https://safesupportivelearning.ed.gov/scirp/data-interpretation-resources
- Understanding Mental Health and Mental Illness
  - TeenMentalHealth.org. (2017, December). *Mental Health & High School Curriculum Guide: Understanding Mental Health and Mental Illness – Version 3*. Retrieved from http://teenmentalhealth.org/wp-content/uploads/2018/01/FINAL-Guide-Dec-2017-Online-Cover-and-Interior.pdf

Books
- PBIS Advancing Education Effectiveness
  - Barrett, S., Eber, L., & Weist, M. (Eds). (2013). Advancing education effectiveness: Interconnecting school mental health and school-wide positive behavior support. Retrieved from https://assets-global.website-files.com/5d3725188825e071f1670246/5d76c6a8344facab50085275_final-monograph.pdf

Issue Briefs, Reports and One-Pagers
- Restorative Practices
  Now is the Time Technical Assistance Center. (n.d.). *Restorative Practices: Approaches at the Intersection of School Discipline and School Mental Health.* Retrieved from https://dm0gz550769cd.cloudfront.net/shape/5d/5d75418901f4ed14b77d94193032dc8e.pdf

- ISF and Project AWARE
  Now Is the Time Technical Assistance. (n.d.). *Using the Interconnected Systems Framework in Now Is the Time, Project AWARE.* Retrieved from https://cars.bitrix24.com/docs/pub/34376dc1591d0e4e2c5803b89f0b530b/default/?&
- Implementing Evidence-Based Practices in School Settings Checklist
  Education Development Center. (2013). *A Framework for Effectively Implementing Evidence-Based Programs and Practices (EBPs).* Retrieved from https://dm0gz550769cd.cloudfront.net/shape/49/49ee77b9836c0b0162339153e5a77e65.pdf
- Planning Checklist for Fidelity Monitoring of EBPs
  National Center for School Mental Health. (2019). Planning checklist for monitoring fidelity of evidence-based practices. Retrieved from http://bit.ly/2NKHtGy

Templates
- Intervention Planning Form
  National Center for School Mental Health. (2019). *Intervention planning form.* Retrieved from http://bit.ly/2C64q2k

Examples
- PBIS Behavioral Expectation – Edwards Elementary School
  Edwards Elementary School. (n.d.) *Cyclone Character.* Retrieved from https://dm0gz550769cd.cloudfront.net/shape/60/60035acf4e4b7334dc72ff591e9734d6.pdf

Tools/Measures
- School Climate Assessment Tool
  National Center on Safe Supportive Learning Environments. (n.d.) *ED School Climate Surveys (EDSCLS).* Retrieved from https://safesupportivelearning.ed.gov/edscls/
- Teacher Subjective Wellbeing Questionnaire
  Renshaw, T. L., Long, A. C., & Cook, C. R. (2015). Assessing teachers' positive psychological functioning at work: Development and validation of the Teacher Subjective Wellbeing Questionnaire. *School Psychology Quarterly*, *30*(2), 289. Retrieved from https://pubmed.ncbi.nlm.nih.gov/25642703/
- Resilience at Work Scale
  Winwood, C., & McEwan, B. (2013). A practical measure of workplace resilience: Developing the Resilience at Work Scale. Retrieved from https://workingwithresilience.com.au/wp-content/uploads/2016/04/RAWScaleArticleJOEM.pdf
- Professional Quality of Life (ProQOL) Scale
  Hudnall Stamm, B. (2009). Professional Quality of Life: Compassion Satisfaction Fatigue Version 5 (ProQOL). Retrieved from https://proqol.org/uploads/ProQOL_5_English.pdf

- Health-Related Quality of Life
    Center for Disease Control and Prevention. (2018). *Health-related quality of life (HRQOL).* Retrieved from https://www.cdc.gov/hrqol/index.htm
- School Organizational Health Questionnaire
    Hart, P. M., Wearing, A. J., Conn, M., Carter, N. L., & Dingle, A. R. K. (2000). Development of the School Organisational Health Questionnaire: A measure for assessing teacher morale and school organizational climate. *British Journal of Educational Psychology*, *70*(2), 211–228. Retrieved from https://pubmed.ncbi.nlm.nih.gov/10900779/

