The Impact of COVID-19 on Ohio's Hispanic and Latinx Communities, Part 2

Marilyn L. Sampilo, PhD, MPH

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Mental Health Technology Transfer Center Network Funded by Substance Abuse and Mental Health Services Administration





AND SERVICES IN ADDICTION

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Chio Latino Affairs Commission



The MHTTC Network uses affirming, respectful and recovery-oriented language in all activities. That language is:

STRENGTHS-BASED AND HOPEFUL

INCLUSIVE AND ACCEPTING OF DIVERSE CULTURES, GENDERS, PERSPECTIVES, AND EXPERIENCES NON-JUDGMENTAL AND AVOIDING ASSUMPTIONS

INVITING TO INDIVIDUALS

OWN JOURNEYS

PERSON-FIRST AND

FREE OF LABELS

RESPECTFUL, CLEAR AND UNDERSTANDABLE

CONSISTENT WITH

OUR ACTIONS,

POLICIES, AND PRODUCTS

HEALING-CENTERED AND TRAUMA-RESPONSIVE

Adapted from: https://mhcc.org.au/wp-content/uploads/2019/08/Recovery-Oriented-Language-Guide_2019ed_v1_20190809-Web.pdf



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- The content is solely the responsibility of the authors and does not necessarily represent the official views of the Patient Centered Outcomes Research Institute.



Authors' Disclosure

No conflicts to disclose



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University of Cincinnati	Cleveland Clinic	MARTTI
Christine O'Dea, MD, MPH	Marilyn Sampilo, PhD, MPH	Tatiana Cestari, PhD
Ligia Gomez, MA	Paolo Raska, PhD	Sarah Stockler-Rex, BA
University of Toledo Louis Guardiola, MSW Arturo Ordóñez Vasquez, MSW	The Ohio State University Glenn Martinez, PhD, MPH Jessica Zimmer, BA, BS Sandra Martinez, MSW, LSW Milly Valverde, MA Rachel Brogee, BA	Former Project Coordinators Tatiana Friedman, BA, MA, MEd Camila Gandelman, BA

Ohio Latino Affairs Commission

The Ohio Commission for Hispanic and Latino Affairs (OCHLA) participated in the conceptualization and implementation of the survey in collaboration with the

above partners. The initial findings were reported during OCHLA's 2020 Latino Affairs Summit and we will continue to partner with them on the dissemination of this report.

We would also like to acknowledge our network of patient stakeholders without whom this project would not have been possible.

Objectives

Part 1

- Discuss physical and social effects of the COVID-19 pandemic on the Hispanic and Latinx community
- Discuss the impact of the COVID-19 pandemic on Hispanic and Latinx mental and behavioral health

Part 2

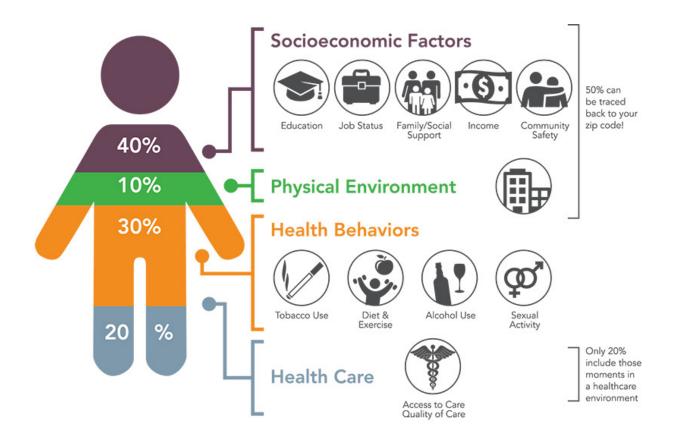
- Identify structural and social factors driving COVID-19 health disparities among the Hispanic and Latinx community
- Outline recommendations for recovery in a culturally relevant context
- Outline recommendations to promote mental and
 behavioral health equity for the Hispanic and Latinx community

Review From Part 1

- Disproportionate impact of COVID-19 on the Hispanic and Latinx community nationally
- Snapshot of impact on Hispanic and Latinx Ohioans suggest varied impacts and concerns
- Mental and behavioral health concerns were frequently reported and central to experiences
- Despite significant impacts, we are a resilient group!



