TENDING TO ANTI-ASIAN RACIALIZED TRAUMA THROUGH DECOLONIAL, COLLECTIVE HEALING

UPCOMING WEBINAR











Description: As anti-Asian violence continues on over a year since COVID-19 began, many Asian diasporic communities are living under fear and distress. Together, we'll dive deep into understanding the ways that colonialism, scapegoating, the model minority myth, and fetishization perpetuate harm. As providers, let's assess our areas of racial identity growth and identify ways to shift towards culturally affirming and responsive therapeutic practices. From a decolonial lens, we'll explore ways to rehumanize, reconnect, reclaim, and reimagine mental health care for Communities of Color on Turtle Island.

Tuesday, August 10th. 12pm - 1:30pm CT

Register <u>HERE</u>



SPEAKER: Melody 盈希 Li, LMFT (they/佢/any)

is a queer therapist of Color, mental health liberation activist and keynote speaker. Melody founded Inclusive Therapists: a mental health directory and community that celebrates and centers people with marginalized identities (especially the BIPOC X 2SLGBTQIA+ intersection). Melody offers collective care and education focusing on decolonizing mental health and healing racialized trauma.

 This webinar will be recorded and presented in English, however captioning and other language interpretation services will be available upon request. Please contact ari.acosta@austin.utexas.edu at least 7 days in advance to request them.





