

# The Zoom Interface

The screenshot shows a Zoom Webinar window with a dark header bar. The main content area displays the TTC logo and a 'Thank you for joining us today!' message. A 'Question and Answer' window is open, showing a test question and a text input field. A 'Zoom Webinar Chat' window is also open, showing a 'To: All panelists' field. The bottom toolbar contains icons for Audio Settings, Chat, Raise Hand, Q&A, and Leave. Annotations with arrows point to various elements: 'Click here to maximize your session view' points to the 'Enter Full Screen' button; 'Click here to adjust your audio settings' points to the Audio Settings icon; 'Click here to leave the session' points to the Leave button; and several text boxes explain the Q&A and Chat features.

**Zoom Webinar** You are viewing David Terry's screen View Options

Click here to maximize your session view Enter Full Screen

**TTC**  
Technology Transfer Centers  
Funded by Substance Abuse and Mental Health Services Administration

**Thank you for joining us today!**  
You will not be on video during today's session

**Question and Answer**  
All questions (1) My questions (1)  
You 07:35 AM  
This is a test question!  
You can switch between questions you've asked and those asked by others using these buttons.  
You can use the Q&A feature to ask questions of the host and presenters. These questions can receive text or live responses. To begin asking a question use the field below. You can see a test question above.  
Type your question here...

**Zoom Webinar Chat**  
The chat feature will allow you to talk with other people in today's webinar.  
The To field will tell you who will receive your message. Be mindful of who you are chatting to.  
To: All panelists  
Your text can only be seen by panelists

Audio Settings Click Here to adjust your audio settings Chat Raise Hand Q&A Click here to leave the session Leave

All attendees are muted. Today's session will be recorded.

# School Mental Health Summit

*Emerging Stronger and More Resilient: Learning from the  
COVID-19 Crisis*



2-Day Virtual Conference  
August 31 – September 1, 2021



Northeast and Caribbean (HHS Region 2)

**MHTTC**

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

# Day 2: Session 3

12:15 pm- 1:30 pm EST

## **Teaching Through Transitions: Back to School and Back to Basics**

# Today's Sessions

Session 5: 1:45 pm – 3:00 pm EST

Helping My Grieving Student: When COVID Loss Comes Into the School

The full schedule and individual Zoom links can be found on our conference website.

Please visit:

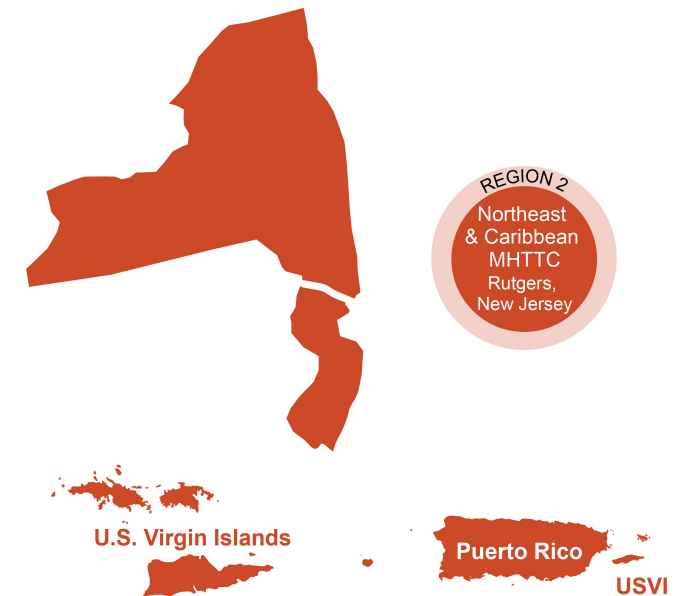
<https://mhttcschoolmentalsummit.rutgers.edu>

# About Us

## **Northeast and Caribbean Mental Health Technology Transfer Center (MHTTC):**

- Enhance capacity of behavioral health workforce to deliver evidence-based and promising practices to individuals with mental illnesses.
- Address full continuum of services spanning mental illness prevention, treatment, and recovery supports.
- Train related workforces (police/first responders, primary care providers, etc.) to provide effective services to people with mental illnesses.