Causes of Health Disparities



Source: Institute for Clinical Systems Improvement, Going Beyond Clinical Walls: Solving Complex Problems (October 2014)



Structure & Agency

- Structural conditions influence life chances
- Chance is social determined
- Life chances (Structure) + Life choices (Agency)



Healthy People 2030

- "Create social, physical, and economic environments that promote attaining the full potential for health and well-being for all."
- In line with this goal, Healthy People 2030 features many objectives related to SDOH. These objectives highlight the importance of "upstream" factors — usually unrelated to health care delivery — in improving health and reducing health disparities

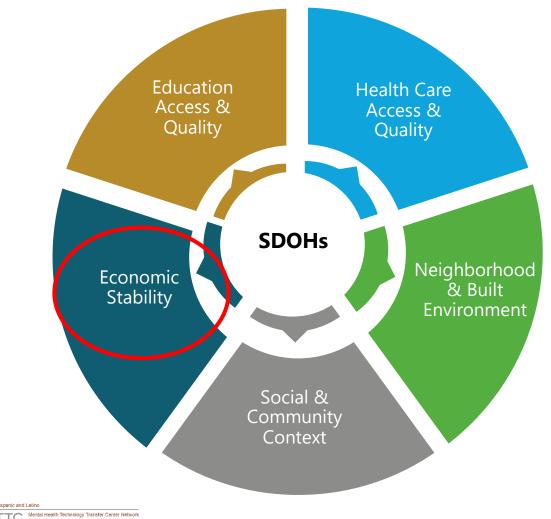


 "Social determinants of health are conditions in the environments in which people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks. Conditions (e.g., social, economic, and physical) in these various environments and settings (e.g., school, church, workplace, and neighborhood) have been referred to as "place." In addition to the more material attributes of "place," the patterns of social engagement and sense of security and well-being are also affected by where people live. Resources that enhance quality of life can have a significant influence on population health outcomes."





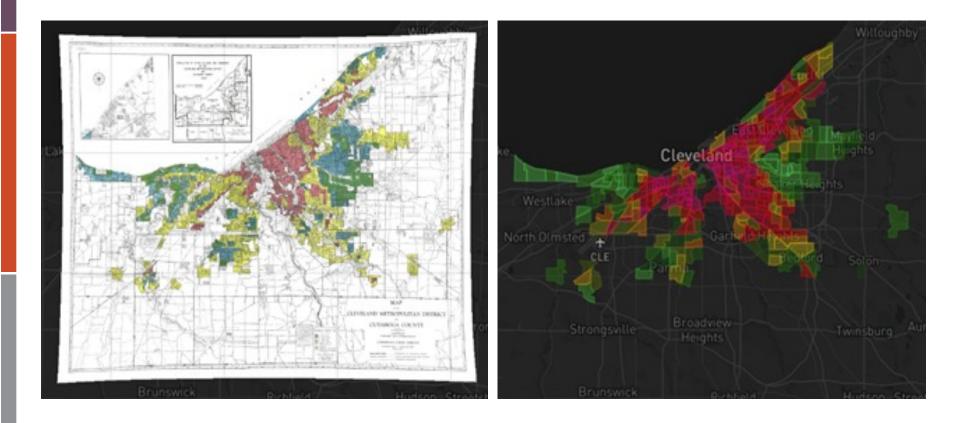
CDC, 2020



CDC, 2020

- Redlining was the practice of mapping areas, primarily where Black populations resided, in red ink as a warning to mortgage lenders
- Historically, redlining was used to deny minority customers loans and housing opportunities











Economic Policy · Analysis

Redlining was banned 50 years ago. It's still hurting minorities today.

