



# Supporting the Resilience of Young LGBTQA+ Black, Indigenous, and People of Color: A Let's Talk About Resilience conversation

November 16, 2021

# Housekeeping Information



Participant microphones  
are muted



If you have questions during  
the event, please use the chat



This session is being recorded  
and it will be available by the  
next business day.



If you have questions after  
this session, please e-mail:  
[newengland@mhttcnetwork.org](mailto:newengland@mhttcnetwork.org).

## Acknowledgment

Presented in 2021 by the Mental Health Technology Transfer Center (MHTTC) Network.

This presentation was prepared for the New England Mental Health Technology Transfer Center (MHTTC) Network under a cooperative agreement from the Substance Abuse and Mental Health Services Administration (SAMHSA). All material appearing in this publication, except that taken directly from copyrighted sources, is in the public domain and may be reproduced or copied without permission from SAMHSA or the authors. Citation of the source is appreciated. Do not reproduce or distribute this publication for a fee without specific, written authorization from New England MHTTC. For more information on obtaining copies of this publication, email us at [newengland@mhttcnetwork.org](mailto:newengland@mhttcnetwork.org).

At the time of this publication, Miriam E. Delphin-Rittmon, Ph.D, served as Assistant Secretary for Mental Health and Substance Use in the U.S. Department of Health and Human Services and the Administrator of the Substance Abuse and Mental Health Services Administration.

The opinions expressed herein are the view of TTC Network and do not reflect the official position of the Department of Health and Human Services (DHHS), SAMHSA. No official support or endorsement of DHHS, SAMHSA, for the opinions described in this document is intended or should be inferred.

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Presented 2021

The MHTTC Network uses affirming, respectful and recovery-oriented language in all activities. That language is:

STRENGTHS-BASED  
AND HOPEFUL

INCLUSIVE AND  
ACCEPTING OF  
DIVERSE CULTURES,  
GENDERS,  
PERSPECTIVES,  
AND EXPERIENCES

HEALING-CENTERED AND  
TRAUMA-RESPONSIVE

INVITING TO INDIVIDUALS  
PARTICIPATING IN THEIR  
OWN JOURNEYS

PERSON-FIRST AND  
FREE OF LABELS

NON-JUDGMENTAL AND  
AVOIDING ASSUMPTIONS

RESPECTFUL, CLEAR  
AND UNDERSTANDABLE

CONSISTENT WITH  
OUR ACTIONS,  
POLICIES, AND PRODUCTS



## **Supporting the Resilience of Young LGBTQIA+ Black, Indigenous, and People of Color: A Let's Talk About Resilience conversation**

### **Moderated by:**

- Rev. Lambert Norman Rahming, Jr.

### **Panelists:**

- Lindsey Harrington, LCSW, Simbrit Paskins, & Stephany Marryshow



# Acknowledgement

- This event was co-sponsored by **The Center of Excellence on LGBTQ+ Behavioral Health Equity**
  - The Center of Excellence on LGBTQ+ Behavioral Health Equity provides behavioral health practitioners with vital information on supporting the population of people identifying as lesbian, gay, bisexual, transgender, queer, questioning, intersex, two-spirit, and other diverse sexual orientations, gender identities and expressions.
  - Through training, coaching, and technical assistance we are implementing change strategies within mental health and substance use disorder treatment systems to address disparities effecting LGBTQ+ people across all stages of life.

<https://lgbtqequity.org/>



# Follow-up Information



We will send out an e-mail with the recording link, PowerPoint slides, and resources shared



All participants will receive a certificate of participation

- They are processed on the 1<sup>st</sup> of every month

# Future Events

## **How Clinicians can Facilitate Positive Change and Post-traumatic Growth Following an Episode of Psychosis**

- November 17 at 1 pm ET

## **Cultivating Compassionate School Communities: A Community of Practice**

- November 18 at 10 am ET

## **Art, Brain, and Healing**

- November 22 at 11 am ET

## **Early Intervention for Psychosis in Young People: A Lived Experience and School Perspective**

- December 1 at 3 pm ET

## **Promoting Person-Centered Psychopharmacology and Self-Management for Persons with Mental Health and/or Substance Use Conditions: New Practice Guidance**

- December 2 at 12 pm ET

## **Compassionate School Practices: Alleviating Stress and Furthering Well-Being - Learning Forward Conference Presentation**

- December 7 at 11:15 am ET



# Contact Us



[www.mhttcnetwork.org/newengland](http://www.mhttcnetwork.org/newengland)

<https://lgbtqequity.org/>



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<https://bit.ly/newsletter-lgbtq>





# MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

The purpose of the MHTTC Network is technology transfer - disseminating and implementing evidence-based practices for mental disorders into the field.

Funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), the MHTTC Network includes 10 Regional Centers, a National American Indian and Alaska Native Center, a National Hispanic and Latino Center, and a Network Coordinating Office.

Our collaborative network supports resource development and dissemination, training and technical assistance, and workforce development for the mental health field. We work with systems, organizations, and treatment practitioners involved in the delivery of mental health services to strengthen their capacity to deliver effective evidence-based practices to individuals. Our services cover the full continuum spanning mental illness prevention, treatment, and recovery support.

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