



# UPDATES IN FIRST EPISODE PSYCHOSIS CARE

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WEDNESDAY, JANUARY 27, 2021 | 12:00 PM ET

## About the Event

The first episode of psychosis is a crucial time to intervene and potentially change the trajectory of a schizophrenia-spectrum illness. With the number of coordinated specialty care (CSC) teams expanding rapidly across the US, there are more services available for people with first episode psychosis than ever before. This presentation will provide an update on the phenomenology, services, and treatments available for people with first episode psychosis. We will also present some clinical pearls from the perspective of someone who has worked on a CSC team.

**By the end of the webinar, participants will be able to:**

1. Define the key symptoms of the prodromal illness before the onset of a psychotic disorder.
2. Describe three strategies that engage young people who experience a first episode of psychosis.
3. Summarize the benefits of reducing the duration of untreated psychosis.
4. List the key personnel of a Coordinated Specialty Care team.
5. Explain one possible benefit of treating people with first episode psychosis with a long-acting injectable medication.

## About the Presenter



**Robert O. Cotes, MD**, is an Associate Professor at Emory University School of Medicine in the Department of Psychiatry and Behavioral Sciences. He serves as Co-Director of the PSTAR Clinic (Persistent Symptoms: Treatment, Assessment and Recovery), Director of Project ARROW (Achieving Recovery through Resilience, Optimism, and Wellness) and Co-Director of Open Dialogue Atlanta at Grady's Outpatient Behavioral Health Clinic. He is a member of the Clinical Expert Team for SMI Adviser. Dr. Cotes is an investigator for multiple research studies focused on treatment options for psychosis.