May 31, 2019

Redlining Is Illegal, But It's Still Hurting Latino Families

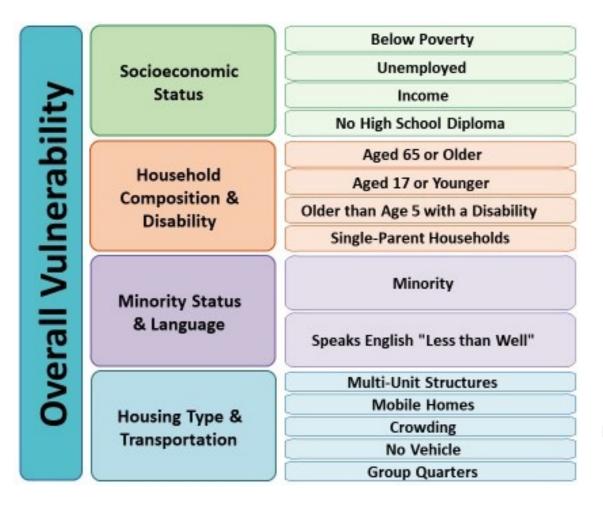


Social Vulnerability

- Social vulnerability refers to potential harm to people. It involves a combination of factors that determine the degree to which someone's life and livelihood are put at risk during public health emergencies
- Social vulnerability refers to the resilience of communities when confronted by external stresses on human health, stresses such as natural or humancaused disasters, or disease outbreaks

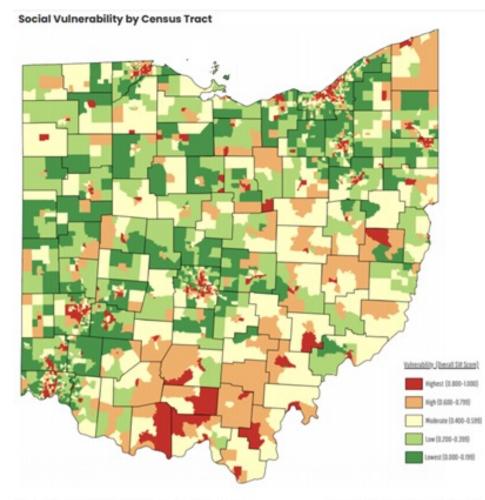


Social Vulnerability Index

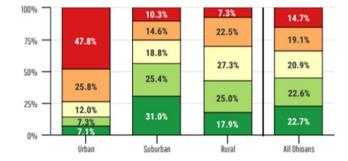


Infographic from Delaware.gov





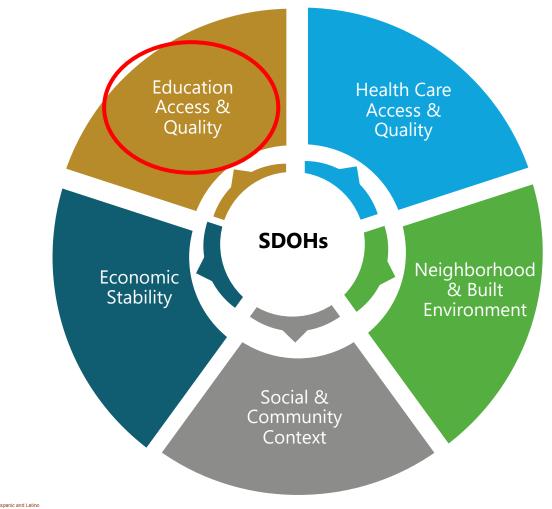
Population by Social Vulnerability & Typology



Source: 2018 Social Vulnerability Index (SVI), Centers for Disease Control and Prevention

Questions? Contact Katle Fallon at Idallon@iohiohome.org





Mental Health Technology Transfer Center Network

CDC, 2020



Educational Inequality

- Larger school size
- Larger class size
- Lower-quality curriculum
- Less qualified teachers



School to Prison Pipeline is REAL!





