



Supporting the Mental Health of BIPOC Community College Students

Virtual Convening – February 11, 2021

Resource List

Reports and Tip Sheets

- Anderson, M. S. (2018). Barriers to the Utilization of Mental Health Services on College Campuses by African American Students. *McNair Scholars Research Journal*, 11(1), 1-11. Retrieved from <https://commons.emich.edu/cgi/viewcontent.cgi?article=1129&context=mcnair>.
- Chessman, H.M., Vigil, D., & Soler, M.C. (2020). Mental Health Task Forces in Higher Education. American Council on Education. Retrieved from <https://www.acenet.edu/Documents/Mental-Health-Task-Forces-in-Higher-Education.pdf>
- Eisenberg, D., Goldrick-Rab, S., Lipson, S.K., & Broton, K. (2016, March). Too Distressed to Learn? Mental Health Among Community College Students. Retrieved from https://hope4college.com/wp-content/uploads/2018/09/Wisconsin_HOPE_Lab-Too_Distressed_To_Learn.pdf
- Leahy-Lind, S. & Simons, G. (2020, November). Resiliency & the COVID-19 Pandemic: The hidden strengths of those with lived experience of mental health conditions. *Psychiatry Information in Brief*, 17(16). Retrieved from <https://escholarship.umassmed.edu/cgi/viewcontent.cgi?article=1160&context=pib>
- Leyro, S. (2020, December 03). The Mental Health Challenges Experienced by Student Parents. Retrieved February 03, 2021, from <https://ascend.aspeninstitute.org/resources/the-mental-health-challenges-experienced-by-student-parents/>
- Schmalz, J. (2018, November 18). Hungry to Learn. Retrieved February 10, 2021, from <https://www.chronicle.com/article/hungry-to-learn/>
- Steve Fund Crisis Response Task Force. (2020, December 01). Adapting and Innovating to Promote Mental Health and Emotional Well-Being of Young People of Color: COVID-19 and Beyond. Retrieved February 03, 2021, from <https://www.stevelfund.org/crisis-response-task-force/>
- Substance Abuse and Mental Health Services Administration: *Collegiate Recovery Supports for Underrepresented Student Populations* [Issue brief]. Rockville, MD: Center for Mental Health Services, Center for Substance Abuse Treatment, Substance Abuse and Mental Health Services Administration, 2019. <https://c4innovates.com/brsstacs/BRSS-301-Recovery-Collegiate-v21-508v2-authors-feb-5.pdf>



New England (HHS Region 1)

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

Toolkits

Active Minds. Creating a Culture of Caring: Practical Approaches for College and University Faculty to Support Student Wellbeing and Mental Health. Retrieved from https://www.activeminds.org/wp-content/uploads/2020/04/Faculty-Resource_Creating-a-Culture-of-Caring.pdf

Healthy Minds Network. College Student Mental Health Action Toolkit on Mental Health Data & Statistics. Retrieved from <https://www.jedfoundation.org/wp-content/uploads/2020/09/CollegeStudentMentalHealthActionToolkit.pdf>

Healthy Minds Network. Return on Investment Calculator (R.O.I.) for College Mental Health Services and Programs. Retrieved from https://umich.qualtrics.com/jfe/form/SV_6xN9QUSIFgtRQh

Steve Fund. Equity in Mental Health Framework Toolkit. Retrieved from <https://www.stevelfund.org/blog-new-resource-the-equity-in-mental-health-framework-toolkit/>

Substance Abuse and Mental Health Services Administration. SAMHSA's Concept of Trauma and Guidance for a Trauma-Informed Approach. HHS Publication No. (SMA) 14-4884. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2014. https://ncsacw.samhsa.gov/userfiles/files/SAMHSA_Trauma.pdf

Other Resources

Emotional CPR (eCPR). Retrieved February 8, 2021, from <https://emotional-cpr.org/>

HOPE Center. #REALCOLLEGE 2021: Basic Needs Insecurity During the Ongoing Pandemic, from <https://hope4college.com/wp-content/uploads/2021/03/RCReport2021.pdf>

Register Your Institution for the Program: JED Campus. (2020). Retrieved February 03, 2021, from <https://www.jedcampus.org/register/>

SAMHSA's Garrett Lee Smith Campus Suicide Prevention Grants
<https://www.samhsa.gov/grants/grant-announcements/sm-18-003>
<https://www.samhsa.gov/grants/awards/2018/SM-18-003>