



# Focus on the Family: Using Person and Family Centered Care for Mental Health

**WEDNESDAY, JANUARY 13, 2021  
12:00 PM ET**

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## About the Event

Dr. Teri Brister, Director of Information & Support at National Alliance on Mental Illness (NAMI), will highlight the importance of engaging and involving individuals and family members in mental health care. She will focus on person and family centered care as well as discuss models to engage individuals and family members in the treatment process.

### Learning Objectives:

- Learn about person and family centered care.
- Learn about shared decision making.
- Understand the value of providing the person and the family with information about their condition and the treatment options available.
- Understand models of engaging individuals and their family in the treatment process, including peer education and support.

## About the Presenter



Teri Brister, Ph.D., serves as the Director of Information & Support at National Alliance on Mental Illness (NAMI). Dr. Brister is responsible for ensuring that all content created and disseminated by NAMI attains the highest possible standards of accuracy, relevance, value and academic rigor. Since July 2018 Dr. Brister has served as the SMI Patient and Family Engagement Expert for the APA SMI Adviser project. Prior to joining NAMI in 2005, Dr. Brister worked for twenty years in the community mental health system in Mississippi.