Graphic courtesy of Rethinking Schools (www.rethinkingschools.org)



- Harsh school discipline
- Zero tolerance policies
- Increased police presence
- Racial disparities in discipline
- Disproportionate impact on marginalized youth



The Advancement Project, 2013

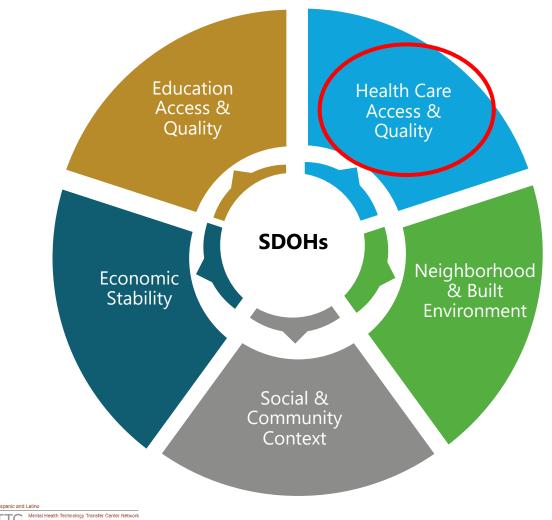
Schools are sending kids to virtual classes as punishment. Advocates say that could violate their rights.

"This is the new face of denial of access to public education," one advocate said. "Now it's just easier and covered under the guise of Covid protection."

When Covid-19 closed schools, Black, Hispanic and poor kids took biggest hit in math, reading

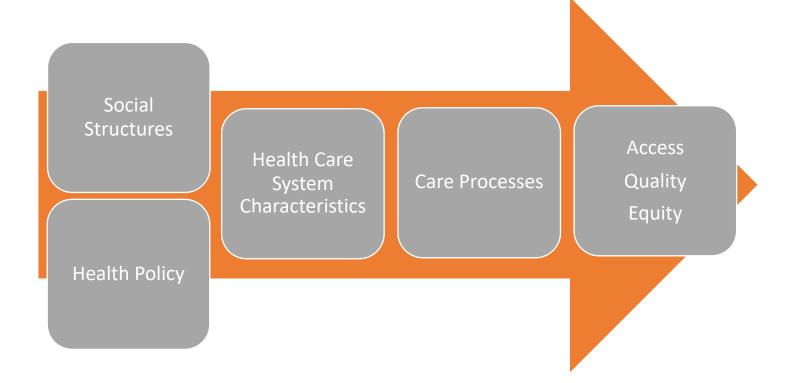
An analysis of 4.4 million student test scores showed most children fell short in math – and the most vulnerable students likely fell further behind.





CDC, 2020

Structural Analysis & Health Care





Structural Analysis & Health Care

- Racism, discrimination and xenophobia
- Socio-political landscape and discourse
- Structural barriers to services
- Language accessibility
- Cultural and linguistic competence of services

