



Recovery-Oriented Cognitive Therapy

Tuesday, April 13th, 2021
12:00 PM (ET)



Description:

The Georgia Recovery-Oriented Cognitive Therapy (CT-R) Initiative expanded the capacity of mental health providers to address the needs of individuals suffering from severe and persistent mental illness. These individuals have often had numerous negative experiences throughout the course of their lives. These experiences have taught them some unhelpful beliefs about themselves and the world around them. The CT-R protocol gives providers tools to engage individuals and motivate them toward meaningful aspirations. This webinar introduces attendees to CT-R in Georgia and the strategies that conceptualize, promote, and support recovery in a system of care. [Register Here Today!](#)

Presenters:



Ann DiGirolamo is the director of behavioral health at the Georgia Health Policy Center and director of the Center of Excellence for Children's Behavioral Health. She is a research associate professor in the School of Social Work at Georgia State and an adjunct faculty member at Rollins School of Public Health at Emory University. She provides expertise in research, evaluation, workforce development, and policy related to child and adolescent behavioral health, working with communities and within public health systems to promote an effective System of Care for youth with behavioral health needs.



Ursula Davis is part of the Georgia Health Policy Center's Center of Excellence for Children's Behavioral Health team. She brings with her experience in child welfare, mental health, program management, training, and strategic planning. Her primary projects at the center include serving as the project manager for the Georgia Beck Initiative, a collaborative clinical, educational, and administrative partnership to disseminate Recovery-Based Cognitive Therapy training and consultation.