**Special focus on enhancing student mental health in schools.**

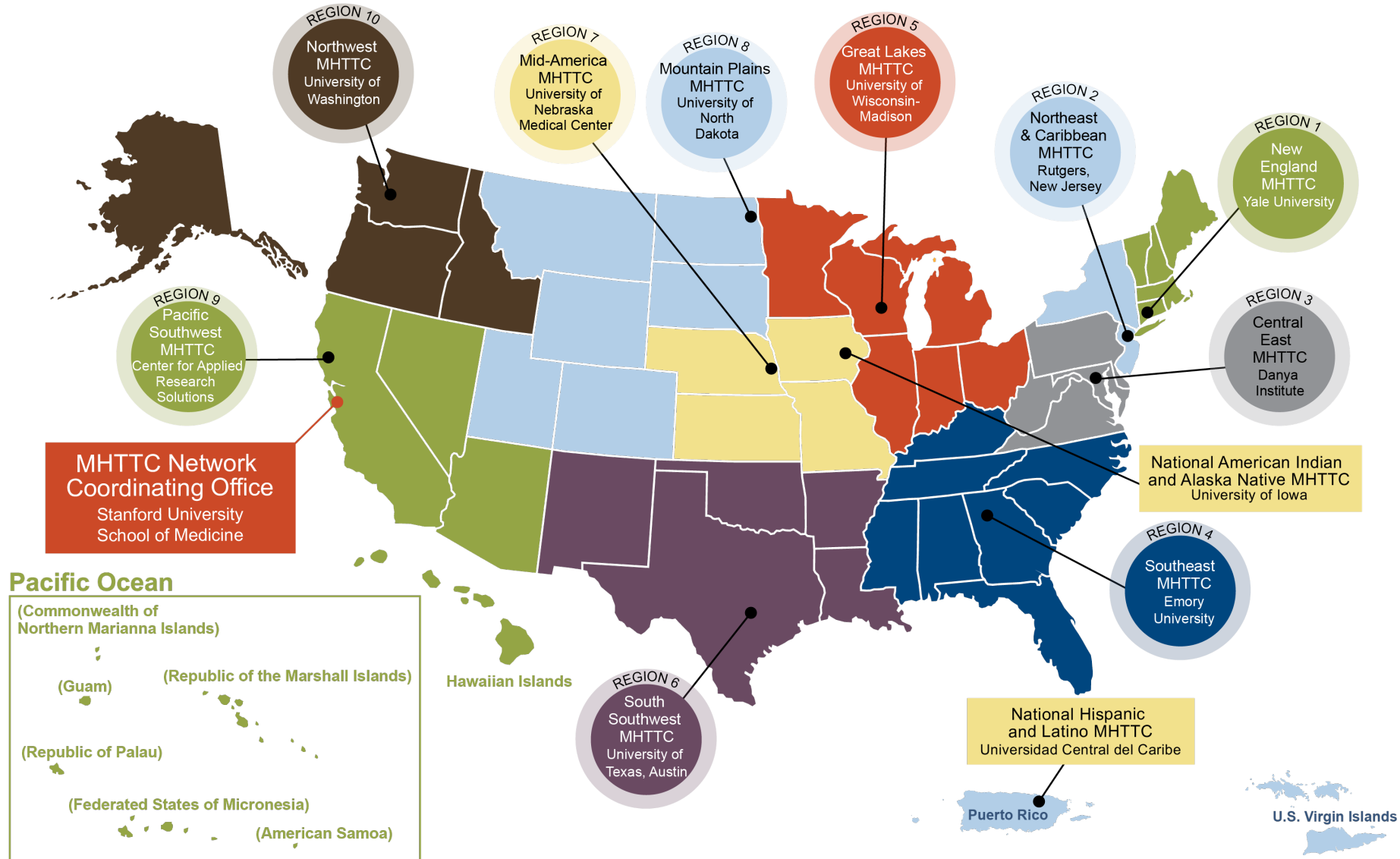




# MHTTC

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## MHTTC Network



# School Mental Health Supplement

Supplemental funding was awarded to provide training and TA to teachers and school staff regarding student mental health (2018-2021)

## Focus on:

- Importance of mental health supports in schools
- Capacity to recognize and identify mental health concerns in students
- Best models of school-based mental health services
- Linking, as needed, to community-based services



## **Trainings**

- Youth Mental Health First Aid
- Trauma Informed Schools
- Cultivating Resiliency
- Suicide Prevention
- Social Emotional Learning
- Crisis Interventions
- School Refusal and Anxiety
- Self-Care

## **Technical Assistance**

- Individualized plans with schools
- Implementation of SMH
- Resource Mapping
- Needs Assessment
- Teaming
- Assessment
- Tiered Supports
- Funding





# Grow Your Knowledge and Skills

Keep up with the latest effective practices, resources, and technologies!