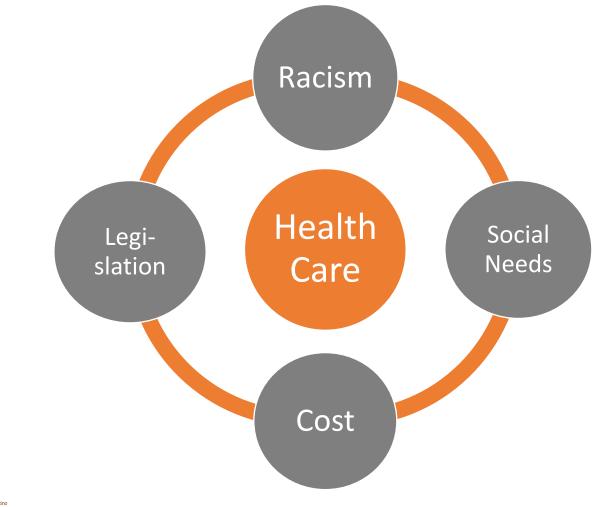


Structural Analysis & Health Care

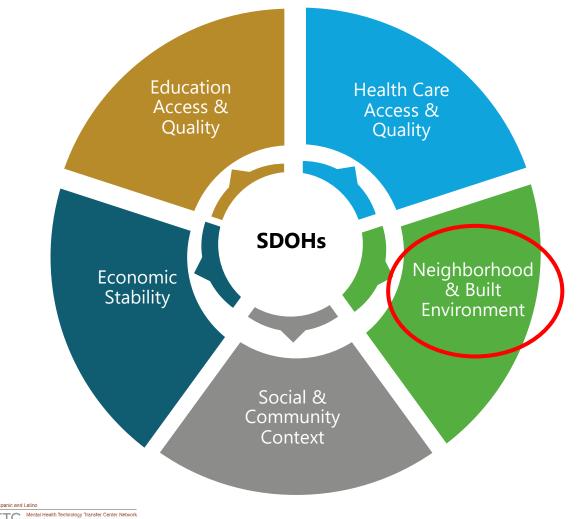
- Legacy of Anti-Immigrant Sentiment & Public Charge Rule
 - Avoidance of public benefit programs
 - <u>Healthcare access</u> (delaying care, decrease in Medicaid and CHIP enrollment or withdrawal)
 - Housing instability
 - Economic insecurity



Structural Analysis & Health Care



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CDC, 2020

Structural Analysis & Built Environment

Lower housing quality

Substandard housing conditions

Housing density/ Overcrowding



Exposure to environmental hazards

Isolation from essential resources

Higher concentration of poverty







CDC, 2020

Structural Analysis & Social Context



Structural Analysis & Social Context

- Social Capital
 - Refers to the social relationships and patterns of reciprocal, enforceable trust that enable people and institutions to gain access to resources like social services, jobs, or government contracts. Social capital is a structural aspect of communities, embodying the context-specific networks that people and institutions use to achieve their goals.
 - If friends or organizational ties help someone access resources they need to achieve their goals, they represent social capital. An organization or individual may only know a few people or institutions, but these connections can help them find stable employment or improve the quality of life in their community. That individual or organization has positive social capital.



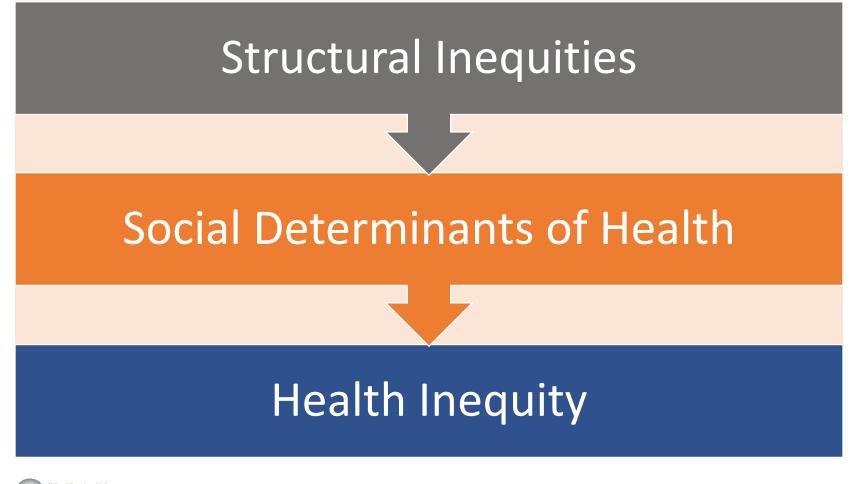
The Annie E. Casey Foundation, 2004

Structural Analysis & Social Context

- Legacy of Public Charge Rule and Anti-Immigrant Sentiment
 - Avoidance of public benefit programs
 - Healthcare access
 - Housing instability
 - Economic insecurity
 - Food insecurity
 - Mistrust in agencies and institutions
 - <u>Reduced help-seeking</u>
 - Increased isolation



Root Causes of Health Inequity



Structural Competency

• "A shift in medical education ... toward attention to forces that influence health outcomes at levels above individual interactions."

