



New England (HHS Region 1)

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

Spirituality, Faith, and Religion: Creating a Time and Space for Connection, Wellness, and Hope for Healthcare Providers



Housekeeping Information



Participant microphones will be muted at entry. You will be able to unmute during the discussion portion of our session.



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If you have questions during the session, please use the chat.



If you have questions after this session, please e-mail: newengland@mhttcnetwork.org.

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At the time of this presentation, Tom Coderre served as Acting Assistant Secretary for Mental Health and Substance Use at SAMHSA. The opinions expressed herein are the views of the speakers, and do not reflect the official position of the Department of Health and Human Services (DHHS), or SAMHSA. No official support or endorsement of DHHS, SAMHSA, for the opinions described in this presentation is intended or should be inferred.

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The MHTTC Network uses affirming, respectful and recovery-oriented language in all activities. That language is:

STRENGTHS-BASED
AND HOPEFUL

INCLUSIVE AND
ACCEPTING OF
DIVERSE CULTURES,
GENDERS,
PERSPECTIVES,
AND EXPERIENCES

HEALING-CENTERED AND
TRAUMA-RESPONSIVE

INVITING TO INDIVIDUALS
PARTICIPATING IN THEIR
OWN JOURNEYS

PERSON-FIRST AND
FREE OF LABELS

NON-JUDGMENTAL AND
AVOIDING ASSUMPTIONS

RESPECTFUL, CLEAR
AND UNDERSTANDABLE

CONSISTENT WITH
OUR ACTIONS,
POLICIES, AND PRODUCTS



New England MHTTC

Mission

To use evidence-based means to disseminate evidence-based practices across the New England region.

Area of Focus

Recovery-Oriented Practices, including Recovery Support Services, within the Context of Recovery-Oriented Systems of Care

Our Guiding Principles





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People define their spirituality, faith, and religion as a centrally important process involved in growth, addressing existential questions about meaning and sense in life, life satisfaction, well-being, a sense of purpose, hope, and optimism. During the COVID19 pandemic, individuals and communities have started to explore more personal and collective connections with spiritual, faith, and religious resources as coping mechanisms. They seem to be a potential antidote that minimizes the consequences of anxiety, depression, and any other mental or physical stress caused during the coronavirus crisis.

In this context, the proposed panel and conversation series on spirituality, faith, and religion: creating a time and space for connection, wellness, and hope can be a tool for healthcare professionals, patients, family, and communities to reconnect with themselves, provide the most comprehensive care possible, benefit from spiritual practice, build social support, and share stories of hope and resilience.

Our community conversation series will offer comfort and safe space through structured and innovative conversation focusing on spiritual beliefs and coping. Activities facilitate verbal expression and appropriate social interaction and build a sense of belonging. Activities and themes from these webinars are discussed within a recovery-oriented “emotion-focused coping” framework.

**Spirituality, Faith, and Religion: Creating a Time and
Space for Connection, Wellness, and Hope for
Healthcare Providers
Session 3**

Presenters:

Enroue Halfkenny Babalawo

Senior Minister Norman J. Nuton Jr.

Reverend Bonita Grubbs

Pastor Marcelo Centeno Jr.

Moderator:

Thomas Burr

**For more information and to join
us in this work, contact:**

Graziela Reis, Subject Matter Expert
New England MHTTC
graziela.reis@yale.edu

Stay posted for updates on our work:

<https://mhttcnetwork.org/newengland>

Reactions, questions ...

Upcoming Events:

To register, visit our website: www.mhttcnetwork.org/newengland

Contact Us

www.mhttcnetwork.org/newengland

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