Learning Modules
- Evidence-Based Module Series
    National Center for Mental Health Promotion and Youth Violence Prevention. (n.d.). *Evidence-based module series.* Retrieved from https://healthysafechildren.org/learning-module-series/evidence-based-module-series
- Selecting Evidence-Based Programs for School Settings
    National Center for Mental Health Promotion and Youth Violence Prevention. (n.d.). *Evidence-based module series: Module #1 Selecting evidence-based programs in school settings.* Retrieved from http://airhsdlearning.airws.org/EBPModule1/story_html5.html
- Implementing Evidence-Based Programs in School Settings
    National Center for Mental Health Promotion and Youth Violence Prevention. (n.d.) *Evidence-based module series: Module #3 Implementing evidence-based programs in school settings.* Retrieved from http://airhsdlearning.airws.org/ebpmodule3/story_html5.html
- Youth Mental Health First Aid
    Youth Mental Health First Aid: Take a Course. Retrieved from https://www.mentalhealthfirstaid.org/take-a-course/

Evidence-Based Practices Registries
- What Works Clearinghouse
    Institute of Education Services. (n.d.). *What Works Clearinghouse.* Retrieved from https://ies.ed.gov/ncee/wwc/
- Blueprints for healthy youth development
    Blueprints for healthy youth development. (n.d.) *Blueprints for healthy youth development.* Retrieved from https://www.blueprintsprograms.org/about
- Model Programs Guide
    Office of Juvenile Justice and Delinquency Prevention. (n.d.). *Model programs guide.* Retrieved from https://www.ojjdp.gov/mpg
- Evidence-Based Therapies
    Society of Clinical Child & Adolescent Psychology. (2018, April 24). *Evidence-based therapies.* Retrieved from https://effectivechildtherapy.org/therapies

Promising Programs on School Staff Wellness:
- Mindfulness-Based Stress Reduction (MBSR)
    Flook, L., Goldberg, S. B., Pinger, L., Bonus, K., & Davidson, R. J. (2013). Mindfulness for teachers: A pilot study to assess effects on stress, burnout, and teaching efficacy (MBSR). *Mind, Brain, and Education, 7*(3), 182–195. https://doi.org/10.1111/mbe.12026

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- Community Approach to Learning Mindfully (CALM)

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Online Resources

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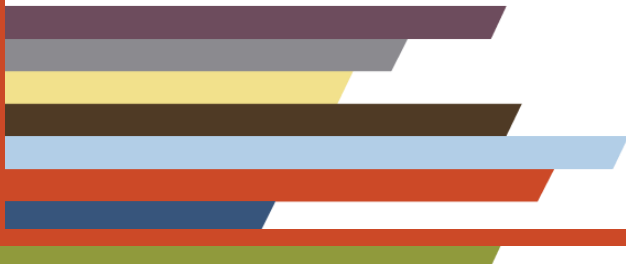
Module 6: Early Intervention and Treatment (Tiers 2/3)

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- Selecting Evidence-Based Programs
  National Center for Mental Health Promotion and Youth Violence Prevention. (n.d.). *Selecting evidence-based programs*. Retrieved from https://healthysafechildren.org/resource/selecting-evidence-based-programs
- School Crisis Guide
  National Education Association. (2018). *School crisis guide.* Retrieved from https://www.nea.org/resource-library/neas-school-crisis-guide
- Treatment Planning Guide
  National Center for School Mental Health. (2016). *Treatment Planning for Children and Adolescents: Long- and Short-Term Treatment Goals – SMHP Program*. Retrieved from http://bit.ly/2EFk98S