 The capacity for health professionals to recognize and respond to health and illness as the downstream effects of broad social, political, and economic structures

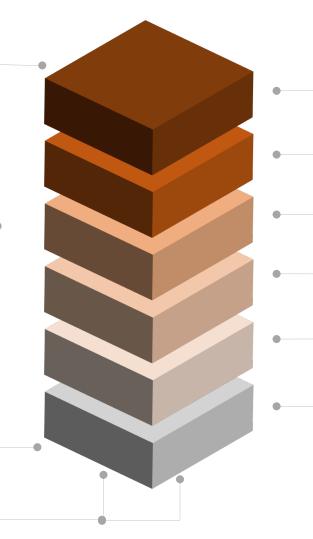


Structural Competency

Framework for conceptualizing and addressing the role of structure in healthrelated social justice issues

Structure

Aggregate of public policies, institutional practices, and social norms



Health Disparities

Existing differences in health or health care

Social Determinants of Health

Current cultural and social conditions

Health Inequalities

 Differences in the opportunities groups have to achieve optimal health

Structural Vulnerability

Risk experienced as a result of structural violence

• Structural Violence

How social structures cause harm

Social Structures

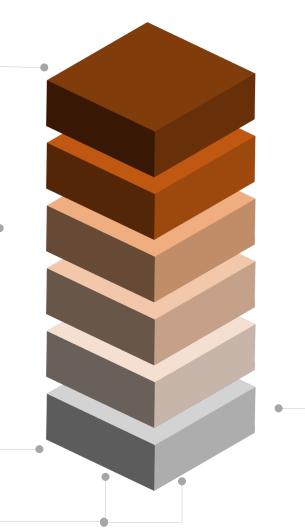


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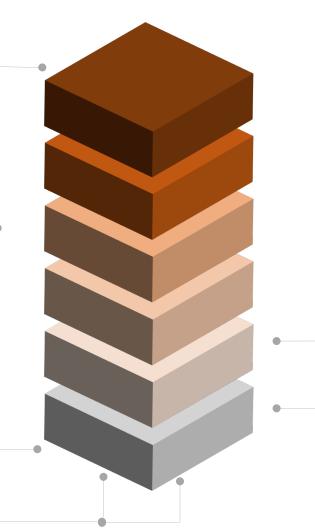


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Structural Violence

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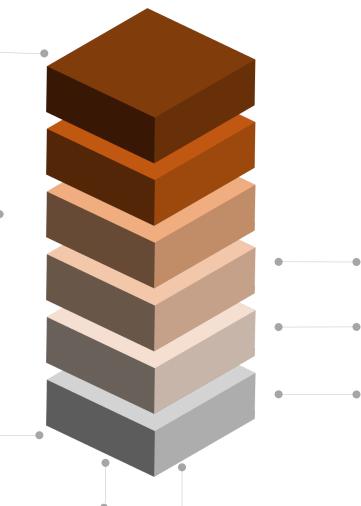


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 Structural Vulnerability Risk experienced as a result of structural violence

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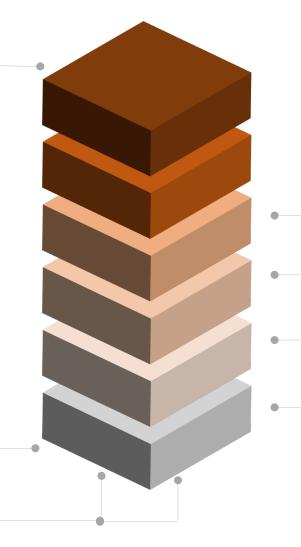


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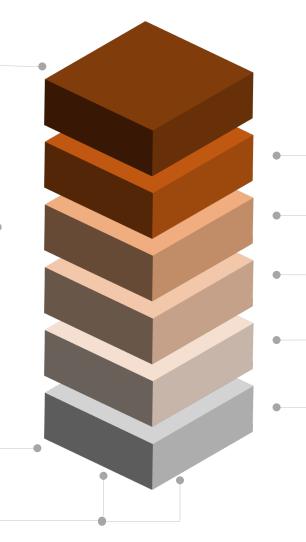


