



Trauma-Informed Care Training for Juvenile Justice Professionals

Trauma is pervasive and impacts all of us, children and adults. One way we can be responsive, healing centered, and recovery oriented in this space is to normalize that which we know is real. Building a form of care centered and informed by trauma can help promote a culture of safety, trust, empowerment and choice, and peer support. In collaboration with the Children's Commission and the Texas Health and Human Services Commission (HHSC), this document has been created to provide trauma-informed care training resources for juvenile justice professionals.

The training resources provided in this document were collected in a collaborative effort between the SAMHSA Mental Health Technology Transfer Center (MHTTC), the Cross Systems Trauma-informed Care initiative led by Texas Health and Human Services Commission (HHSC) and the Statewide Collaborative on Trauma-informed Care led by the Supreme Court of Texas Permanent Judicial Commission for Children, Youth and Families (Children's Commission). This information has been compiled from multiple sources and the MHTTC, HHSC and the Children's Commission cannot guarantee either the accuracy, reliability, or completeness of the information or the effectiveness of the trainings listed. The MHTTC, HHSC and the Children's Commission do not endorse any one training resource, modality, or curriculum. This document is intended to serve as a non-exhaustive list of resources as the field continues to change and evolve regarding trauma. This document is up to date as of December 2020.

Training Resources

Center for Adolescent Studies - [Trauma Toolkit Certificate for Youth Providers](#) (Cost Associated) - A three-course certificate toolkit including Trauma Basics for Youth Workers, Trauma-informed Care for Professionals Working with Youth, and Advanced Trauma-informed Care Toolkit for Youth Workers. Course may be taken separately or together.

National Child Traumatic Stress Network (NCTSN) Learning Center - The NCTSN Learning Center provides hundreds of free education and training resources in the areas of assessment, treatment and services, training, research and evaluation, and organizational and systems change for traumatized children, adolescents, and their families. Continuing education credits are available for many courses in this expanding online catalog that has been developed for mental health professionals, parents and caregivers, policymakers, and others who work with and care about children and adolescents.

[Adolescent Trauma and Substance Abuse](#) (FREE) - Provides training and materials for mental health clinicians and substance abuse treatment providers on the complex intersections between psychological trauma and co-occurring substance abuse and dependency. The course includes interactive online modules on understanding the links between traumatic stress and substance use among adolescents, a webinar and lecture presentation featuring expert faculty from the NCTSN, and a four-part Train-the-Trainer video series entitled "Trauma and Co-Occurring Disorders: Understanding and Working with Youth and Their Caregivers."



[Think Trauma](#) **(FREE)** - A Training for Staff in Juvenile Justice Residential Settings can help direct care and all facility staff understand behaviors that may be trauma-related and learn to respond in ways that reduce their stress and frustration and increase their job satisfaction, while guiding youth on their pathway to recovery.

[National Children's Advocacy Center](#) - The NCAC Virtual Training Center (VTC) offers a wide range of FREE online training opportunities for child abuse professionals. NCAC VTC includes live and archived Webinars and Recorded Trainings.

[Creating a Trauma-Informed System: The Important Collaboration Between CACs and the Courts](#) **(FREE)** - Collaboration between children's advocacy centers (CACs) and the juvenile justice system can be one important step towards creating a trauma-informed continuum for children that bridges multiple systems. To assist judges and court personnel in these efforts, the National Children's Advocacy Center (NCAC) and the National Council of Juvenile and Family Court Judges (NCJFCJ) have partnered to create a webinar that focuses on what judges show know about the CAC model and how CACs can help minimize additional trauma for children who are victims of crimes. The webinar is also designed to help participants learn how to evaluate their local CAC and other community resources and to work towards implementing trauma-informed practices and a victim-centered approach in their court and community.

[Creating a Trauma Informed Multidisciplinary Team](#) **(FREE)** - In this workshop, participants will look at recent research on child trauma. We will also explore the effects of trauma on MDT professionals and how trauma might affect team functioning. Additionally, we will discuss ways to use this information to examine current processes and create a more trauma informed MDT.

[Secondary Trauma](#) **(FREE)** - Secondary trauma can take many forms, some of them quite visible and others more obscure. Even the person experiencing secondary trauma may not recognize the symptoms or identify them as something resulting from their work. How do we know when our staff members, our volunteers, or we personally are experiencing secondary trauma? This workshop will explore the phenomenon of secondary trauma and discuss current strategies for mitigating the secondary post-traumatic stress response.

TEND Academy – TEND offers resources and training to address the complex needs of high stress, trauma-exposed workplaces. TEND supports everyone on the team – front line workers, supervisors and managers and support staff, all of whom need concrete, evidence-informed tools and strategies to empower them and their organizations.

[Compassion Fatigue 101](#) **(Cost Associated)** - Compassion Fatigue 101 is an online course that explores the essentials of Compassion Fatigue – a normal consequence of working in a helping field.



Organizational Health in Trauma-Exposed Environments Online Course: Essentials (Cost Associated) -

Intensive online course designed for managers and supervisors of teams working in high stress, trauma-exposed environments such as healthcare, the criminal justice sector, social and human services, emergency response, armed forces, education, child welfare, community mental health, non-profit organizations and related services.

Resilience in Trauma-Exposed Work Online Course (Cost Associated) - This workshop will provide a solid framework to understand the mechanisms of stress and resilience within trauma-exposed environments, and will introduce practical, best-practices approaches to increasing resilience and enhancing individual wellness and organizational health

Texas Department of Family Protective Services - DFPS Trauma-Informed Care Training (FREE) - This training is a free resource for child welfare system caregivers, professionals, advocates, stakeholders and members of the public who are interested in learning about the impact of trauma.

Think:Kids (Cost Associated) - Training available for the Collaborative Problem Solving model, a trauma-informed approach. The CPS model has demonstrated effectiveness with children and adolescents with a wide range of social, emotional, and behavioral challenges across a variety of different settings: from families, schools, mentoring organizations and foster care agencies to therapeutic programs such as inpatient psychiatry units, residential treatment and juvenile detention facilities. This evidence-based model has also been applied in transitional age youth and adult programs as well as used with neurotypically developing kids to foster the development of social emotional skills.

Traumatic Stress Institute – Restorative Approach Training (Cost Associated) - The Restorative Approach® (RA) is a trauma-informed alternative to traditional “point and level” systems for child congregate care settings. RA, rooted in attachment theory and the principles of restorative justice, translates what we know about trauma, the brain, and how children heal into specific strategies that all treatment providers can use. The RA Basic Training is a one-day training that organizations can adopt as a standard staff training via the RA Train-the-Trainer. An organization’s Risking Connection Associate Trainers learn to teach the RA Basic Training, so they can embed this training model in their organization in addition to Risking Connection.

See also Trauma-Informed Care Training Resources for [Child Welfare Professionals](#), [Caregivers](#), [Legal Professionals](#), [Mental Health Professionals](#), [Victim Services Professionals](#), and [School Professionals](#).