



Food and Mood: Understanding Science, Evaluating Evidence, and Implementing Best Practices

12:30-2 p.m. MT | 1:30-3 p.m. CT Friday, Oct. 1 • [Register now!](#)

In this presentation, participants will learn decision-making strategies and critical evaluation skills around the dynamic interplay of nutrition and behavioral health for school-aged youth. Participants will learn how to discern pseudoscientific practices from evidence-based practices when addressing physical wellness as part of a mental health treatment plan. Participants will also have the opportunity to engage with experts in the field through an interactive panel to discuss topics presented and pressing questions or issues from the field.

Certificates of completion will be awarded to attendees of more than 50% of the live webinar.

Speakers



Amanda Zangrillo, PsyD, BCBA-D, is an associate professor and department director of the Severe Behavior Program at the Munroe-Meyer Institute (MMI) at the University of Nebraska Medical Center (UNMC). She has a Master of Science degree from Georgia State University in Educational Psychology and Board Certification Behavior Analyst credential, as well as a Doctorate of Psychology in School Psychology from University of Southern Maine. Dr. Zangrillo also serves as the director of training for internship and postdoctoral fellowship experiences completed in the Intensive Applied Behavior Analysis Track (iABA), which includes experiences in the Severe Behavior Program, Early Intervention Program, and Pediatric Feeding Disorders Program.



Amy Drayton, PhD, is director of the Department of Pediatric Feeding Disorders at the Munroe-Meyer Institute (MMI) at the University of Nebraska Medical Center (UNMC). Dr. Drayton completed her internship in applied behavior analysis and behavioral pediatrics at MMI and a post-doctoral fellowship in pediatric psychology at the University of Michigan C.S. Mott Children's Hospital. There, she was recruited to join the faculty at the University of Michigan Medical School to start an interdisciplinary feeding program for young children who have had difficulty learning how to eat. She recently joined the faculty at MMI.