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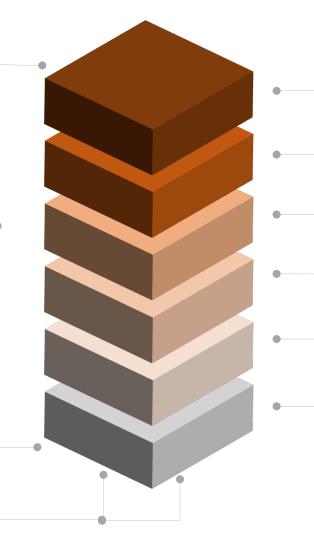


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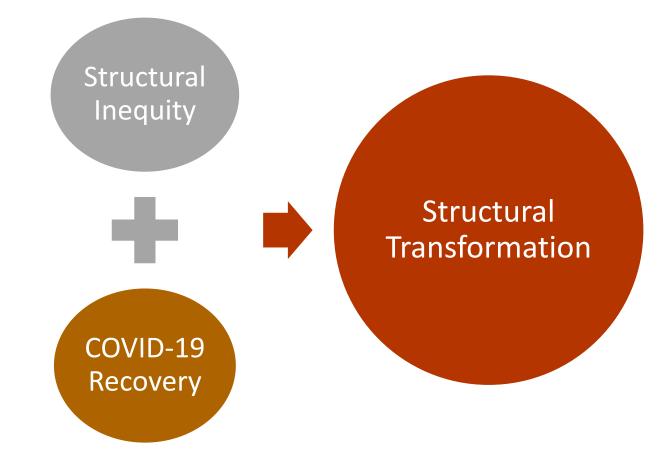
• Structural Violence

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Social Structures



Structural Transformation





COVID-19?







Structural Transformation for Equity

- A more robust public health and state level response is needed to address structural and systemic factors that make marginalized populations uniquely vulnerable
- A review of current strategies for how larger state organizations and systems interface with marginalized communities



Structural Transformation for Equity

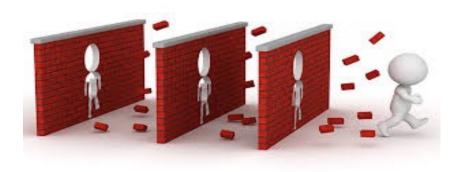
 A stakeholder involvement plan for continuous and permanent involvement of public, key community stakeholders, and members of marginalized communities in collaborating and shared decision-making





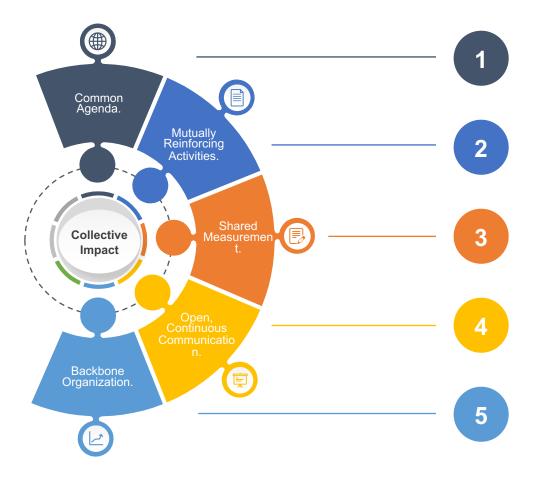
Structural Transformation for Equity

- Emphasis on structural analysis and addressing structural inequality as a root cause of disparities
- Cross-sector collaborations and interventions to address structure, and investing in ongoing training on combatting structural inequalities, including equity, social justice, and antiracism training





Collective Impact



Defining problem and sharing vision for solution

Coordinating activities with a mutually reinforcing plan of action

Tracking data and progress for continuous improvement

Building trust to work towards mutual objectives

Dedicated to initiative, supporting activities, building collective will and mobilizing resources

National Hispanic and Latino
MHTTC Mental Health Technology Transfer Center Network
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Community Partnerships

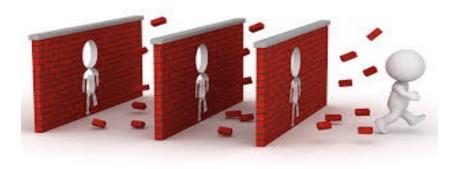
- Community engagement and outreach
 - -Partner with existing CBOs or MCBOs
 - -Support existing organizations & resources