**Subscribe** to receive our mailings.  
All activities are free!

<https://bit.ly/2mpmpMb>

# We Want Your Feedback!

- Our funding comes from the Substance Abuse and Mental Health Services Administration (SAMHSA), which requires us to evaluate our services. We appreciate your honest, ANONYMOUS feedback about this event, which will provide information to SAMHSA, AND assist us in planning future meetings and programs.

Feedback about this training will assist us in developing future trainings that are relevant to your professional needs. Therefore, your feedback counts!

# Video Recording Information

- *Please Note:*

We will be recording this webinar and posting it to our website along with the presentation slides and any relevant resources.

# Disclaimer

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At the time of this presentation, Miriam Delphin-Rittmon served as Assistant Secretary for Mental Health and Substance Use at SAMHSA. The opinions expressed herein are the views of the speakers, and do not reflect the official position of the Department of Health and Human Services (DHHS), or SAMHSA. No official support or endorsement of DHHS, SAMHSA, for the opinions described in this presentation is intended or should be inferred.

This work is supported by grant H79SM081783 from the DHHS, SAMHSA.

# Your Interactions With Us

- Question and Answers
  - Q & A will occur at the end of the presentation.
  - Type your questions in the Q & A feature in Zoom located on the task bar (hover over task bar).
  - Note: your question is visible to all participants.
- Chat and Polls
  - Throughout the webinar, we will be asking for your input.
  - Use the Chat or Poll features in Zoom located on the task bar.
  - You can control who can see your chat comments.

The MHTTC Network uses affirming, respectful and recovery-oriented language in all activities. That language is:

STRENGTHS-BASED  
AND HOPEFUL

INCLUSIVE AND  
ACCEPTING OF  
DIVERSE CULTURES,  
GENDERS,  
PERSPECTIVES,  
AND EXPERIENCES

HEALING-CENTERED AND  
TRAUMA-RESPONSIVE

INVITING TO INDIVIDUALS  
PARTICIPATING IN THEIR  
OWN JOURNEYS

PERSON-FIRST AND  
FREE OF LABELS

NON-JUDGMENTAL AND  
AVOIDING ASSUMPTIONS

RESPECTFUL, CLEAR  
AND UNDERSTANDABLE

CONSISTENT WITH  
OUR ACTIONS,  
POLICIES, AND PRODUCTS

# Our Presenter



**Steve Mazza, Ph.D.**

# Teaching Through Transitions: Back to School and Back to Basics

Steve Mazza , Ph.D.

Columbia University

Department of Psychiatry

Division of Child and Adolescent Psychiatry



Northeast and Caribbean (HHS Region 2)

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# Question and Answer



Please enter any questions for presenters using the Q&A feature in the toolbar.

# Evaluation Information

- The MHTTC Network is funded through SAMHSA to provide this training. As part of receiving this funding we are required to submit data related to the quality of this event.
- At the end of today's training please take a moment to complete a brief survey about today's training.



# We Want to Hear From You!

- Guide our educational, training, and technical assistance efforts
- Tell us your training needs
- Responses are anonymous
- Use the QR code or link in follow-up email



**TRAINING NEEDS  
ASSESSMENT**

# Resources

- Helplines and Support
- National Suicide Hotline - 1-800-273-8255
- NAMI - 1-800-950-NAMI (6264) or [info@nami.org](mailto:info@nami.org)
- Mental Health America- 1-800-273-TALK (8255), text MHA to 741741
- SAMHSA's National Helpline - referral and information - 1-800-662-HELP (4357)
- SAMHSA's Disaster Distress Helpline 1-800-985-5990 or text TalkWithUs to 66746

Next Session:

**Helping My Grieving Student: When  
COVID Loss Comes Into the School**

1:45 pm- 3:00 pm EST

# Connect With Us

- Phone: (908) 889-2552
- Email: [northeastcaribbean@mhttcnetwork.org](mailto:northeastcaribbean@mhttcnetwork.org)
- Website:  
<https://mhttcnetwork.org/centers/northeast-caribbean-mhttc/home>
  
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- LinkedIn: @Northeast and Caribbean MHTTC



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**SAMHSA**  
Substance Abuse and Mental Health  
Services Administration