Issue Briefs and One-Pagers
- Student Information Systems Brief
  National Center for School Mental Health. (2019, March). *Student information systems* (Issue Brief). Retrieved from http://bit.ly/SISbrief
- Suicide Prevention in Schools
  Now Is the Time Technical Assistance Center. (2015, September). *Suicide prevention in schools* (Issue Brief). Washington, DC: Substance Abuse and Mental Health Services Administration. Retrieved from http://bit.ly/2Ca44aK
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- Selecting Evidence-Based Programs for School Settings
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- Preparing to Implement Evidence-Based Programs in School Settings
  National Center for Mental Health Promotion and Youth Violence Prevention. (n.d.)
  *Evidence-based module series: Module #2 Preparing to implement evidence-based
  programs in school settings.* Retrieved from
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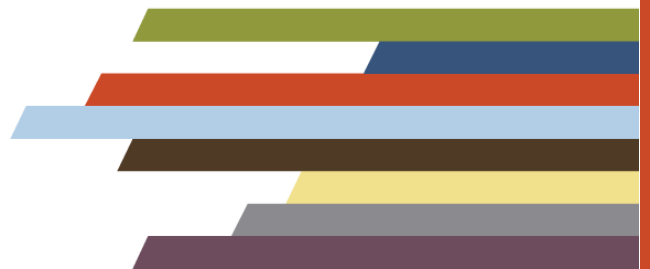
Module 7: Funding and Sustainability

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  https://www.schoolmentalhealth.org/media/som/microsites/ncsmh/documents/quality-guides/Funding-&-Sustainability.pdf
- Developing a Comprehensive Financing Plan
  Armstrong, M. I., Pires, S. A., McCarthy, J., Stroul, B. A., Wood, G. M., & Pizzigati, K., (006). *RTC Study 3: Financing structures and strategies to support effective systems of care—A self-assessment and planning guide: developing a comprehensive financing plan*. Tampa, FL: University of South Florida, Louis de la Parte Florida Mental Health Institute (FMHI), Research and Training Center for Children's Mental Health. Retrieved from
  https://gucchd.georgetown.edu/products/FinancingAssessmentandPlanningGuide.pdf
- Federal Education Funding Guide for SEL Programs
  The Center for Health and Health Care in Schools. (2014, May). *A guide to federal education programs that can fund K-12 universal prevention and social and emotional learning activities*. Retrieved from http://healthinschools.org/issue-areas/school-based-mental-health/federal-education-funding-guide-for-sel-programs/#sthash.qKVopO4Q.pkuEOuXj.dpbs

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- Leading by Convening – A Blueprint for Authentic Engagement
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- Organizational Self-Care Checklist
  Guarino, K., Soares, P., Konnath, K., Clervil, R., & Bassuk, E. (2007). Trauma-informed organizational self- assessment for programs serving families experiencing

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- Promoting School Mental Health Program - Elevator Speech

  Indiana School Mental Health Initiative. (n.d.) *Elevator Speech/Talking Points*. Retrieved from https://dm0gz550769cd.cloudfront.net/shape/5b/5b84b8c4a565688a11f15d1ff6177b82.pdf

- Tips on Applying for Federal Grants

  Collaborative Improvement and Innovation Network on Quality Improvement (CoIIN). (2016, February). Best Practices in School Mental Health Grantsmanship. Retrieved from https://dm0gz550769cd.cloudfront.net/shape/b4/b4345f46e197c6207ad9f52c992f00ee.pdf

Templates

- Financing for What? Worksheet

  National Center for School Mental Health. (2018). Financing for what? worksheet. Retrieved from http://bit.ly/2GYB4a0

- Funding Gap Analysis Worksheet

  National Center for School Mental Health. (2018). Sample funding gap analysis worksheet. Retrieved from http://bit.ly/2TlZh0t

- Funding Resource Mapping Worksheet

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- MTSS Memorandum of Understanding

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Module 8: Impact

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- Using Data to Reduce Disparities/Disproportionalities
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- Collecting and Using Disaggregated Data on Racial/Ethnic Subgroups
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Issue Briefs and One-Pagers
- Student Information Systems Brief
  - National Center for School Mental Health. (2019, March). *Student information systems* (Issue Brief). Retrieved from http://bit.ly/SISbrief
- Innovation That Works – The Safe Schools/Healthy Students Difference
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Example Documents
- Creating Safe and Healthy Schools - Nevada State and Community Partnerships
  - Nevada Department of Education. (n.d.). Nevada state and community partnerships creating safe and healthy schools. *Safe Schools/Healthy Students.* Retrieved from https://healthysafechildren.org/sites/default/files/GranteeProfile-NV-508.pdf
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Learning Modules

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Lever, N., Connors, E., Freeman, E., & Stephan, S. (n.d.). *Comprehensive School Mental Health Programs: Implementing a comprehensive school mental health program*. Retrieved from: http://airhsdlearning.airws.org/SMHModule3/story_html5.html

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