



## Habits of Mind

Habits of Mind are a series of strategies students can use to behave intelligently when faced with a problem. There are 16 problem-solving strategies that students can use inside and outside the classroom.

### Habit of Mind Include:

*Persisting,  
Managing Impulsivity,  
Listening With Understanding and  
Empathy,  
Thinking Flexibly,  
Striving for Accuracy,  
Taking Responsible Risks,  
Thinking Interdependently,  
Applying Past Knowledge to New  
Situations*

*Finding Humor,  
Thinking About Your Thinking,  
Remaining Open to Continuous  
Learning,  
Creating, Imagining, and Innovating,  
Gathering Data Through All Senses,  
Responding With Wonderment and  
Awe,  
Thinking and Communicating With  
Clarity and Precision*

These strategies teach students to have a disposition to behave intelligently and successfully navigate various obstacles using Habits of Mind skills as they creatively problem solve. These skills can be taught to students in primary and secondary settings. There are a plethora of free resources and paid resources available to teachers to help develop these skills. Additionally, there are individual activities and lessons associated with each Habit of Mind that teachers can introduce to their students.

ASCD.org has free resources dedicated to teaching Habits of Mind. On the website there are activities, curriculum, and posters available to educators free of use. Printing the Habits of Mind poster and displaying it in the classroom provides an illustrative example of how students can use the Habits of Mind in their everyday life. Alternatively, these posters can be created by students as part of a Habits of Mind activity.

### Free Teaching Resources Available:

<http://www.ascd.org/research-a-topic/habits-of-mind-resources.aspx>

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