



# The Second Pandemic: Mental Health Impacts of Covid-19

**Wednesday, May 25, 2021  
12:00 PM ET**

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## About the Event

During this webinar, Dr. Ray Kotwicki will examine two ramifications of the Covid-19 pandemic. The first centers on individuals who contracted the virus and how it affects their own mental health. Preliminary data suggest 20%-30% will develop some mental illness within 90 days of infection. This additional demand places an even greater burden on an already-stressed mental health care system. Second, efforts to continue serving patients in a safe way while managing personal lifestyle upheaval has taken its toll on many health care workers including mental health clinicians. Strategies to help create a safe and resilient workforce will be offered and scrutinized.

## About the Presenter



Dr. Ray Kotwicki is the Charles B. West Chief Medical Officer at Skyland Trail, a nationally acclaimed private, nonprofit residential and day treatment organization for adults and adolescents with mental illnesses in Atlanta, Georgia. In this role, Dr. Kotwicki oversees all the clinical, educational, quality, and research activities within the organization.