Community Partnerships

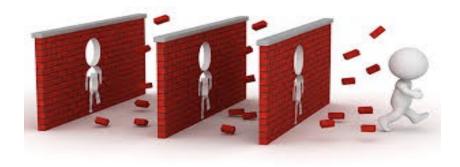
- Culturally-based capacity building
 - -Environmental scan and needs assessment
 - -Culturally-informed and responsive services and supports



Public Health Preparedness

- Commission an in-depth study or examination of experience of Hispanics and Latinxs in Ohio to inform future planning for public health emergencies
- Formation of a community advisory board to help inform concerns among Hispanic and Latinx Ohioans
- Ensuring language access throughout systems





Safety Recommendations

- Ending detention and/or deportation proceedings without adequate ability to maintain safety in this environment
- Adequate protections should be provided for all essential workers with resources for businesses to support provisions
- Adequate protections for the safety of undocumented and detained immigrants who are particularly vulnerable

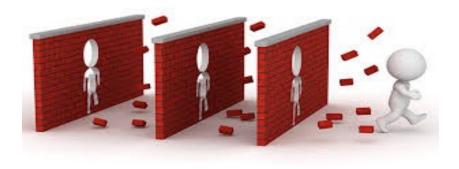




Health Information & Health Communication

- Public health emergency = emergency across sectors and systems
- Implement strategies to accelerate communication from public health authorities
- Improve integration of communication networks with the community and healthcare system





Safety Net Programs & Resources

- Advocacy for ongoing policy changes
- Support and resources for community-based organizations and other support services to help connect households and families to available resources
- Development of information clearinghouse





Digital Divide

- Investment in cross-sector collaborative efforts to identify, support, and deliver immediate education technology tools and needs
- Plan for identifying the necessary technology, infrastructure and capabilities to address inequities in broadband access



School Disruption

- Providing varied options for maintaining contact or communication with teachers and school support staff
- Providing clear communication and accessible information regarding instructional plans
- Matching learning resources to learning needs in context





- Invest in building additional frontline capacity
- Expand network of non-traditional MH providers
- Increase identification and utilization of cultural brokers across various settings





- Ensuring sufficient insurance coverage and adequate reimbursement for behavioral health services
- Ensuring ongoing and sufficient insurance coverage for behavioral health services delivered by telephone (audio only) and telehealth (audio and visual)
- Ensuring sufficient insurance coverage and reimbursement for language access and interpretation services





- Advocacy for adoption of trauma-informed care to promote resilience and prevent re-traumatization across organizations and systems of care
- Emphasis on cultural proficiency and cultural factors as strengths in trauma-informed care
- Increasing support and resources for organizations to effectively adopt and sustain utilization of the traumainformed care framework



- Utilization of strength-based and empowerment approaches, and leveraging of cultural strengths and values, in developing programming or services intended to mitigate negative impacts and promote positive growth
- Leveraging family and community-oriented approaches for collective responsibility and community impact





Report Available

https://ochla.ohio.gov/wps/portal/gov/ochla/research/communi ty-reports-demographics/02-the-impact-of-covid-19

> The Impact of COVID-19 on Ohio's Hispanic/Latinx Communities





Presenter's Contact Information

Contact: Marilyn Laila Sampilo, PhD, MPH

Email: SampilM@ccf.org



DrMLSampilo



Marilyn Sampilo





National Hispanic and Latino

Mental Health Technology Transfer Center Network Funded by Substance Abuse and Mental Health Services Administration

Ibis Carrión, Psy.D. Director ibis.carrion@uccaribe.edu

Angel Casillas, MHS **Project Manager** angel.casillas@uccaribe.edu Your opinion is important to us! Fill out your evaluation forms, it only takes a couple of minutes! Just scan this code with your smartphone. Don't worry if you can't - an email will be sent to you with the link.



Evaluation: https://www.surveymonkey.com/r/GY6Q93Y



Website: http://www.mhttcnetwork.org/hispaniclatino/ Email: hispaniclatino@mhttcnetwork.org







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