



Pediatric Integrated Care

At a Glance

One-half of all lifetime cases of mental health concerns begin by age 14

1 in 5 children experience behavioral health concerns

75% of children with mental health concerns are seen in primary care

Primary care providers are managing these children in their practices

Source: National Institute of Health Care Management Foundation (2009)

Why pediatric integrated care?

Early identification and treatment of trauma, social, emotional, and behavioral problems in children can lead to better quality of life and better health outcomes.

Source: SAMHSA



Working with children and families is often very different from working with adults with complex medical conditions.

Source: National Institute of Mental Health (NIMH)



Mid-America (HHS Region 7)

MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration



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Integrated Care Recap

When **primary** and **behavioral health care** are integrated, primary care and behavioral health clinicians work together using a systematic and cost-effective approach to provide patient-centered care for patients and families within a defined population. This model results in improved population health, improved experience of care, reduced health care costs, and improved provider satisfaction.

Source: Berwick, Nolan, & Whittington (2008). The Triple Aim: Care, Health, And Cost. Health Affairs. vol. 27 no.3, 759-769

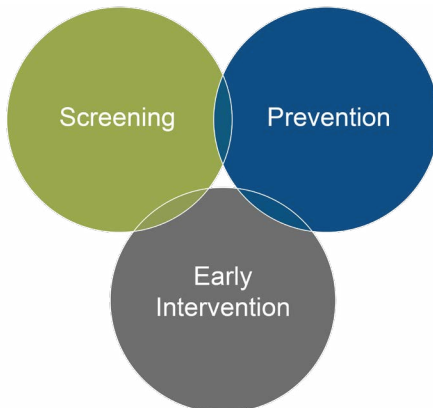
What does pediatric integrated care look like?

Focus on the
developing child

Families play
an active role in
treatment

Focus on coping,
adjustment, behavior
management

Source: National Institute of Mental Health (NIMH)



Children who received behavioral health services return to their PCP significantly fewer times in the year following those services.



Common Concerns

- ADHD
- Noncompliance
- Anxiety
- Depression
- Sleep Problems

Source: Valleley, Polaha, Cooper, Evans, Begeny (2007)

Ready to get started?

Contact us at midamerica@mhttcnetwork.org for training and technical assistance.

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