



ASD Materials, Resources, and Supports

Individuals with ASD tend to have difficulty adapting to change, which is further complicated with difficulties understanding and using language as well as understanding abstract concepts. Therefore, those with ASD require additional supports to comprehend and adapt to current circumstances as well as instill predictability to create structure and reduce anxiety. The following is a list of resources that you can access for additional information and/or materials to assist you in the journey of providing additional supports to your students.

Coping Supports

AFIRM. <https://afirm.fpg.unc.edu/prioritize-coping-and-calming-skills>

Expressive Communication Supports

AFIRM. <https://afirm.fpg.unc.edu/offer-opportunities-expression>

Sensory tools

Sensory University. www.sensoryuniversity.com

Ark Therapeutic Products. www.arktherapeutic.com

Social Narratives

Autism Focused Intervention Resources & Modules (AFIRM):

<https://afirm.fpg.unc.edu/Social-narratives>

Carol's Club: <https://carolgraysocialstories.com/carols-club/clubhouse/> for social stories & pandemic- specific

National Autistic Society: <https://www.autism.org.uk/advice-and-guidance/topics/communication/communication-tools/social-stories-and-comic-strip-conversations>

Teaching Tips and Supports

TEACCH Autism Program. <https://teacch.com/resources/teacch-tips/>

Virtual Programs (e.g., social skills, social groups, support groups, etc.)

Autism Speaks. <https://www.autismspeaks.org/resource-guide>

Virtual Trainings and Webinars

TEACCH Autism Program. <https://teacch.com/trainings/virtual-trainings/>



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